

Adolescent and Teen Vaccination Easy Reader

Recommended adolescent and teen vaccinations are sometimes missed due to health care provider appointments becoming more sporadic for this age group. When an adolescent or teen does access a health care provider it may be more likely for a sports physical or injury, or an illness, rather than a health visit. That being said, it is important for adolescents and teens to continue to obtain consistent health visits so that they can be advised of the importance of immunizations in the prevention of diseases and cancers. This age group also is more likely to want information about the immunizations so that they can be part of the decision-making. The following is an easy-reader summary of what most children this age may need.

Most 11 and 12-year olds will need to have the following vaccinations:

- Tdap
- Meningococcal vaccine
- Human papillomavirus vaccine
- Flu vaccine
- Any other catch-up vaccinations

Most 16-year olds will need to make sure that they have completed the:

- Meningococcal booster
- Human papillomavirus vaccine
- Flu vaccine
- Any other catch-up vaccinations

Most 18-year olds will need to make sure that they have completed the:

- Meningococcal series
- Human papillomavirus vaccine series
- Flu vaccine (every year)
- Any other catch-up vaccinations

References:

Bernstein, H, & Bochini, J. (2017) Practical approaches to optimize adolescent vaccination. *American Academy of Pediatrics* 139(3). <https://pediatrics.aappublications.org/content/139/3/e20164187>

Call to Action: Addressing new and ongoing adolescent vaccination challenges
<http://www.adolescentvaccination.org/resources/call-to-action-adolescent-vaccination-challenges.pdf>

HealthyPeople 2020. Immunization and Infectious Diseases. HealthyPeople.gov
<https://www.healthypeople.gov/2020/topics-objectives/topic/immunization-and-infectious-diseases/objectives>

Immunization Action Coalition. Vaccine Information. <http://www.immunize.org/>