# Adverse Childhood Experiences (what Can we do)

Presented by Dr. Tera Hornbeck

#### Objectives

- ▶ Defining Adverse Childhood Experiences (ACEs).
- ► Understanding a child's poor decision making risk after experiencing more than One ACE.
- ► Recognizing the effects of ACEs when it comes to student learning.
- ► Learning steps to transform and implement innovation to impact change.



You Have 10 Minutes

Get Together With Your Table Mates at your Table.

Together As a Group Come up
With the Story About Your Table
Penny.

As A Group Be Prepared to Share Your Table Penny's Story.

#### Adverse Child Experiences (ACES)

#### **DEFINED AS:**

- Physical Abuse
- Sexual Abuse
- Emotional Abuse
- ► Physical Neglect
- ► Emotional Neglect
- Intimate Partner Violence
- Mother treated Violently
- Substance misuse within household
- ► Household Mental Illness
- ► Parental Divorce or Separation
- Incarcerated Household Member

#### **INCREASE A CHILD'S RISK OF:**

- ► Early Initiation of Alcohol Use
- ► Higher Risk of Mental Health and Substance Use Disorders
- Continued Tobacco Use Through Adulthood
- Prescription Drug Use
- Illicit Drug Use, Dependence, and Addiction
- Suicide Attempts
- ► Lifetime Depression
- ► High Risk Sexual Behaviors
- ► Negative Physical Health Outcomes
- ▶ Poor Dental Hygiene

#### Indiana August 2018 Statistics

Totals			
All Sub	%	All Unsub	%
2434	14.61	14,221	85.39

Sexual Abuse			
Sub	%	Unsub	%
238	1.43	1148	22.52

Neglect			
Sub	%	Unsub	%
2067	12.41	11,024	66.19

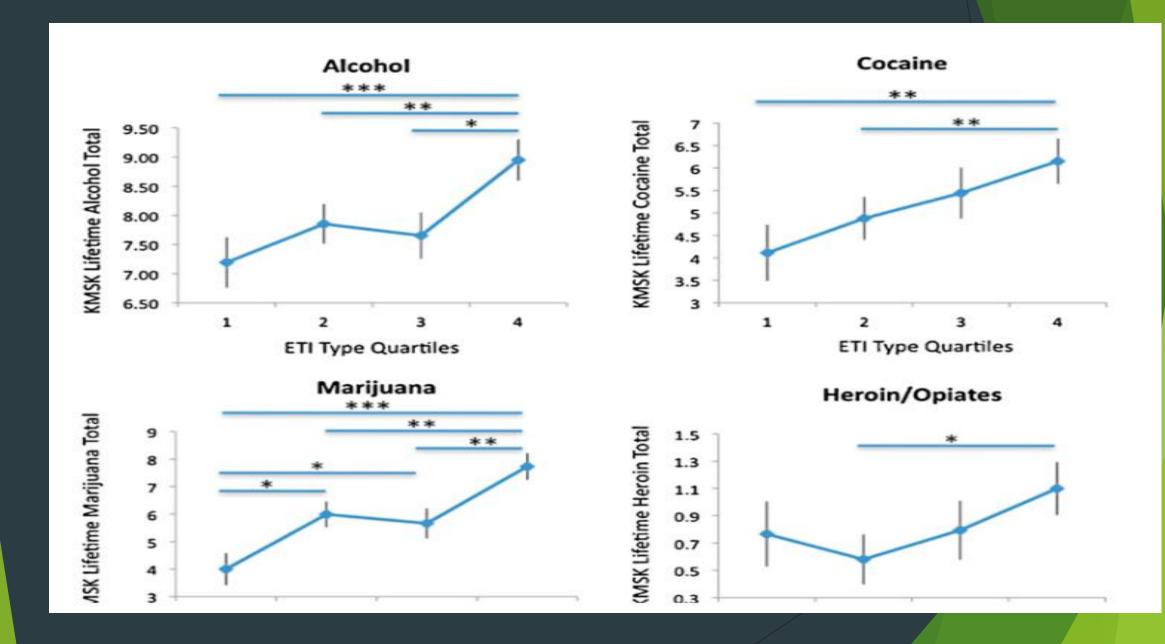
Physical Abuse			
Sub	%	Unsub	%
128	0.77	2046	12.28

Human Trafficking			
Sub	%	Unsub	%
1	0.01	3	0.02

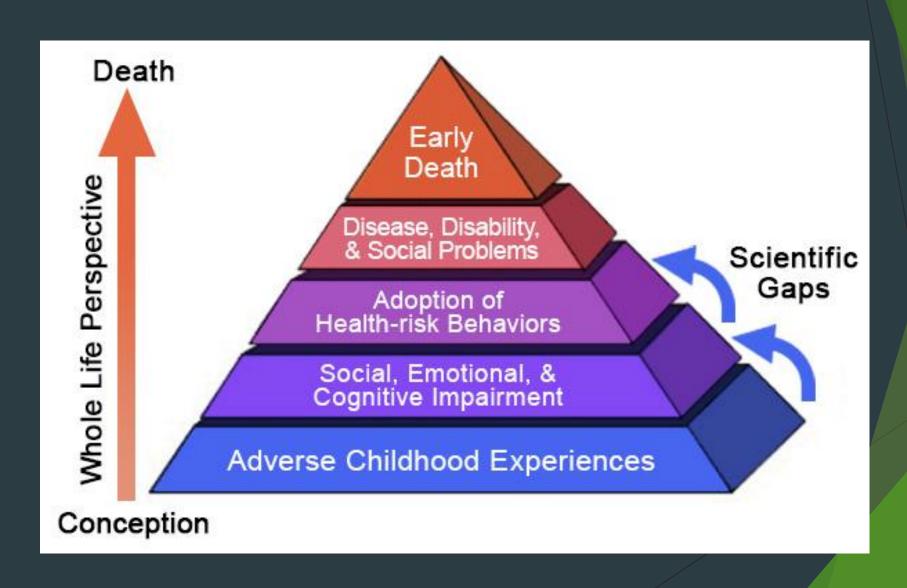
#### Effects of Substance Use

https://learn.genetics.utah.edu/content/addiction/mouse/

#### Substance Use Statistics



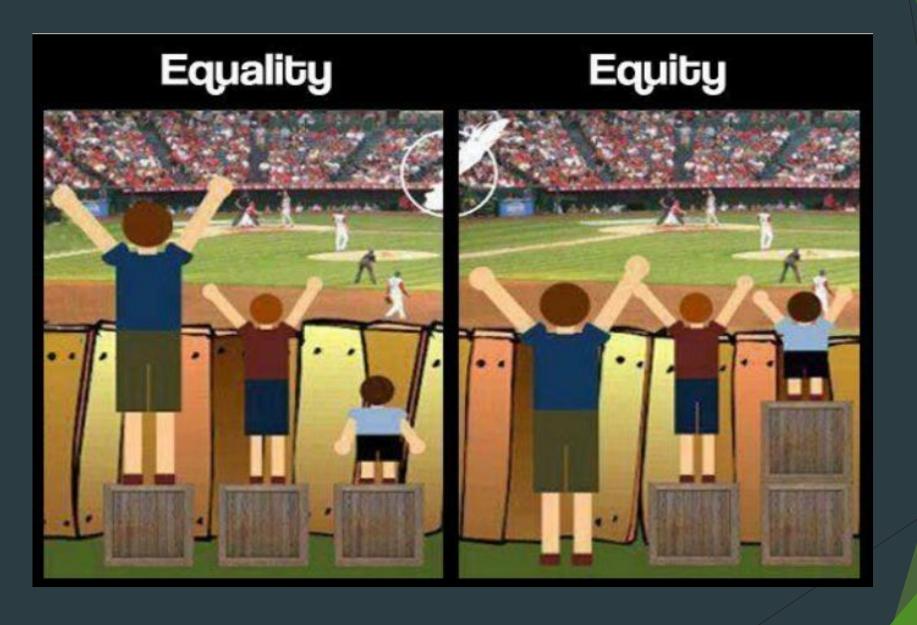
### Failure to Recognize and Treat May Have Deadly Circumstances



# HOW MIGHT WE ESTABLISH PARTNERSHIPS TO HELP CHILDREN OVERCOME ADVERSE CHILDHOOD EXPERIENCES?



#### What Determines Needed Resources?



## THINK.... WHAT IS CURRENTLY DOCUMENTED IN YOUR SCHOOL/SCHOOL SYSTEM? DATA!!

- ► Frequency of School Nurse Visits
- ► Number of Assisted Lunches
- ► Classroom Behaviors
- ► Frequent Absences
- Quiet Children Who Seem to Isolate Themselves
- ► Children with Chronic Disease
- ► Children Lashing Out In Anger

## One of Many Innovative Solutions Starts With the Following: Define the Problem



gain a deep understanding of needs, resources, underlying culture, and social structure 2

consider the community's needs and assets



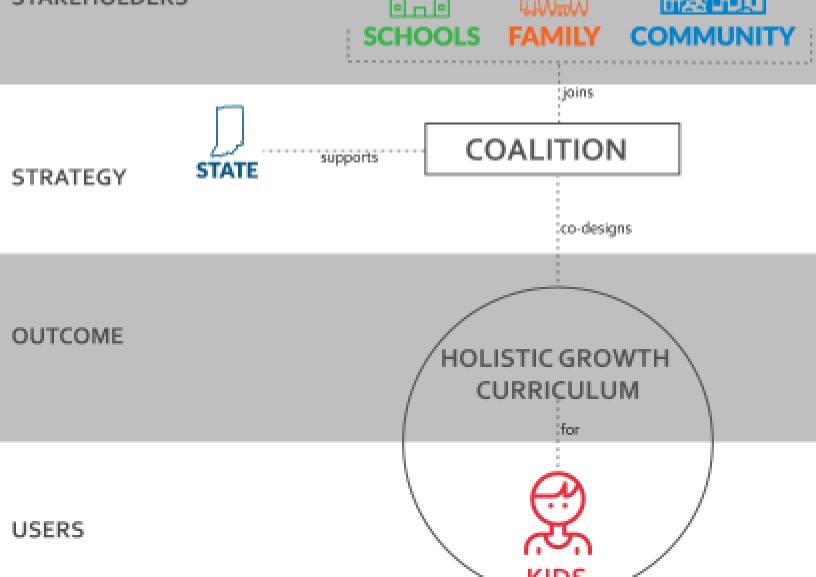
prioritize objectives

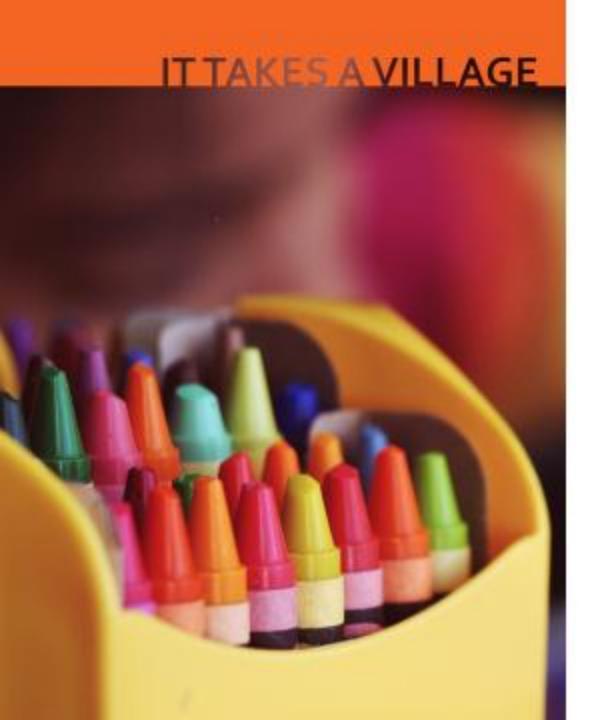
#### STAKEHOLDERS















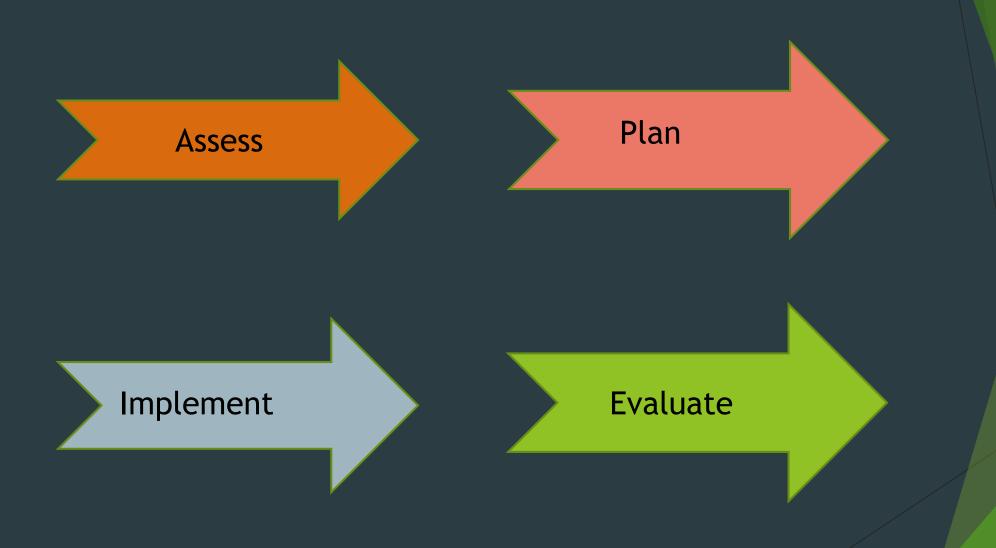


PSYCHOLOGICAL NEEDS



SELF-FULFILLMENT NEEDS

#### Strategic Planning Steps...









#### Recommended Websites

https://www.auntbertha.com/

https://www.healthypeople.gov/

https://www.in.gov/dcs/files/AssessmentDecisions201808.pdf

https://theliceslayers.com/

https://www.extension.purdue.edu/results/?q=eat&x=0&y=0

https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3051362/

http://www.state.in.us/isdh/files/Indiana\_State\_Health\_Plan\_FINAL\_6\_23\_11.pdf

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