School Nurses & Athletic Trainers

The First Line of Defense for Student-Athlete Healthcare
Three Minutes in September
History of Inter-disciplinary Collaboration
Athletic Training 101
Athletic Training 101

• Domains of Athletic Training Education
  • Injury Prevention
  • Clinical Evaluation & Diagnosis
  • Immediate & Emergency Care
  • Treatment, Rehabilitation & Reconditioning
  • Organization & Administration
  • Professional Responsibility
Athletic Training 101 – AT Settings

Performing Arts
Public Safety
Occupational Health
Athletics
Athletic Training in Indiana

- A Lineage of Leadership in Athletic Training
  - 1998 – Athletic training licensure
  - 2011 – ATs able to receive third party reimbursement for same services as other providers
  - 2014 – ATs included in the list of “healthcare providers” recognized by the state of Indiana

- Continuing Education
  - 50 hours biannually to maintain state licensure
  - National certification is covered with Indiana requirements
Collaborative Inter-professional Relationships

• Communication
  • HIPAA concerns
  • Provider to provider
  • Provider to parent/guardian
  • Plan of care

• Communication Strategies
  • Early and often
  • Teamwork vs. Turf battles
Pearls of Evaluation & Treatment from AT

- Upper Extremity
  - Myths & misconceptions
  - Fingers
    - Rugger Jersey Finger
Pearls of Evaluation & Treatment from AT

• Upper Extremity
  • Myths & misconceptions
  • Hand
    • Boxer’s Fracture
Pearls of Evaluation & Treatment from AT

• Upper Extremity
  • Myths & misconceptions
  • Wrist
    • Navicular/Scaphoid Fracture
    • Anatomical Snuffbox
Pearls of Evaluation & Treatment from AT

• Lower Extremity
  • Myths & misconceptions
  • Foot
  • Ankle
    • Dislocation
  • Knee
    • Patellar Dislocation
Pearls of Evaluation & Treatment from AT

• Sport Related Concussion Management

Consensus statement on concussion in sport – the 5th international conference on concussion in sport held in Berlin, October 2016.
Healthcare Professionals

There are 145 athletic trainers in the NFL.
Thank You!

• Tim Drudge, MS, ATC, LAT
  • (317) 341-4871 (mobile)
  • President
    • Indiana Athletic Trainers’ Association
  • tim@tdhealthsportsolutions.com
  • Twitter - @TimDrudge