School Nurse Updates

June 16, 2022



INTRODUCTION

Jolene Bracale, MSN, RN

- Critical Care Nurse
- School Nurse/Supervisor 15 years
- Indiana Department of Education (IDOE)
 School Nurse Consultant 11 years



INDIANA
DEPARTMENT of
EDUCATION

Thank you for all you have done the past two years!



OUTLINE

Three Main Topics of Presentation:

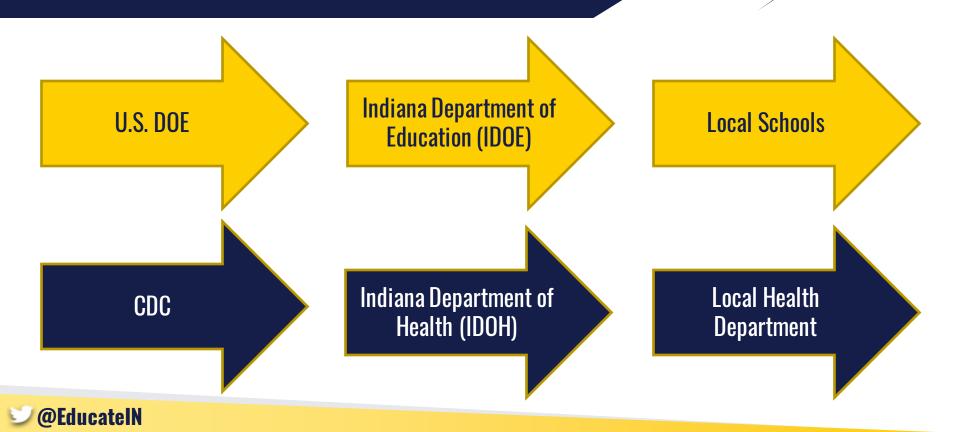
- IDOE Resources
- Reports
- Legislative Review

 Write Questions Down – Time at End

Framework for State Agencies



STATE AGENCIES



INDIANA DEPARTMENT OF HEALTH

Indiana Department of Health

- Lorrie Ramsey, BSN, RN
 - School Nurse Consultant
 - Communicable Diseases
 - Communicable Disease Guide
- Gina Bindley, BSN, RN
 - School Nurse Consultant
 - Immunizations and CHIRP
 - School Immunization Report Card



INDIANA DEPARTMENT OF EDUCATION

Indiana Department of Education

- Jolene Bracale, MSN, RN
- School Nurse Consultant
 - Indiana School Nurse Manual
 - School Health Report



INDIANA
DEPARTMENT of
EDUCATION

PURPOSE OF IDOE

- Assist with implementation of state laws.
 - Develop guidance documents.
- Assist with developing best practices.
- Provide resources.



INDIANA
DEPARTMENT of
EDUCATION

IDOE Resources



IDOE RESOURCES

- IDOE School Health Webpage.
- IDOE Moodle Educational Platform.
 - Find Answers to Questions.
 - Provide Written Documents.



The physical, mental, and emotional health and well-being of children becoming healthy and productive adults. The School Health Team is partners in order to help Indiana students achieve optimal health.

School Nurse Resources

- . Instructions for Creating a Moodle Account
- . Instructions for Registering for the Indiana School Nurse Newsle
- State Resources for School Nurses
- List of Public School Numbers
- List of Non-Public School Numbers
- · Records Retention Schedule for Indiana Public Schools
- Delegation Guidelines for Indiana School Nurses



IDOE School Health Webpage



- All IDOE webpages were updated and changed last summer new link:
 - https://www.in.gov/doe/students/school-safety-and-wellness/health/
- No password needed.
- Basic resources.
- First place for nurses to start.
- Instructions for registering to receive school nurse newsletters.
- Instructions for accessing the IDOE Moodle Educational Platform.



- School Nurse Resources
- Bloodborne Pathogens
- Chronic Diseases
- Concussion and Sudden Cardiac Arrest
- Health Laws
- Hearing and Vision Screening

- Immunizations
- Indoor Air Quality
- Stock Emergency Medications
- Stop the Bleed
- Reports
- Sunscreen in Schools



- School Nurse Resources
- Bloodborne Pathogens
- Chronic Diseases
- Concussion and Sudden Cardiac Arrest
- Health Laws
- Hearing and Vision Screening

- Immunizations
- Indoor Air Quality
- Stock Emergency Medications
- Stop the Bleed
- Reports
- Sunscreen in Schools



School Nurse Resources

- Instructions for Creating a Moodle Account
- Instructions for Registering for the Indiana School Nurse Newsletter and Announcements
- State Resources for School Nurses
- List of Public School Numbers
- List of Non-Public School Numbers
- Records Retention Schedule for Indiana Public Schools
- Delegation Guidelines for Indiana School Nurses
- Communicable Disease Reference Guide for Schools



- School Nurse Resources
- Bloodborne Pathogens
- Chronic Diseases
- Concussion and Sudden Cardiac Arrest
- Health Laws
- Hearing and Vision Screening

- Immunizations
- Indoor Air Quality
- Stock Emergency Medications
- Stop the Bleed
- Reports
- Sunscreen in Schools



https://www.in.gov/doe/students/school-safety-and-wellness/health/

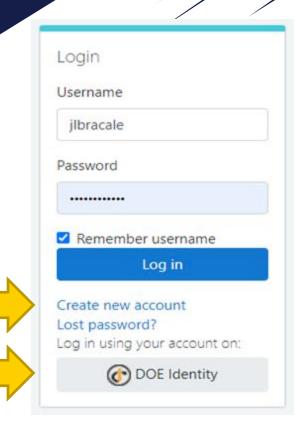


IDOE Moodle



IDOE MOODLE - TWO WAYS TO ACCESS

- Go to IDOE Moodle Main Webpage.
 - https://moodle.doe.in.gov/
- Go to right side of page.
- Two ways to access.
 - Create an account and login with username and password.
 - Log in using DOE Identity.

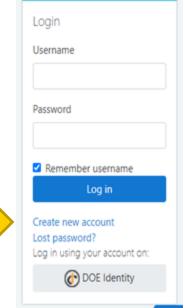


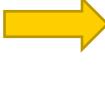


IDOE MOODLE - CREATE AN ACCOUNT

Click on "Create new account".

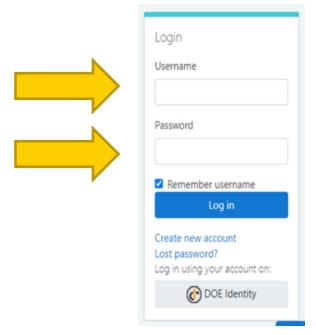
• Fill out form and click on "Create my new account".





IDOE MOODLE - CREATE AN ACCOUNT

 Once account created, return to the main screen and enter Username and Password.

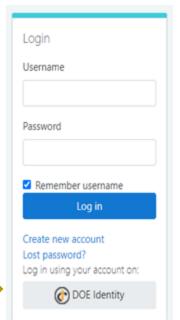




IDOE MOODLE - DOE IDENTITY

Second Method:

• Click on "DOE Identity" Box

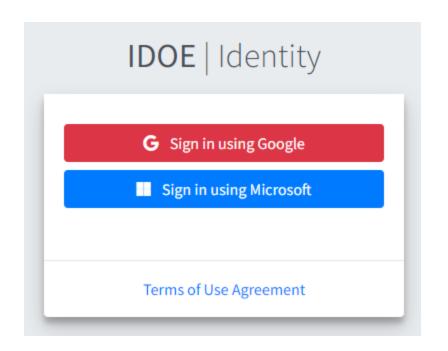






IDOE MOODLE - IDOE IDENTITY

- Sign in with either Google or Microsoft password.
- New method IDOE is moving towards so have only one sign on for everything on the IDOE website.





IDOE MOODLE

- 10 Online Courses.
- School Nurse Community of Resources.
- All require a one-time enrollment key; once key is entered have automatic access.



Online Courses

- Online Courses School Nurse Basics, Emergency Care, Diabetes, Asthma, Special Dietary Needs, Special Education, School Nurse Well-being, Scope of Practice, How to Advocate via Storytelling, & Diabetes Course for Training VHA's.
- Each course has at least one video, a quiz, and provides a certificate of completion.
- Cleared at the end of each year.



• Once logged in, scroll down to find:

▼ School Nurses



- ▶ Online Courses (10)
- School Nurse Community (1)



Sample of Courses















Example – School Nurse Emergency Course









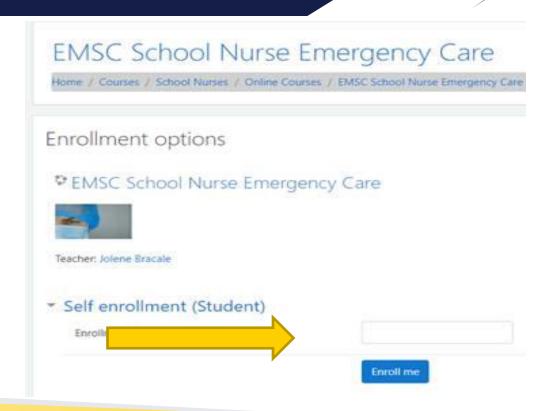






Online Courses

Enter enrollment key





Online Courses

Enrollment key

Enroll me



- Enter the enrollment key.
- Course will open.
- Begin watching video.
- Review handouts.
- Take quiz.
- Pass and print certificate.

Introduction – Welcome to the EMSC School Nurse Emergency Care Course





Module One – The School Nurse Role in Emergency Care

Speaker - Jolene Bracale, MSN, RN





IDOE MOODLE

- Once logged in, scroll down to find:
 - ▼ School Nurses
 - ▶ Online Courses (10)



School Nurse Community (1)



IDOE MOODLE - ENROLLMENT KEYS

School Nurse Community



Self enrollment (Community Member)

Enrollment key

Enroll me

IDOE MOODLE - SCHOOL NURSE COMMUNITY

School Nurse Community – file cabinet of hundreds of school nurse specific resources includes websites, documents, sample forms, and toolkits.

- Topics Include: advocacy, asthma, diabetes, seizures, severe food allergies, sample IHP's, sample policies, stock medications, FERPA and HIPAA, delegation, hearing and vision screening, playground safety, head lice, vaping, immunizations, field trips, private duty nurses, oxygen, service animals, toileting and more.
- Indiana School Nurse Manual



IDOE MOODLE - SCHOOL NURSE COMMUNITY

Each page has a list of

- Websites
- Documents
 - Example Medication Policy

Websites

· NASN - Medication Toolkit

Documents





IDOE MOODLE - SCHOOL NURSE COMMUNITY

Example Page – Bed Bugs

Bed Bugs

Websites

- . EPA Bed Bugs and Schools
- EPA Bed Bug Information
- ISDH Bed Bug Website

Documents

- |-
 - EPA Bed Bugs in Schools Guidance for School Nurses.pdf
 - EPA Integrated Pest Management.mht
 - EPA Managing Bed Bugs in Schools.mht
 - EPA Power Point Bed Bugs in Schools.pdf (2012)
 - Indiana University Bed Bugs Quick Facts (2005).pdf
 - ISDH School Guidance for Management of Bed Bugs.pdf
 - Michigan School Bed Bug Guide and Sample Letters.pdf
 - Sample School Letter-Bed Bugs.doc
 - Univ of MN Bed Bug Document.pdf



IDOE MOODLE - SCHOOL NURSE COMMUNITY



MUNIZATIONS BASICS E WAS RESOULTED TO THE PROPERTY OF THE PROP

Indiana School Nurse Manual

A Practical Guide for Today's School Nurse

ASSENTEEISM RESOURCES

PECIAL NEEDS STUDENTS

MEDICATIONS FIRST AID

ABSENTEEISM DATA

ABSENTEEISM DAT





INDIANA SCHOOL NURSE MANUAL

School Nurse Community – Indiana School Nurse Manual

- Over 100 pages added.
- Extensive additions to the Medication and Treatment Chapters.
- Links all updated, and many new links added especially chronic health conditions and treatments with training checklists, sample procedures, videos, and additional resources.
- All laws and references were hyperlinked.
- Many toolkits, sample forms, and documents updated and included.



INDIANA SCHOOL NURSE MANUAL

- Document created Summary of Updates by Chapter
- Posted along with Manual in Moodle - School Nurse **Community**

Indiana School Nurse Manual (2022) - Summary of Updates

The Indiana Department of Education (IDDE) is pleased to announce our newly updated "Indiana School Nurse Manual, A Practical Guide for Today's School Nurse." The framework of our original manual (2016) is unchanged. However, this new edition has been updated with over 100 pages of additional information and resources including updated documents, links, references, and sample forms. This updated manual will equip indians school nurses with the information they need to address the healthcare needs of students. Below you will find a summary of these new manual additions and updates organized per chapter.

Chapter One: Basics

- Added new documents assisting school nurses with understanding their professional role
- · Added vital Indiana school nurse resources
- IDDE School Nurse Registry for monthly newsletters and annuuncements
- Expanded that of IDOE online courses with enrollment keys.
- Updated the Oxiegation Table for Indiana school nurses.
- Updated the Delegation References List.

Chapter Two: Laws Impacting School Nurses.

- Added several new FERPA resources
 - "HIPAA or FERPA" A Primer to Sharing School Health Information in Indiana"
 - a Template for creating a Sample FERPA Consent Form
 - Sample FERPA Release of Information Form
- Added Information regarding the OSHA Bloodborne Pathogens Law
- · Added new laws that have passed since 2016 Bleeding Control Program - Stop the Bleed
 - Child Abuse
 - Indoor Air Quality
 - Instruction on Human Sexuality or Sexuality Transmitted Diseases
 - Santsary Schoolhouse Rule
 - Settleres
 - Stock Medications
 - Sudden Cardiac Amest
 - Sunscreen in Schools
- Added chart detailing how federal, state, and local taws relate to both health and



IDOE MOODLE

Take an Online Course or visit the School Nurse Community Page on Moodle

https://moodle.doe.in.gov/



Reports



REPORTS

- School Health Report
- Stock Emergency Medications
- 20% Absenteeism

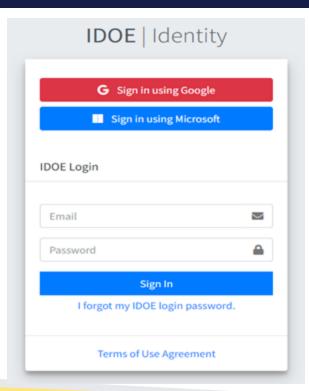


School Health Report



- Closed Wednesday, June 15.
- Currently accessed through DOE Online most likely changing for next year.
- New site = Universal Login; Link Initiative.
- https://link.doe.in.gov/
- Will be able to access the Moodle and the School Health Report through this log in.



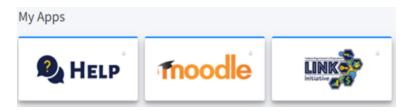


- Go to https://link.doe.in.gov/
- Enter either your Google or Microsoft Email and Password.
- Sign in.





Every school/ employee in **Indiana** will have these three tiles automatically if they have access to LINK.





- Once DOE Online closes, the School Health Report will only be found here in LINK.
- Password and account in DOE Online will no longer be needed.
- To receive the School Health Report Tile, your school Security Coordinator will need to approve you for the School Health Role.
- Tile will automatically be added to your dashboard.
- Can use LINK to access Moodle and School Health Report.



- Instructions for the new School Health Report
 - IDOE School Health Webpage.
 - IDOE Moodle School Nurse Community.
 - School Nurse Newsletter.



Stock Emergency Medications



STOCK EMERGENCY MEDICATIONS

- Albuterol, epinephrine, naloxone.
- Emergency medication given requires:
 - \circ 911 call.
 - Electronic report within 10 days of administration.
- Applies to stock or if person's own medication given.
- Information on IDOE Health Webpage or IDOE Moodle School Nurse Community.



20% Absenteeism



20% ABSENTEEISM

- Applies per individual school, not school corporation.
- Does not indicate a mandatory school closure.
- Requires reporting to:
 - Local health department.
 - IDOE via electronic report IDOE School Health Website or IDOE Moodle School Nurse Community.



Legislative Review



BREAK

- So many new nurses basic legislative review
- All stand and stretch
- Stay standing if you have been a school nurse:
 - o 5 years or more
 - 2-4 years
 - First year



LEGAL FRAMEWORK

Federal Laws

- Confidentiality Laws (FERPA and HIPAA)
- Discrimination Laws (IDEA and Section 504)



Review of Current Laws



IC 20-34

- IC 20-34-3 Student Health and Safety Measures
- IC 20-34-4 Immunizations
- IC 20-34-4.5 Stock Emergency Medications
- IC 20-34-5 Care of Students with Diabetes
- IC 20-34-7 Concussions
- IC 20-34-8 Sudden Cardiac Arrest



IC 20-34

- IC 20-34-3 Student Health and Safety Measures
- IC 20-34-4 Immunizations
- IC 20-34-4.5 Stock Emergency Medications
- IC 20-34-5 Care of Students with Diabetes
- IC 20-34-7 Concussions
- IC 20-34-8 Sudden Cardiac Arrest



IC 20-34-3 - STUDENT HEALTH AND SAFETY

- IC 20-34-3-12 Vision
- IC 20-34-3-13 Vision MCT
- IC 20-34-3-14 Hearing
- IC 20-34-3-18 Release of Medication
- IC 20-34-3-22 Sunscreen
- IC 20-34-3-24 Stop the Bleed
- IC 20-34-3-26 Seizure Management Plan



IC 20-34

- IC 20-34-3 Student Health and Safety Measures
- IC 20-34-4 Immunizations
- IC 20-34-4.5 Stock Emergency Medications
- IC 20-34-5 Care of Students with Diabetes
- IC 20-34-7 Concussions
- IC 20-34-8 Sudden Cardiac Arrest



IC 20-34-4 - IMMUNIZATIONS

- Schools may furnish an immunization record when students transfer to another school.
- Immunization requirements are determined by IDOH.
- HPV Letter must be posted for parents.
- Provider who administers vaccine must enter the vaccine into CHIRP.
- Schools may grant a 20-day waiver for students who are incomplete.
- IDOH collects student immunization data from schools via CHIRP.



IC 20-34

- IC 20-34-3 Student Health and Safety Measures
- IC 20-34-4 Immunizations
- IC 20-34-4.5 Stock Emergency Medications
- IC 20-34-5 Care of Students with Diabetes
- IC 20-34-7 Concussions
- IC 20-34-8 Sudden Cardiac Arrest



IC 20-34-4.5 - STOCK EMERGENCY MEDICATIONS

- Schools may stock albuterol, epinephrine, and naloxone.
- If a dose of an emergency medication is given, a report must be submitted to IDOE.
- Resources available on IDOE Health Webpage and IDOE School Nurse Community.
 - Law, FAQ, sample policies, items to consider when stocking medications, link to reports, toolkits.



IC 20-34

- IC 20-34-3 Student Health and Safety Measures
- IC 20-34-4 Immunizations
- IC 20-34-4.5 Stock Emergency Medications
- IC 20-34-5 Care of Students with Diabetes
- IC 20-34-7 Concussions
- IC 20-34-8 Sudden Cardiac Arrest



IC 20-34-5 - DIABETES

- Law very detailed.
- Diabetes management and treatment plan requirements (medical orders).
- School nurse must create an IHP.
- School must seek VHA's, VHA must have access to school nurse, in person or by phone.
- Training requirements for school nurse and VHA.
- If approved by provider and parents, student must be allowed to self-manage.
- Information sheet must be given to transportation.



IC 20-34-5 - DIABETES

- Resources available on IDOE Health Webpage and IDOE School Nurse Community.
 - Law, FAQ's, toolkits, training resources, sample forms, courses.
- Recent court case in New York:
 - Students must be allowed to attend field trips parents cannot be pressured to attend; children cannot be left behind.
 - Students must have a trained person on school bus if glucagon is prescribed; calling 911 may not be sufficient



IC 20-34

- IC 20-34-3 Student Health and Safety Measures
- IC 20-34-4 Immunizations
- IC 20-34-4.5 Stock Emergency Medications
- IC 20-34-5 Care of Students with Diabetes
- IC 20-34-7 **Concussions**
- IC 20-34-8 Sudden Cardiac Arrest



IC 20-34-7 - CONCUSSIONS

- Fact sheets must be given to parents and students.
- Student must be removed from play if concussion suspected.
- Cannot return before 24 hours and must have a medical release.
- Training requirements for coaches courses must be approved by IDOE.
 - Interscholastic Sports
 - Football Three Options



IC 20-34

- IC 20-34-3 Student Health and Safety Measures
- IC 20-34-4 Immunizations
- IC 20-34-4.5 Stock Emergency Medications
- IC 20-34-5 Care of Students with Diabetes
- IC 20-34-7 Concussions
- IC 20-34-8 Sudden Cardiac Arrest



IC 20-34-8 - SUDDEN CARDIAC ARREST

- Current requirements
 - Fact sheets must be given to parents and students.
 - Student must be removed from play if Sudden Cardiac Arrest is suspected.
 - School must have parent release to return student to play.



OTHER LAWS

- IC 20-30-5-18: Meningitis
- IC 20-33-8-13: Ability to possess and self-administer emergency medications
- 511 IAC 4-1.5-2: Recommended ratio of 1 RN for every 750 students
- 511 IAC 4-1.5-6: Requirement of RN with BSN for each corporation
- IC 20-38-3-9: Seizure training for staff



Updated Law - 2021



IC 20-34-8 - SUDDEN CARDIAC ARREST

- Changes to the Sudden Cardiac Arrest law.
 - Expands the definition of "students" to include marching band.
 - Defines symptoms as fainting, difficulty breathing, chest pain, dizziness, and abnormal racing heart.
 - Fact sheet must include information about ECG.
 - Coaches and marching band leaders must complete a Sudden Cardiac Arrest education course approved by IDOE.



IC 20-34-8 - SUDDEN CARDIAC ARREST

- Resources IDOE School Health Webpage
 - **Fact sheets**
 - Sample forms
 - **FAQ document**
 - **Approved course**

SUDDEN CARDIAC ARREST

A Fact Sheet for Students

Subtlem careful arrest (SCA) is a rare but tragic event that claims the lives of approximately 7,000 children such year in the United States, according to the American Heart Association, SCA is not a heart attack. It is an allinormality in the heart's electrical system that abruptly stope the heartforal. SCA affects of students, in all sports or activities, and in all age levels. It may even occur in athletes who are in peak shape. The majority of activity related cardiac arrests. are that to congenital (inherited) heart defects. However, NCA may also popur after a person experiences an Thiese which has caused an inflammation to the heart or after a direct blow to the chest. Once SCA occurs, there is very STEW Street to since the purson. So, Monthlying those at risk before the arrest popurs is a key factor in prevention.

WARNING SIGNS

Possible warning signs of SCA include: · Familing

- · Officity breating
- . Chest Disconfort or Pain.
- . Diprivate
- Abnormal facing Heart Rate

ASSESSING RISK

Health care providers may use several texts to help-detect risk factors for SCA: One such hist is the electrocardiogram (ECG). An ECG is a simple, painters test that detects and records the heart's electrical activity. It is used to detect heart problems and inoritor a person's heart health. There are no serious miles to a parties having an BCE. BCE's are used as a screening tool to detect abnormalities before a person has symptoms, or an a diagnostic tool to help identify persons who would benefit from interventions to reduce the risk of a heart related condition.

Developed and Reviewed by the Indiana Department of Education's Sadden Cardins Associ Advisory Boson's SAny

What are the risks of practicing or playing after experiencing warning symptoms?

There are risks associated with continuing to practice or play after expenencing warning symptoms of sudden cardial arrest. When the heart stops, so does blood flow to the brain and other wital organs. Death or permanent brain damage follows in just a few minutes. Most people who experience SCA die from it. However, when SCA is witnessed and an onsite automated external definitions (AES) is Assistant in a timely manner survival rates approach 50%.

How am I altie to protect myself from

Daily physical activity, proper nutrition, and adequate steep and all important aspects of the long health. Additionally, you can assist by:

- . Knowing if you have a family fectory of SCA (proof of heart disease in a family member before the age of 50 or a tudden, unexplained dirath at an early
- Talling your health care provider during your pre-sesson physical about any unusual symptoms of feeling faint, shortness of breath, chest discomfort, distance, or racing or inequiar heart rate. especially if you feel these symptoms with physical activity
- . Taking only prescription thugs that are prescribed to you by your health care
- . Being aware that the mappropriate use of prescription medications, energy
- droks, or suping can increase your risk . Being honest and reporting symptoms

What should I do it i notice the warning signs that may lead to SCA?

- 2. 768 are adult your parent, your spech, your athletic trainer, your bond leader, or your school nurse
- 2. Get checked out by your health care provider
- J. Take core of your heart
- 4. Asmember that the most dangerous thing you can all is to do nothing



REVIEW CONCUSSION AND SCA TRAINING REQUIREMENTS

Coach or Leader	Indiana Code
Head or Assistant Coaches (including cheerleading) for all Interscholastic Sports (excluding football)	IC 20-34-7-7: requires concussion awareness and heat-related medical issues training IC 20-34-8-9: requires sudden cardiac arrest training
Head or Assistant Coaches for football	IC 20-34-7-6: requires concussion awareness, equipment fitting, heat emergency preparedness, and proper tackling technique training IC 20-34-8-9: requires sudden cardiac arrest training
Band Leaders	IC 20-34-8-9: requires sudden cardiac arrest training



New Law - 2022



HEA 1192

- HEA 1192 Medicaid Billing in Schools
 - Allows schools to bill for RN and LPN time; and for providing care outlined in an IEP, 504 Plan, or IHP.
 - More information will be forthcoming.
 - https://www.in.gov/doe/students/special-education/school-medicaidclaiming/



LAWS

- Change Frequently repealed, revised, new laws added.
- Ensure Following Most Current.
- IDOE Health Webpage, School Nurse Community, Indiana School Nurse Manual, May School Nurse Newsletter.

- Chapter 1 Acquired Immune Deficiency Syndrome Advisory Council (repealed 2015 session)
- Chapter 2 Drug-Free Schools Committee (repealed 2015 session)
- Chapter 3- Health and Safety Measures (changed 2013, changed 2017 session)
- Chapter 4 Immunizations (changed 2015 session)
- Chapter 4.5 Stock Epinephrine (new 2014) (changed 2017 session)
- Chapter 5 Care of Students with Diabetes (new 2007)
- Chapter 6 Student Safety Reporting (changed 2015 session)
- Chapter 7 Student Athletes: Concussions and Head Injuries (new 2012) (changed 2014, changed 2015, changed 2016, changed 2017 session)
- Chapter 8 Sudden Cardiac Arrest (new 2014) (changed 2016, changed 2021 session)



Lots of Information I am here to help!



Quick Review



REVIEW OF MAIN TOPICS

- IDOE Resources
 - School Health Webpage
 - o IDOE Moodle
- Reports
- Legislative Review



IDOE SCHOOL HEALTH WEBPAGE

https://www.in.gov/doe/students/school-safety-and-wellness/health/



IDOE MOODLE

https://moodle.doe.in.gov/



Thank you for all you have done to keep our schools safe!



QUESTIONS?