GET TRAINED
SCHOOL NURSE TRAINING

This program is supported by an unrestricted grant from Mylan

GET TRAINED
A Program for School Nurses to Train School Staff in Epinephrine Auto-Injector Administration

It’s important!

- School staff need to know how to administer epinephrine
- It saves lives!
- Know your state’s law and regulations
  - Some state protocols require that epinephrine be given after a known exposure with or without symptoms – know what you need to teach your staff that relates to YOUR protocols, laws and regulations
- Delegation issues
- The school nurse is the leader in healthcare and emergency response education in the school setting
Get Trained®

- A program written by school nurses for school nurses
- Designed to provide you with everything you need to train your school staff
  - Training Presentation
  - Presenter’s Guide – word for word script
  - Handouts
  - Sign in sheet

Get Ready to Train!

Plan – Prepare – Present!

Plan!

- Talk to your School Administrator to discuss importance of staff epinephrine administration training
  - Identify which staff members will be trained
  - Student specific training
- Choose a time (or offer several times) for training that is convenient for your faculty and staff
- Arrange for an appropriately sized room for presentation where everyone can see the PowerPoint presentation
- Be sure your staff knows when training will be held – and understands the importance of the training
Prepare!

- Be familiar with the issues and concerns related to allergies, anaphylaxis and delegation of epinephrine. You can find valuable information on the topic at:
  - NASN Food Allergy and Anaphylaxis online Tool Kit
  - NASN Online Continuing Education Programs
  - CDC Voluntary Guidelines for Managing Food Allergies in Schools and Early Care and Education Programs

Prepare!

- Complete the Training Presentation Checklist (included in online materials)
- Order training devices from pharmaceutical companies
- Test audio/visual equipment in the presentation room prior to scheduled training time
- Sleep well the night before the presentation!

Present!

- Set up presentation room with handouts
- Set up presentation equipment and be ready to go!
- Have fun - and remember –

You are the expert in the room when it comes to administering epinephrine!
Training Checklist

Getting Ready to Present!

Checklist - Plan

• Set time for presentation (approximately 20 – 30 minutes)
• Alert staff as to training time
• Have staff sign up for training
  • Remind staff of training time 24 hours before training

Checklist - Prepare

• Prepare handouts for training (included in online materials)
  • Handouts for slides
  • Preventing Allergic Reactions Handout
  • Sample Allergy Action / Emergency Care Plan
  • Sign In Sheet (included in online materials)
Checklist - Prepare

- Arrange for equipment needed for presentation
  - Computer – have PowerPoint presentation loaded on computer
  - Projector
  - Check room arrangement – can everyone see slides?
  - If not comfortable with presentation equipment, know the number of a support person to call if needed
- Practice presentation – use script, but use your own words - Be yourself!

Checklist - Present

- Have appropriate handouts and sign in sheets available
- Have participants sign in or out to document that they have been trained
- Set a professional, confident and positive tone
- Provide reassurance to decrease participant anxiety
- Be prepared for questions – if you can’t answer them, tell your participants that you’ll find the answer and get it to them.
- Enjoy connecting with your school staff!

After the Presentation

- Be available for questions
- Debrief with staff after any epinephrine administration by staff
- Follow up with your learners at least every 6 months to reinforce learning
  - Return demonstration
  - Again, know your state’s laws and regulations
THANK YOU FOR TAKING THE TIME TO LEARN TO TEACH YOUR SCHOOL STAFF TO GET TRAINED TO ADMINISTER AN EPINEPHRINE AUTO-INJECTOR IN AN EMERGENCY!