



FASNating News

FLORIDA ASSOCIATION OF SCHOOL NURSES

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FASN strives to improve the health and educational success of students and the school community by developing and providing leadership to advance school nursing practice.

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Why should YOU attend the FASN conference?

Martha Dewey Bergren, DNS, RN, NCSN, PHNA-BC
University of Illinois – Chicago College of Nursing
Naples, Florida

Invest in yourself by:

1. Expand your network and professional support system. Meet school nurses from all over Florida who have the same questions and dilemmas that you face. We work alone without peers to consult with or problem solve. The FASN Conference gives you two days to collect ideas and find out what strategies have worked in other schools.
2. Learn the latest trends and evidence-based practices. According to the School Nursing Scope and Standards of Practice, we are accountable for keeping our skills up to date, not our employers. In addition to reading your journals, attending your school nurse sub-specialty conferences is imperative for keeping your knowledge current.
3. Add to your toolkit. The FASN Leadership does a tremendous job of creating a stellar line-up of riveting content and engaging speakers. However, the vendors who attend also expand your resources. Non-profits and governmental agencies understand your role and value that you have access to children more than 180 days per year.
4. Showcase your best practices. FASN holds a poster presentation where you or your team can promote and innovative program, quality improvement or community partnership.
5. Strength in numbers. Attending the FASN annual conference builds your advocacy skills for promoting the role of school nurses in the health and education of Florida's school aged children.

Many school nurses sacrifice lunch, bathroom breaks, and conduct their prep time at home or after hours. To be valued by our administration, the parents and the students we serve, we need to value ourselves and invest in our own growth. Take advantage of the FASN annual conference this year and invest in you!!

JOIN US

Happy Winter
Holidays!



"Serving School Nurses Statewide"

www.FASN.net



President's Message

Janet Jones, MSN, RN, NCSN, AHN-BC
FASN President



PEACE & JOY
To You and Yours
This Holiday Season

It's December already and the holiday season is upon us. During our Thanksgiving break, I spent some time thinking about those things for which I am grateful. I was thankful that hurricane Dorian missed Florida and that our schools escaped damage, but my heart was heavy for our neighbors in the Bahamas. I now have Bahamian children in my schools and, along with the counselor I am doing all that I can to help them adjust. I was reminded as I thought about our latest refugees, that our students who arrived following the earthquake in Haiti have already gone on to High School and are doing really well. A testament to our support services and the resilience of youth!

As my term of office draws to an end and I move into the position of Past-President, I am so grateful to the FASN BOD, the Committee Chairs and FASN members for all the help and support they have given me. In truth, it has been a tumultuous two years. There have been three school shootings, one of them in my coun-

ty, and a multi victim accident at the NASN conference. Thomas Carlyle said "Adversity is the diamond dust heaven polishes its jewels with." Our students have shown what jewels they truly are, as have the two FASN board members who selflessly performed emergency care outside the NASN conference hotel until EMS arrived.

I am also thankful for all of you. You do make a difference in children's lives. Your skills and your caring are remembered by your students long after they have graduated. I am grateful for the time you take to maintain your specialist school nursing knowledge and your professional expertise. I hope many of you will be able to achieve some of your CEUs by attending the FASN 24th Annual Conference on February 7th and 8th, 2020. We have some great speakers and amazing vendors, and we are excited to also have poster presentations again thanks to our Research Chair, Katherine Burdge.

Happy Holidays

I wish you all wonderful holidays full of all that brings you joy.

Janet



Promote FASN—Like Us on Social Media



Join US in February in Orlando!

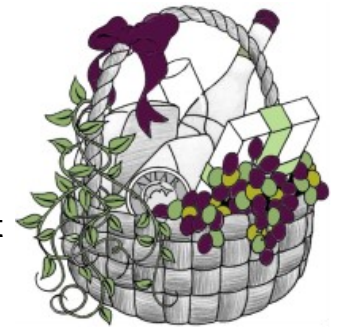
What are YOU doing in February??? Believe it or not, a visit to Orlando is just what is needed to blast away those mid-winter blahs!!! No—**not** the parks!!!

Come join your school nurse colleagues for **two days** of learning, **fun**, fellowship, **fun**, networking, **fun**, sharing, **fun**, skill-building, **fun**, equipment demonstrations, **fun**, accolades, **fun**, food, **fun**, shopping, **fun**, prizes, **fun**, and rejuvenation for the final three months of school!

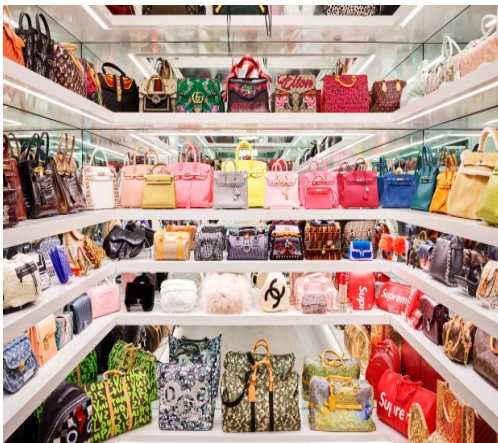
The **24th FASN Annual Conference** is again being held at the Florida Hotel and Conference Center at the Florida Mall in Orlando! This conference has it all and is **specifically designed by school nurses for school nurses!!!** Join us **February 7, 8, 2019** for two days of learning and sharing. If you can only squeeze in one day, **single day rates** are now available. Where else can you enjoy the camaraderie of your school nurse colleagues, earn at least 12 CE credits for license renewal, AND leave with a refreshed outlook? See YOU in Orlando in February! [Click here for all conference information.](#)

FASN members have a lot of fun at our conference and most don't go home empty-handed. Every dollar we raise in our Basket Raffle and Purses for Tropical Nurses goes towards payment of conference registration fees for school nurses who receive scholarships. Our 50/50 raffle proceeds support research in school health.

Awesome Baskets Available!!!! A great way to let everyone know more about your county is by putting a basket together to showcase your assets! Some baskets have county themes, movie themes, summer themes, exercise themes, relaxation themes, and many more! Everyone will find something they like, I'm sure of it! All you have to do to win is buy raffle tickets, put it by the basket you'd like to win....and VOILA! If your number is picked....YOU WIN!!!! I can't wait to see you there!



50/50 Raffle: Each day, throughout the conference we will be selling raffle tickets. When you purchase tickets, you will have a chance to win half the money that is raised each day! The other half of the proceeds goes to FASN to support school nursing research and scholarships. So, bring some cash, have some fun and you just might be a winner!! Each ticket costs \$1 and you can save when you buy 6 tickets for \$5.



We are excited to continue with our fabulous '**Purses for Nurses**', at our 2019 conference. New purses are donated by FASN board members, County Liaisons and Regional Representatives: You can then bid for your perfect purse via a silent auction. This is going to be our best year yet, as I heard there are some really cute purses in the pipeline. The funds generated from Purses for Nurses enable us to offer conference scholarships each year, so I hope you'll pass by our enticing display and join in the bidding.





FASN Director's Message

Lisa Kern, MSN, RN, NCSN
FASN Director

On behalf of FASN and the National Association of School Nurses (NASN), I'd like to extend best wishes for a safe and relaxing holiday break. Your unwavering support for students in need of mental and physical health care can have an enormous impact on your mind, body and spirit. Be sure to maintain a healthy relationship with yourself, so you can stay sharp, motivated and healthy! Please be sure to practice self-care as you care for others! Thanks for your expertise, passion and dedicated service in support of student health.

As I begin my fifth and absolutely last year representing Florida on the board of the NASN, my commitment to professional school nursing remains strong. My work on the NASN Executive Committee is over and I no longer chair the Advocacy and Membership Strategic Committee, but as your Director, I still attend monthly meetings and am honored to also be a member of the Professional Practice Document Advisory Committee. I am excited to work alongside NASN directors, staff and officers to advocate for the critical role of school nurses.


My work with NASN has taken me on a few adventures! Here's a great example: in the Spring of 2018, I traveled to the CDC in Atlanta to participate in a CDC/NASN Roundtable event. This resulted in the development of a White Paper released a year later "Translating Strategies into Actions to Improve Care Coordination for Students with Chronic Health Conditions", and an opportunity to record a podcast for NASN School Nurse Chat - Students with Chronic Health Conditions – The Importance of Parents and School Nurses Working Together. It was such a wonderful experience to discuss challenges and develop strategies for collaboration between parents and school nurses in support of students with chronic conditions. I hope you will read, listen and share these amazing resources that validate your work!

Locally, as a member of the recent State Surgeon General's School Health Ad Hoc Committee, I am excited to share that a report has been issued.

Recommendations include legislative appropriations to increase school health services and develop/implement a standardized data infrastructure for documentation, consolidation of school health funding into one revenue source, update our state Medicaid plan to align with federal policy, utilization of Title IV, Part A funding for school nursing allocations, use of telehealth in schools, and requiring districts to include the registered school nurse in mental health plans. If we are to make a difference in the lives of our students, school nurses must continue their advocacy work - have courageous conversations with school boards, district leaders, and local legislators, armed with county (or school) specific data. We know that one in four students in the U.S. may have a chronic health condition and here in Florida, our data tell us that this number may be greater. Students with chronic health conditions deserve access to a registered professional school nurse all day, every day to ensure health and safety.

The NASN board of directors representing states from across the nation will meet again in January in our nation's capital to review and approve revised position statements, celebrate successes, and finalize our new strategic plan for 2020-2023. During the NASN board of directors annual "trip to the hill", I'll have an opportunity to discuss the legislative priorities of NASN and Florida school nurses with our state legislators.

FASN believes that YOU are uniquely positioned to help your school community identify and develop creative ideas, supports and partnerships committed to improving student health and access to care. Together, we must make sure that stakeholders understand what school nurses do and how they can make a significant and sustainable contribution to students' academic success, and lifelong health.

We look forward to seeing all of you at the 24th Annual FASN Conference in February where you can learn more about your role as Essential Advocates for Safe and Supportive Schools! Please consider following me on Twitter @lkern12 

Lisa Kern

FASN 2020 General Election!

It's the time of year for FASN voting for the open board positions. We have 3 positions and three great candidates that the nominating committee is pleased to present to FASN membership. We are excited about each one and what they will contribute to the organization. Meet the candidates below!

That being said, with only one candidate for each position running un-opposed, you may think it's not important to vote. While it may not change the outcome, it would be much appreciated by the Board of Directors and the candidates as an indication of interest and participation by the FASN membership. Please show your support for your organization and VOTE!!

Nancy Carrera BSN RN
FASN Nominating Committee Chairperson



Meet the Candidates



President Elect

Katherine D. Burdge RN, MSN, CSN-NJ

Katherine Burdge is school nurse for the 8th largest school district in the United States. She received her MSN in Leadership in Healthcare Systems from Jacksonville University, in December of 2018. Katherine has been in school nursing for over 18 years. Her school nurse certificate was acquired through Rutgers University in 2006. In 2001, she earned her BSN at Villanova University.

In 2013, Katherine was a Johnson & Johnson School Health Leadership Fellow. She has given numerous presentations to a myriad of interest groups, has held a variety of leadership position, and helped develop several health programs throughout her nursing career.



Treasurer

Mandi Brown, BSN, RN

Mandi Brown has been an RN for 15 years, starting in adult critical care and then transitioned to school nursing in 2011. She has worked in schools across all age groups, from Pre-K - 12th, and is currently working at West Orange HS (OCPS). Mandi is certified in mental health first aid and has served in roles including homeless student representative, crisis response team, at-risk mentor, and education and policies committees. She earned a Bachelor's in Biology from University of Miami and a Bachelor's in Nursing from University of Texas Health Science Center San Antonio. Mandi is married with five children ranging in age from 13 to 18.

[Click Here to Vote!](#)



NASN Affiliate Director

Marcy Lynn Burnes BSN, RN

Marcy Burnes BSN, RN has been a School Nurse with the School District of Lee County for nine years. Marcy spent the first ten years of her nursing career as a Burn Nurse at the University of North Carolina Jaycee Burn Center. She received her Bachelor of Science in Nursing from the University of Cincinnati. Marcy has volunteered with FASN since 2006, served on FASN's Board and has been the FASN Conference Co-Chair for the last fourteen years organizing the speakers at FASN's Annual Conference. She was named School Nurse of the Year for Lee County in 16/17. She loves being a School Nurse and loves FASN. If elected Affiliate Director, Marcy plans to promote Empowerment following the vision, mission and goals set forth by NASN/FASN career.



End Notes



Join the FASN Website!

If you haven't joined the FASN Website already, please take a few moments and join as a follower. By joining you will receive announcements, event invites, group communications and access to the members' only areas.

The steps are easy:

- Go to the FASN website: FASN.net
- Click the "sign up" icon at the upper right hand corner of the screen
- Enter the *required ID information
- Create a password
- Click create your account

You are now ready to start receiving e-mail updates and stay connected with FASN!

**REFER
a
FRIEND!**

And Watch Us Grow!

Refer a friend for FASN membership.

It's an easy way to earn \$10 in e-commerce credit.

You can use your Refer a Friend credit to help decrease your own membership fee!



Board of Directors

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President Elect
Special Member
Treasurer
Recording Secretary
Membership Secretary
Affiliate Director

Janet Jones
Kathy Browning
Marcy Burnes
Nancy Mooney
Wally Colon
Mellissa Wallace
Lisa Kern

Committee Chairs

Advocacy
Awards
Communication
Education
Finance
Nominating
Research
Scholarship

Kathy Browning and Lisa Kern
Karen McCormack
Karen Bodwell
Marcy Burnes and Janie Sailors
Nancy Mooney
Nancy Carrera
Katherine Burdge
Nancy Mooney

