FOOD ALLERGIES AND ANAPHYLAXIS

SAMPLE CHECKLIST FOR THE DEVELOPMENT OF SCHOOL DISTRICT POLICIES AND PROTOCOLS

- Alert school administrators about policy needed to protect students and school personnel from food allergies and anaphylaxis
- Establish policies and related protocols that are consistent with evidence-based practice
- Consider including management of chronic health conditions in schools, including food allergies and anaphylaxis, in school wellness policies
- Include community stakeholders knowledgeable of food allergies on school wellness committees
- Policy components and related protocols to address:
  - School personnel education/training
    - Training to address food allergies and anaphylaxis in general and actions to prevent exposure to food allergens for all appropriate school personnel
    - Student-specific content to address the student’s emergency care plan for school personnel who have primary responsibility for students with food allergies and risk for anaphylaxis
    - A process to evaluate knowledge and practice outcomes of the school personnel training
    - A plan for periodic reinforcement of the training
    - A plan for documentation of the training
  - Student health education curricula on food allergies and anaphylaxis
  - Emergency preparedness
    - Requirement of student-specific healthcare provider orders
    - Importance of a student-specific emergency care plan
    - Storage, access, and administration of emergency medication
    - Non-student specific epinephrine auto-injector protocols
    - Local EMS protocols (e.g., response time, epinephrine protocol)
    - Protocol for school emergencies and/or disasters, including lockdowns
    - Post event debriefing following all food allergy and anaphylaxis events
  - Students who self-carry rescue medications
  - Prevention of allergen exposure
    - Classroom food guidelines
    - Cafeteria/food preparation guidelines (e.g., cross contamination prevention; cleaning for prep, food distribution, and student eating areas)
    - Student and school personnel hand washing
  - Bullying and discrimination prevention for students with chronic health conditions, including food allergies
  - Full student participation in all school sponsored events and activities
- Family notification of options for student health and/or education plans (e.g., Section 504, individualized healthcare plans, emergency care plans)
- Privacy and confidentiality of student health information
- Professional continuing education to ensure competent nursing practice
- Align with existing state and federal guidelines and regulations