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School Nurses: Why Should We "Get on Board"

Indiana Association of School Nurses Conference

November 6-7, 2018

Indianapolis, IN





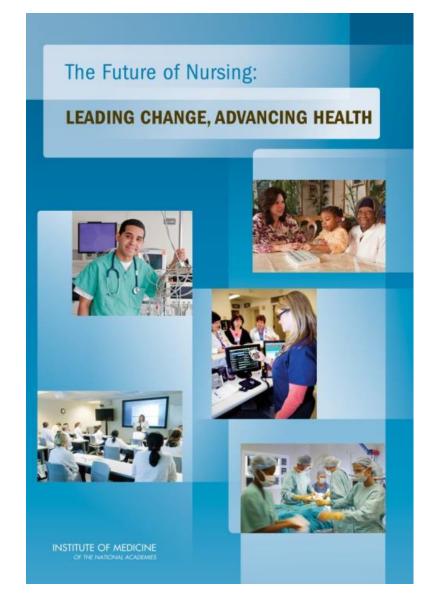
"Some questions have no good answer...one such question is why the participation of nurses on hospital and health agency governing boards is the exception, rather than the rule."

John Lumpkin, MD, PPH
 Senior VP-Programs
 Robert Wood Johnson Foundation



The Future of Nursing: Leading Change,

Advancing Health





The Future of Nursing: Leading Change, Advancing Health

"IOM Recommendation #7

Prepare and enable nurses to lead change to advance health.

"Nurses, nursing education programs, and nursing associations should prepare the nursing workforce to assume leadership positions across all levels, while public, private, and governmental health care decision makers should ensure that leadership positions are available to and filled by nurses."



Making a Difference

"The IOM Report imagines a world where all nurses could become lifelong learners, practice to the full extent of their education and training and serve as full partners in providing care and promoting health on the front lines as well as in the boardroom."

-Susan B. Hassmiller, Robert Wood Johnson Foundation



So.....Why Nurses?

All boards benefit from the unique perspective of nurses to achieve the goals of improved health and efficient and effective health care systems at the local, state and national level.





Nurses Bring a Special Set of Skills

- Leadership
- Quality and process improvement
- Communications
- Human resources
- Strategic planning
- Finance
- Teamwork...and many others





Required Board Competencies

- Mission Driven
- Financial Knowledge
- Communication
 - Emotional Intelligence, Relationship Building, Social Etiquette
- Cultural Awareness/Competence
 - Diversity and Inclusion, Organizational Culture
- Leadership
 - Strategic/Global Thinker, Visionary



A Call to Action

April 2014

Organizations were invited by the Future of Nursing: Campaign for Action to attend a meeting in DC in April of 2014 where the concept was discussed



July 2014

In July 2014 the group met for the second time to begin working out what a Coalition such as this might "look like." At this meeting, a Steering Committee of the larger group was formed.

October 2014

The Steering Committee met to outline a draft strategy



November 2014

November of 2014 the Steering Committee reported back, a vote was taken and the Nurses on Boards Coalition was formed!



Result !!!





Nurses on Boards Founding Coalition Member **Organizations**

- **AARP**
- **American Academy of Nursing**
- **American Assembly for Men in Nursing**
- **American Association of Colleges of Nursing**
- **American Association of Nurse Anesthetists**
- **American Association of Nurse Practitioners**
- **American Nurses Association**
- **American Nurses Foundation**
- **American Organization of Nurse Executives**
- Asian American/Pacific Islander Nurses **Association**
- **Association of Public Health Nurses**
- Nurses on Boards

- **Center to Champion Nursing in America**
- **National Forum of State Nursing Workforce** Centers
- **Jonas Center for Nursing and Veterans** Healthcare
- National Alaska Native American Indian Nurses Association, Inc.
- **National Association of Hispanic Nurses**
- **National Black Nurses Association**
- **National League for Nursing**
- **National Organization for Associate Degree** Nursing
- **National Student Nurses Association**
- **Robert Wood Johnson Foundation**
- Sigma Theta Tau International

NOBC Mission

The mission of the NOBC is to improve the health of communities and the nation through the service of nurses on boards and other governing bodies





Key Strategy

10,000 nurses on boards by 2020

NOBC focuses on the impact of nurses on boards



NOBC Strategic Imperatives 2017 - 2019

MISSION: To improve the health of communities and the nation through the service of nurses on boards Promote Create a dynamic collaboration among Demonstrate the Develop member Facilitate board organization focused states and national impact of nurses on synergy strategy on transformative placements boards organizations to and value growth

integrate strategies



Where We Are Today

- 10,945 Nurses have registered in the NOBC database to date
- 5,337 Nurses currently serve on boards that count towards the 10,000
- 6,565 Nurses want to serve on a board but do not yet do so
- 2,182 Nurses who are currently serving on a board would like to serve on an additional board



NOBC Website









NOBC Website

Welcome to the Nurses on Boards Coalition website

Our goal is to improve the health of communities and the nation through the service of nurses on boards and other bodies. All boards benefit from the unique perspective of nurses to achieve the goals of improved health and efficient and effective health care systems at the local, state and national levels.

On this website you will find many resources that are designed to assist nurses in building leadership skills. We also invite organizations to engage with nurses through our site and invite them to become a part of their board.

We hope that you will take advantage of these resources and help us in our journey to improve the health of those across the nation!

Thank you!

10,000 Nurses on Boards by 2020



• 169 In the last 90 Days

• 4,666 counted to date

For purposes of measuring our progress in order to have an even greater and far reaching impact, board and governance roles where nurses already have a significant presence within the nursing profession are not counted toward the goal. NOBC is measuring progress and impact beyond our profession and extending into communities across our nation to improve health.

Do you serve on a board?

Nurses on Boards Coalition 10K Nurses by 2020

YES! Be Counted

NO, But I Want to Serve

NOBC Website Resources

- NOBC Overview Documents
- Educational Offerings
- Board Readiness Tools
- Mock Board Meeting Video
- · Links to Member and Partner Organizations
- Nurse Stories of Board Service
- And so much more . . .





Board Core Competencies

Prepared By: Nurses on Boards Coalition Board Preparation Work Group

Mission driven

Definition: The ability to be committed to advancing the organization's mission; and integrating the mission as a framework for decisions about the organization's direction.

Attributes: advocacy, caring

Financial knowledge:

Definition: The ability to review and interpret the financial condition of an organization by review of 4 financial statements: (1) Statement of Financial Position [Balance Sheet]; (2) Operating Statement [Income Statement]; (3) Statement of Changes in Assets [Statement of Changes in Equity]; (4) Statement of Changes in Cash Flow. In addition, knowledge of audits and tax requirements is integral.

Reference/Resource:

Finkler, S. A., Jones, C.B., & Kovner, C.T. (2013). Financial management for nurse administrators and executives. (4th Ed.), St. Louis, MO: Saunders. (p. 97).

AME Learning. (2015). Finance for board service. www.amelearning.com/nursesonboards

Communication:

Definition: Each board member must be able to communicate effectively, professionally, calmly, confidently and collegially, both internally and externally. Facts need to be sound, opinions scarce. Demonstrating effective listening and comfort with both inquiry and challenge are key to effective communication.

Reference/Resource:

Board of Directors' Competency Matrix. Retrieved September 8, 2015 from https://www.oha.com/AboutUs/CaseforChange/Documents/Competency%20Matrix.pdf

Attributes: emotional intelligence, relationship building, social etiquette

Social Etiquette encompasses various aspects of leadership including preparation, courtesy, professional appearance, respectfulness, and the ability to engage in meaningful dialogue utilizing proper grammar, conversation skills and conflict resolution techniques. Social etiquette is essential in order to serve as an effective and engaging leader and board member.

Reference/Resource:

Pagana, K. D. (2013). The nurse's etiquette advantage. (2nd edition). Indianapolis, IN: Sigma Theta Tau International Honor Society of Nursing.



BOARD READINESS MODEL

FROM NOVICE TO EXPERT

COMPLEXITY COMPETENCIES LEVELS OF ARENAS OF BY LEVEL BOARDS/APPOINTMENTS PERFORMANCE Path to Board Readiness **EXPERT** High Level Influencer Innovetive Thinker Political Provess Corporate Governance Legal/Regulatory and Policy
 Knowledge and Skill
 Leadership in Boards at the Professional Civic and Professional Association or Healthcare Governance/Management Leadership Generative Communication Skills System Level and Political Community, Regional and/or /Regulatory or Policy Governance Knowledge and Skill
 Knowledge of HowInfluence is Appointments Accessed and Applied Knowledge and Skill in Advocacy Complexity Management Team Leadership Strategic Orientation Planning
 Knowledge of Marketing, Mergers, Human Resource Knowledge and and Acquisitions Knowledge and Effective Application Talent Development of Self-Knowledge and Personal Organizational Change Management/Leadership Style Preferences Organizational Governance Management and Boards Leadership Process/Performence Knowledge of Regulatory Improvement, Quality and Safety, Compliance and Relevance to and Appropriate Application in Organizational Types
Organizational Processes and Knowledge of Customer Satisfaction Principles Advanced Skill and Ability in Riscal Acumen Corflict Management

Advanced Meeting Management and
Team Leadership Principles Organizational Awareness Basic Knowledge of Principles of Achievement Orientation Ufelong Learning/Information Governance and Management
Personal Style Preference Seeking Emotional Intelligence
 Knowledge and Skill in Relationship Building "Testing" Understanding of Reflective Advisory and Practices Self-Leadership Effective Communication · Understanding of Mindfulness Community Boards Conflict Management Knowledge Practices and Skill Understanding of Theory of Systems Thinking and Montal Personal /Professional Accountability Demonstrated Ability in Giving and ● Basic Understanding of Political

Receiving Feedback

Contect and Landscape

NOVICE



Which Board is Right for Me?



Questions to Ask Yourself

- Am I committed to the mission of the organization?
- Can I contribute the time necessary to be an effective board member?
- Am I comfortable with the approach and tone of the organization's fundraising efforts?
- Can I contribute financial support consistent with expectations?
- Can I place the organization's purposes and interests above my own professional interests when making decisions as a board member?



Preparing Your Bio





Your Board Bio

- Keep it short (1 page in length)
- Include:
 - Focus on your experience
 - Customize to organizational needs/focus
 - Don't make it more complicated than needed
 - Don't assume people will understand acronyms
 - Brief overview of clinical expertise, if pertinent
 - Brief overview of education
 - Any board experience you've had (nonprofit, professional societies less important)



What YOU Can Do Right Now!

- Step up and be counted and/or indicate your interest in future board service at www.nursesonboardscoalition.org
- Encourage your colleagues to register on the NOBC website
- Share your story
 <u>https://www.nursesonboardscoalition.org/resources/for-nurses/share-your-story/</u>
- Contact a local non-profit or other organization and ask them to consider a nurse for their board
- Engage in your state's efforts toward increasing the number of nurses serving on a board and support each other



How Can We Help You?

Please let us know how we can help you on your leadership journey in the boardroom and beyond!



Questions?





With THANKS and APPRECIATION!

Thank you for your personal and collective commitment to all you serve.

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