

OOPS! EMERGENCY CONTRACEPTION: BIRTH CONTROL THAT WORKS *AFTER* SEX

Types of emergency contraception



ParaGard IUD

How well does it work?

Almost
100%
effective



How soon do I have to use it?

Within **5** days

How do I use it?

It's placed in the uterus by a doctor or nurse



Keeps working as super effective birth control.

Where can I get it?

From a doctor, nurse, or at a clinic



Say it's for EC so you are scheduled quickly.



Ella



Less effective if over 195 pounds. Try an IUD.

ASAP



Works better the sooner you take it, up to 5 days.

Take the pill as soon as you get it



Remember to use it every time you have unprotected sex.

From a doctor, nurse, or at a clinic



Get an extra pack for future emergencies.



Plan B One-Step or a generic



Less effective if over 165 pounds. Try ella or an IUD.

ASAP



Works better the sooner you take it, up to 3 days.

Take the pill as soon as you get it



Remember to use it every time you have unprotected sex.

At a pharmacy, no prescription needed



Get an extra pack for future emergencies.