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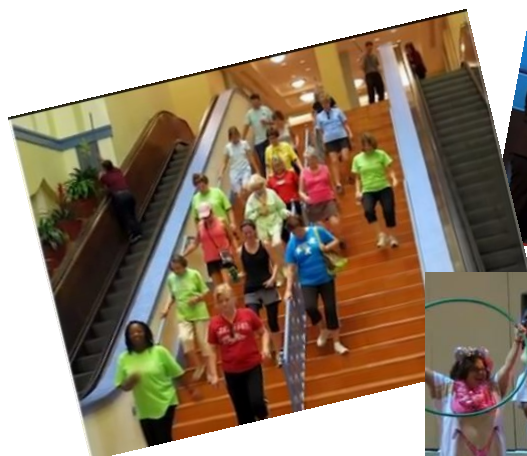
OF SCHOOL NURSES

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# FASNating News

*FASN strives to improve the health and educational success of students and the school community by developing and providing leadership to advance school nursing practice.*



**"Serving School Nurses Statewide"**

**[www.FASN.net](http://www.FASN.net)**



## President's Message

FASN is the voice of school nursing statewide and leads the way in forging a positive school nursing image. However, every school nurse has the power to influence our professional image!

As I reflect on 2013 and look forward to all of the great things we will accomplish in 2014, it is my hope that your New Year's resolution includes a continued commitment or new commitment to FASN! I look forward to 2014 as I step down in February as FASN President and begin my role as Past Presi-

dent. I have been privileged to work with many truly remarkable women. As Past President, I will continue to advance the image of school nursing and serve as a mentor to our incoming president.

As we prepare for our 18th Annual Conference with the theme "School Nurses: Promoting Health and Academic Success", I would like to extend a special thank you to our Communication and Education committees for their excellent and painstaking service! They have arranged many wonderful speakers. The topics represent several of the "hot button" issues occurring on the state and national levels such as the use of Epi-nephrine in school settings, Meningitis outbreaks, and affordable health care.

Topics such as asthma management, mandatory child abuse reporting requirements, dermatology assessment and eye health are designed to strengthen

knowledge and skills needed for day-to-day school nursing practice.

The annual FASN conference inspires and reenergizes us! Take a moment to read through the articles written by former scholarship winners in this newsletter. For some, it was the first opportunity to publish while others make regular contributions to the newsletter.

The conference is an opportunity to meet and network with school nurses from all over the state. Your board of directors has worked hard to provide a quality, affordable conference for you to enjoy. We would like to get to know all of you and explore ways you can become more active with your professional organization.

Let this be a special year for us all!

Sincerely,

**Shirley Gordon PhD, RN, NCSN**  
FASN President



## School Nurse of the Year

**Are you our next FASN School Nurse of the Year?**  
**Shelley Bumm, RN, BSN, NCSN**

Within all of us as School Nurses, there is a greatness that sets us apart from our colleagues, makes us shine if you will. It's who we are and why we do what we do daily for our students, staff and school campuses. For each of us there is that uniqueness and strength that drives us to excel. It might be our ability to assess and triage and implement that outcome, to self-evaluate and grow professionally, to educate our students and staff, to collaborate and communicate within our communities. It can be all of these and more! Florida is looking for the 2014 School Nurse of the Year! The purpose of the School

Nurse of the year is to recognize the contributions of School Nurses by focusing on one School Nurse who has demonstrated excellence in School Nursing Practice and Leadership in School Health. The standards are high and are based on criteria adapted by the National Association of School Nurses. A full explanation of the selection criteria may be accessed via F A S N w e b s i t e : [fasn.nursingnetwork.com](http://fasn.nursingnetwork.com) under the School Nurse of the Year tab on the left side. While lengthy and at times wordy, please do not let this deter you from applying. You are also able to nominate a

colleague or other school nurse in the state who you feel is a candidate. We are constantly evolving our School Nurse practice and from growth come greatness. We know that Florida has some awesome school nurses that have been doing an outstanding job. This is what we are looking for in our next School Nurse of the year! It might just be you!

Please send completed application packets to **Florida Association of School Nurse**  
**Attention: Shelley Bumm, 2273 Dover**  
**Ave Fort Myers, FL 33907**

Completed packets must arrive by January 31, 2014



## 2013 NASN Conference Reflections

By Fran Oppedisano RN BSN

The 2013 NASN Conference was only the second national conference that I have attended in my nine years as a school nurse. The educational offerings were superb and the number of topics covered was unbelievable. I purchased the conference syllabus which was well worth the \$25 cost. Powerpoint presentations on all the conference sessions were available in this publication so even if you had scheduling conflicts you had the information available to read at your leisure.

The topics I learned the most from were technology based. The school I work at is very technology savvy and I felt I needed to bring myself up to speed.

“What’s APPropriate?!?: Integrating iPads and Tablets into the School Health Office” by Lori S. Anderson PhD, RN, APRN, BS discussed the pros and cons of tablets, the use of “apps” and how to determine if an app is appropriate for school health use. The author who is affiliated with the University of

Wisconsin also discussed the eSchoolCare Project. Developed by UW-Madison School of Nursing with a 3 year grant, the goal of the eSchool Care app is to improve health and educational outcomes of children with chronic conditions. As someone who is just learning to use a tablet and have yet to download any apps. I found this topic helped to make the learning process less intimidating. Informatics: More Than Just an EHR (Electronic Health Record) presented by Sharon K Guthrie, PHD, ARNP, CPNP, NCSN, RN-BC, gave an overview of the basic concepts used in nursing informatics. The author also describes basic nursing informatics competencies as they relate to school nursing practice. I learned that nursing informatics involves computer literacy, information literacy, and information management literacy. Today’s school nurse needs to have computer knowledge and skills to access current professional literature and evaluate and use

EHR (electronic health records). Information Literacy involves being able to determine the extent of information needed, access the information, evaluate the information, and use the information effectively. Information Management Literacy means you understand the key features of a HIS (health information system), understand the ethics, rules, and regulations, and understand the confidentiality, security and access control when using HIS. This 4 day conference allowed me to obtain 21 contact hours, network with school nurses from across the country, and renew my enthusiasm for school nursing. I



### *What’s APPropriate? Integrating iPads and Tablets into the School Health Office*

### **National Association of School Nurses 46th Annual Conference**

- Come for the Education
- Stay for the Motivation
- Leave with the Inspiration

**June 28-July 1, 2014**

**San Antonio Marriott Rivercenter  
San Antonio, Texas**



## 2013-14 Third Grade Oral Health Screening Project

Tami J. Miller, RDH, BS – Executive Director, Florida Dental Hygiene Association

The 2013-14 Third Grade Oral Health Screening Project is the first statewide oral health surveillance conducted in Florida. Through a collaborative partnership with the Florida Dental Hygiene Association (FDHA), The Department of Education (DOE), The Association of State and Territorial Dental Directors (ASTDD), DentaQuest, the College of Dentistry at the University of Florida, and the Public Health Dental Program at the Florida Department of Health, this survey will help obtain **regional and statewide** estimates of oral health status in Florida's children. This data collection will assist Florida in planning future preventive dental health programs. A healthy mouth is part of total health and wellness and makes a child more ready to learn. Oral disease becomes evident in school-age children with an increase in absenteeism, lack of concentration, fatigue, inability to eat, decreased school performance, and poor

social relationships. Tooth decay is the most common chronic disease of childhood. It is five times more common than asthma. U.S. school children miss a total of 1.6 million days of school (3 days for every 100 students) because of acute dental disease.

Registered Dental Hygienists trained in the Association of State and Territorial Dental Directors (ASTDD) surveillance tool, Dental Basic Screening Survey (BSS) are conducting the oral health screenings in 41 schools within 19 counties. This stratified, random, scientific sampling was provided by the ASTDD as a statistically valid sampling to be representative of the entire state of Florida. The non-invasive oral health screening notes the presence of cavities, fillings, sealants and estimates treatment urgency. This screening is not intended to take the place of regular dental check-ups. The dental hygienists follow procedures to prevent the spread of disease as set by

the Centers for Disease Control and Prevention (CDC) for this type of oral health screening. Dental gloves are worn, and the dental hygienists use a disposable mirror for each child, which will be thrown away after each screening. Results of the child's screening will be recorded with those of the other third grade children being screened, but the child will not be personally identified in any reports.

Children identified as requiring follow-up care will be referred to local dental service providers and all children screened will receive dental kits to take home with them.

We appreciate and could not have accomplished this project without the Florida Department of Health and the cooperation and assistance of the individual schools that are participating in the Third Grade Oral Health Screening Project!



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## The Affordable Care Act and Children's Dental Benefits

Janet M. Jones RN MSN NCSN

Children's dental services are one of the ten essential health benefits (EHB) that small group insurance plans must provide. According to the PEW Center on the States an additional 5.3 million children are estimated to get dental coverage as a result of the Affordable Care Act (ACA). Approximately one-third will

get Medicaid dental coverage, and two thirds will get coverage through health insurance exchanges and employer-sponsored plans.

While this reduces the number of children without dental coverage by around 55%, it does not apply to all children. The EHB package is the minimum that has to be offered through Insurance Exchanges,

small employer plans and individually purchased plans; however, although it is mandatory for employees in larger companies to purchase health insurance for their children, if dental care is not covered by the employer's medical plan, there is no requirement for parents to purchase separate dental coverage. It appears that this is also possibility

with federally-managed Insurance Exchanges which have to offer dental coverage, but lack a federal mandate to enforce the purchase of stand-alone plans. Unfortunately, the cost of stand-alone coverage won't count toward the medical out-of-pocket limit or the premium tax credits so this may deter parents from buying a dental policy.

# Camp Boggy Creek Receives Award from the National Association of School Nurses



Eustis, FL- (July 26, 2013) The National Association of School Nurses (NASN) recently held their annual conference in Orlando. Camp Boggy Creek was nominated by the Florida Association of School Nurses to receive NASN's "Community Give-Back" Award. In addition to recognizing Camp Boggy Creek with this honor, a donation of \$1,000 was given to help continue the Camp's mission of serving children with serious illnesses.

Kathleen Rose, RN, MHA, NCSN and NASN Director, remarked during the awards ceremony "At Camp Boggy Creek, children from all over Florida can spend time with others who are experiencing a similar illness. It's so important that they share with others and make friends so they don't feel alone. We're very fortunate to have a camp such as Boggy Creek for children in Florida".

The Florida Association of School Nurses (FASN) supports Camp Boggy by serving as volunteers at camp and providing awareness of camp programs. School Nurses are an important link as they inter-

face with students (Elementary - High School), parents, teachers and the medical clinics in their respective communities. Throughout Florida, school nurses are involved with a variety of medical conditions, including students with Epilepsy, Diabetes, Heart conditions, Hemophilia, Sickle Cell, and Cancer just to name a few diagnoses that are appropriate for Camp Boggy Creek's camping programs.

June Clark, President and CEO of Camp Boggy Creek stated, "We are thrilled to be honored with this award and commend the National Association of School Nurses for their dedication and commitment to give back to organizations such as Camp Boggy Creek and the children we serve".

## About Camp Boggy Creek

Founded in 1996, Camp Boggy Creek is a year-round medical camp for children with serious illnesses. Co-founded by actor/philanthropist Paul Newman and General H. Norman Schwarzkopf, the camp offers week-long summer sessions and family retreat weekends at no charge to the children or families. Located in

Eustis, Florida, the 232-acre nonprofit serves children ages 7-16 that have been diagnosed with chronic or life-threatening conditions. The camp is entirely funded by generous donations from individuals, corporations, foundations and healthcare partners. Camp Boggy Creek is a proud member of SeriousFun Children's Network.

Learn more by visiting

[campboggycreek.org](http://campboggycreek.org).



a seriousfun camp  
founded by paul newman



## Director's Report Kathleen C. Rose, RN MHA-N, NCSN Florida's Director to the National Association of School Nurses



School Nursing is ever changing and expanding. The Affordable Care Act (ACA) will result in even greater transformations in the practice of school nursing. The massive unemployment and random, but deadly, acts of violence, have found school nurses spending more and more of their time with mental health issues. A recent study done in Massachusetts shows school nurses spending 32% of their day on mental health issues.

Increasing numbers of students with asthma, food allergies, diabetes, seizures and other chronic conditions are attending our schools. The preemies we save in our NICU's are entering school, most with multiple health problems. The federal government advocates for the least restrictive environment for all students. No longer are students with medical conditions bussed to a "special school." We are seeing them in our "regular" schools. Meanwhile, districts are cutting nurses and we are stretched to the limit trying to care for these students and fighting the stereotypical picture of the school nurse: putting on bandaids and calling moms for tummy aches. All of this leaves many nurses with little time to care for themselves: physically, mentally and emotionally.

NASN listens to its State Directors, reads the research and responds to the concerns of the membership and the

public. NASN's vision is to lead the transformation of school health by advancing our school nurse practice to keep students healthy, safe and ready to learn. The NASN Board of Directors has been working on five strategic priorities to maintain a sound national organization that is responsive to the needs of school nurses.

These priorities include:

### **Membership**

Continue to grow and maintain our membership. To offer products and programs (educational and leadership development) that members want.

### **Advocacy**

Influence stakeholders (parents, public partnerships and legislators) to support school nursing

Identify and expand funding models for school nursing practice to help improve school nurse ratios

To develop the Healthier School Nurse project

### **Financial Stability**

The NASN operating budget will be supported totally by NASN internal activities.

Expand the business model to provide new opportunities for growth in revenue.

### **Research**

Develop a national database system for school nursing to communicate evidence-based indicators of school nursing effectiveness.

Define the school nurse workforce.

Develop strategic research projects.

### **Governance**

The Board will fully function in their legal, moral and ethical governance roles. NASN will provide systematic Board development and establish a framework for succession planning.

Although I actively participate in Board discussions and decisions from each of these Strategic Committees, I serve on the Advocacy and Public Relations subcommittee. Our next face-to-face Board meeting is January 25-28, 2014.



### **NASN Board of Directors**

The NASN Board of Directors is composed of four elected officers and 50 members or directors representing each one of NASN's affiliates or chapters where NASN has affiliates in 48 states, the District of Columbia and the Overseas School Health Nurses Association. In addition to this governing body, NASN has an Executive Board composed of our four elected officers, two directors elected by and from the board, and two directors appointed by the president. The Board of Directors meets in January each year and holds an Annual Meeting each summer. Between board meetings, the Executive Committee meets on a monthly basis.



## Field Trip Medications: The Role of the School Nurse

### Kathleen C. Rose, RN MHA-N, NCSN

Whether it is a trip to the Mud Flats in southwestern Florida or a trip to Tallahassee to see the Legislature in action, schools use field trips to enhance their students' educational experiences. These field trips are covered by Federal Law, specifically, the Americans with Disabilities Act (ADA.) This means we cannot prohibit a student from attending just because they have a medical condition, nor can we require a parent to attend to care for their child.

Furthermore, whether it is a public, private or charter school, they must still abide by the state school health laws and rules, the Nurse Practice Act (NPA) as well as the federal law. Some key things to remember include:

- Only RN's or higher can train others to administer medications;
- Those trained may not sub-delegate medication administration to another person - not even another nurse.

Only the following medications may be carried by a student: asthma inhalers, epinephrine auto injectors, pancreatic enzymes and diabetic supplies, including insulin. Notes from parents or doctors do not supersede state law.

Things become even more complex if the field trip is out-of-state. Not only must the school nurse follow her own state's school health laws and NPA, but she must also follow the laws of the state they pass through as well as the state they are visiting. Some states do not allow unlicensed assistive personnel (UAPs) to administer medications, even if properly trained.

All states require permission for a nurse licensed in one state to practice in their state. For many, it is as simple as notifying the State Board of Nursing that you will be in their state. Other states, have time limits on how many days you can practice nursing with your current license, other states attach fees to the permission. Failure to obtain that permission can result in a legal dilemma in both states: since it may constitute practicing medi-

cine/nursing without a license. Some schools decide to hire a nurse licensed in the state they are visiting to stay with their group.

As NASN addressed this issue, many school nurses became aware for the first time of their liability. Even FASN has received questions from out-of-state nurses who are travelling with groups to Florida and want to be sure they can care for their students. NASN has published a position statement (PS) on "Field Trips: The School Nurse's Role" that covers this topic ([www.NASN.org](http://www.NASN.org)) At the end of the PS are references which school nurses can use in addition to the PS, itself, when discussing this topic with school administration. An excellent reference for looking at state by state regulations is: <http://education.ky.gov/districts/shs/pages/field-trips-and-medication-administration.aspx> Field trips can be educational and fun. As school nurses, our job is to keep students safe, healthy and ready to learn. We want to do this without increasing liability to the school district or ourselves.

## Using Position Documents in Your School Nursing Practice

### Kathleen C. Rose, RN MHA-N, NCSN

As school nurses, we are guests in the educational system. Probably one of the most important guests present in the school system, but guests, nevertheless. The purpose of schools is to educate our students. Schools want to do this as safely as possible, reducing their liability as much as possible, too. The federal government has made a tremendous push to assure that those things done in a school district are evidence-based. Very few, if any, decisions are made because "it sounds like the right thing to do."

When we are asked to define and support our role in providing school health services, defining our job and what we provide in an educational context is very helpful. Then we are speaking their "language." It becomes even more helpful if we can show the district research which

supports our position. The Position Documents from NASN do just that.

NASN regularly reviews current position documents, has retired some and has developed others. These documents are short, research-based positions on multiple topics. They can form a solid foundation for your nursing practice: the "why we do what we do." After a position document or position statement (PS) is written, it is reviewed by the content experts at NASN. (Our very own Shirley Schantz of Florida is one of them!) Then it goes out to every member of the NASN Board for review. The reviews are presented anonymously to the writers for their review and implementation. It then goes back to the content experts, is reviewed by the legal team and finally, is brought to the entire Board for a vote. Some position documents are developed into articles for the NASN School

Nurse. Others provide an impetus for a research project. Most are used by school nurses and school nurse administrators to assist them in explaining and defending to the non-medical community our role as the health professional in the school.

As a school nurse, do you know what our national position is on the mental health of students, school-based vaccination clinics or concussions? Do you need support for emergency supplies in the school setting? These documents can help. Currently, NASN has 36 position statements. Check out a position document today! Go to:

<http://www.nasn.org/PolicyAdvocacy/PositionPapersandReports/NASNPositionStatements>

All are printer friendly and most are less than 5 pages long, including references.

# **FASN 18th Annual Conference**

## ***February 21 & 22, 2014***

### **The Christine E. Lynn College of Nursing**

### **FLORIDA ATLANTIC UNIVERSITY**



### **“School Nurses: Promoting Health and Academic Success”**

This year's conference will enable School Nurses to obtain knowledge and skills in current issues that are impacting school nursing practice. Our conference presenters are skilled specialists in their respective fields.

Share time with your school nurse colleagues and join together as we continue to move forward in School Nursing Practice in Florida. Up to 8.0 contact hours, plus 3 additional pre-conference hours will be given to nurses completing attendance requirements. Contact hours are provided through the Florida Department of Health in Polk County, Florida Board of Nursing Approved Provider Number – NCE2832.

Registration and Accommodation Information may be found on the FASN website:

<https://fasn.nursingnetwork.com/>

Or registration may be sent by mail using the form in the Conference Brochure attached.

***Registration Deadline February 14, 2014***



## PURSES FOR NURSES IN THE TROPICS



An inaugural fund raising event at the  
**FASN 18th Annual Conference**  
for  
**FASN Scholarships**  
**Join the Fun:**

**Donate a *New* Purse, Wallet, Beach Bag**  
**Bid on the One you Like**  
**Go Home with It on Your Arm**

For more information contact: Charlotte Barry [cbarry@fau.edu](mailto:cbarry@fau.edu)

**Join the Fun:**  
**Donate a Basket from your Region, School, De-**  
**partment, Family or Friends**  
**Take a chance on a Basket**  
**&**  
**Take Home a Basket Full of Goodies**

**For more information contact: Gail Hartshorne@gailmhart@aol.com**