

Rogers Behavioral Health: An overview of services

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About Rogers: Who We Are

- Established in 1907 as Rogers Memorial Hospital, Rogers is an internationally recognized, not-for-profit psychiatric and addiction treatment provider.
- Joint Commission accredited.
- Evidence-based models of care delivered by multidisciplinary teams that include psychiatrists, psychologists, therapists, behavioral specialists and nurses.
- Offer continuum of care, right intensity of care at the right time:
 - Inpatient hospitalization
 - Residential care
 - Partial hospitalization
 - Intensive outpatient

Rogers Behavioral Health Quick Facts

3 inpatient hospitals

14 residential programs

20 outpatient centers

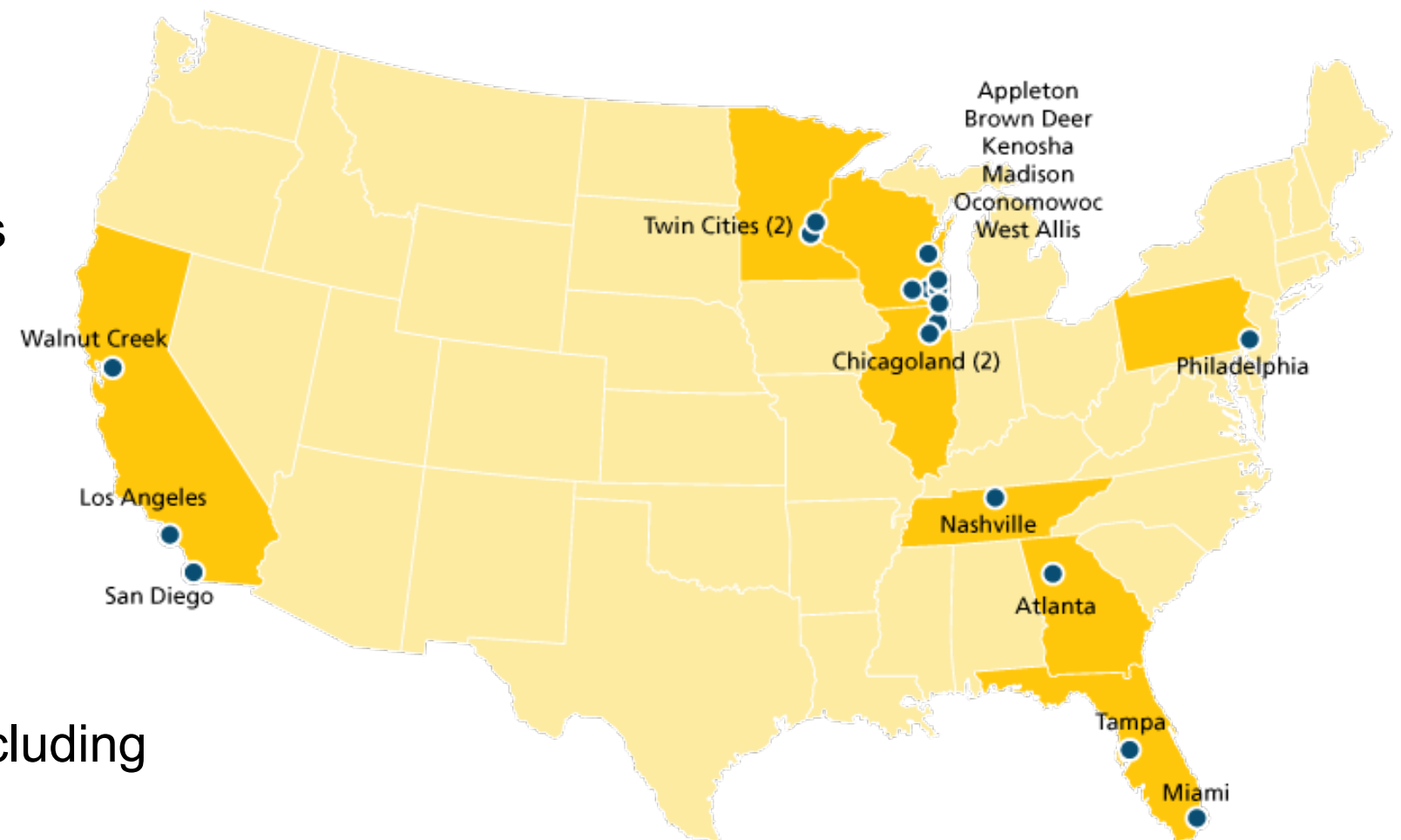
40+ unique partial hospitalization
and intensive outpatient programs



2,445+ employees

160+ medical staff including

90+ psychiatrists





Rogers Miami Clinic



About Rogers Care

- **Internationally recognized for highly effective specialty programming and treatment.**
 - Eating disorders, obsessive-compulsive disorder, anxiety disorders, mood disorders, trauma, depression, and addiction.
 - Collaboration and coordination across specialties to treat comorbid, complex, and treatment-resistant patients.
 - Led by experts who provide high quality psychiatric care utilizing scientifically validated, evidence-based interventions.
- Intensive, multimodal treatment in structured therapeutic settings under the supervision of board-certified psychiatrists.
- Individualized treatment plans and length of stay are flexed to accommodate fluctuations and shifts in response and comorbidities.

Specialty Diagnosis specific programming in Tampa and Miami (Miami treatment in English & Spanish)

- OCD/Anxiety- Children, Adolescents, Adults (Tampa and Miami)
- Anxiety/Depression in ASD- 6-17 (Tampa)
- Depression/Mood Disorders- Adolescents, Adults (Tampa and Miami)
- Eating Disorders- ages 8-17, Adults (Tampa)
- Addictions with Co-Occurring Mental Health 12-17, Adults (Tampa)
- Trauma/PTSD Adults (Tampa)
- Contact: www.rogersbh.org/tampa www.rogersbh.org/miami

Tampa: Jillian Grulich- jillian.Grulich@rogersbh.org 813-459-4967

Miami: Sarah Norfleet- sarah.norfleet@rogersbh.org 305-397-9373

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Continuum of Care- How to determine what level of care a patient needs. Importance of Clinical Pathway from one level to the next

- Inpatient Hospital
- Residential
- Partial Hospital
- Intensive Outpatient

Treatment Components

- Psychiatric assessment and medication management
- Individual, group, and family therapy
- Cognitive behavioral therapy (CBT)
 - Behavioral activation (BA)
 - Exposure and response prevention (ERP)
 - Prolonged exposure (PE)
- Dialectical behavior therapy (DBT)
- Motivational interviewing
- 12-step facilitation
- Experiential therapy
- Patient and family education

Measuring Treatment Outcomes

- 314,238 annual patient days
- 22,325 admissions a year
- 1302 average number of patient treated per day
- 1 million patient self assessments a year
- 20 years of data from 30,000 patients

Outcome Measures/Tools

Yale Brown OCD Scale- YBOCS

Quick Inventory of Depressive Symptoms- QUIDS

Quality of Life Enjoyment and Satisfaction- Q-Les-Q

Eating Disorder Exam Questionnaire-EDE-Q

PTSD checklist- PCLV

Difficulty in Emotional Scale-Strategies- DERS

Promisd

Treatment that works

91 % of patients across the Rogers system are improved at the time of discharge, according to the CGI score, the clinician-rated assessment of patient severity upon admissions and assessment of improvement at time of discharge

Strategic priorities: clinical effectiveness, patient experience, healthy culture, community outreach, financial effectiveness

Rogers Behavioral Health -Miami

- Rogers in Miami opened in November 2019.
- Multi-disciplinary team including 2 Psychiatrists, Masters level clinicians, PhD Clinical leadership
- Treatment offered in Spanish or English- fully Spanish speaking treatment providers
- In network with most private insurances

Child, Adolescent and Adult Services- Telehealth with few exceptions

- **Partial hospitalization care (PHP)** - 30 hours a week
- **Intensive outpatient care (IOP)** - 15 hours a week
- **Program options:**
 - OCD and Anxiety
 - Children ages 6 to 11, Adults
 - Teens ages 12 to 17, Adults
 - Depression Recovery
 - Teens ages 12 to 17, Adults

How do I refer?

For Patients to contact us: (305)969-0600

- Admission begins with a free screening
 - Phone screening takes about 45 minutes, longer with more complexity
 - Medical staff reviews the screening to make a program recommendation
 - Admission staff contacts patient/family and proceeds with process
 - **For expedited admit for trusted providers: Sarah Norfleet 305-397-9373**

Medical Careers at Rogers BH

At Rogers, you have the time to make a difference. We highly value quality care and the time it takes to build and nurture the patient/physician relationship. As part of our team, you will work with other physicians as well as a multidisciplinary team dedicated to the treatment of behavioral health patients.

Rogers offers a highly competitive salary and benefits plan, including flexible time off for vacation and CME requirements. Our physicians benefit from an equitable call schedule and a supportive team of Psychiatric colleagues.

<https://rogersbh.org/referral-partners/medical-staff-recruitment>

Contact: Sarah Norfleet- 305-397-9373 sarah.norfleet@rogersbh.org

Questions?

Contact:

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National Outreach Representative
305-397-9373

Miami Clinic- 305-929-0600

Call or visit:

800-767-4411

rogersbh.org

