

Caring for Children Together



NAPNAP-LA

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2012-2013 NAPNAP-LA President's Welcome

Patty Quan, CPNP, NAPNAP-LA President



Patty Quan, CPNP
NAPNAP-LA President
2012-2013

It is with great enthusiasm that I welcome a new year for NAPNAP-LA. This past year has been one of many accomplishments for our chapter. Your board worked very hard finalizing and approving a new strategic plan, which can be found on our website lanapnap.org. Please visit the website and see the plan for complete details.

In 2012-2013, NAPNAP-LA plans to continue providing a multitude of educational and professional development opportunities for our members. This includes regional educational dinners and our annual conference, in conjunction with Children's Hospital Los Angeles. We will be keeping our members up to date on clinical issues and matters regarding scope

of practice through our quarterly newsletter and website. Our Legislative Chair will update members on local, state and national legislation via the website's Legislative Tracker. NAPNAP-LA's Community Outreach Committee will be working hard on a variety of new community-related activities.

I would like to welcome our new board members: Terri Kyle, Secretary; Amy Goodier, Community Outreach; Holly Parker, Membership Co-Chair; and Kristi Westphal, who will be joining the Programs Committee. (Please visit the website for a complete listing of NAPNAP-LA Board members.)

I am very excited and honored to be a part of this organization, and look forward to all that 2012-2013 has in store for us. May we all continue to grow in our knowledge, skills, and the impact we have on the health of children in our community. My hope is that NAPNAP-LA will continue to facilitate that kind of growth for each of its members!

NAPNAP-LA Chapter recognized by NAPNAP National



Left to Right: Joana Duran, Past-President; Patty Quan, President; Lynn Messenger, Professional Development

NAPNAP-LA received a chapter recognition award for outstanding achievement in 2011-2012.

NAPNAP National cited the LA Chapter's **strategic planning** process when bestowing the award. NAPNAP-LA's strategic plan will guide our organi-

zation toward the **fulfillment of our mission** and the **realization of our vision**.

Congratulations, NAPNAP-LA!

Exciting year ahead for LA chapter:

- Strategic Plan Unfolds
- Regional Dinner Lectures Planned
- Website Updates Continue
- NAPNAP-LA partners with CHLA for Annual Conference

End-of-Year NAPNAP-LA Celebration a Smashing Success

NAPNAP-LA's "End of Year" Celebration was held Saturday, June 23rd, 2012 at Il Fornaio Restaurant in Manhattan Beach.

NAPNAP-LA's annual gathering is intended to recognize and celebrate the accomplishments of our professional organization during the past year; to honor our outstanding NAPNAP-LA Scholarship recipients; to acknowledge the excellence of all of the scholarship candidates and thank them for

their participation in the scholarship application process; and to welcome the 2012-2013 NAPNAP-LA Board.

This year's gathering allowed attendees to look back at our professional organization's many achievements during 2011-2012, as well as to look forward to another year of working together with our members to improve the quality of health care for infants, children, adolescents

and their families in the greater Los Angeles Community. By working together NAPNAP-LA has accomplished far greater things for our patients, our colleagues, our agencies and our communities than we could have achieved as isolated professionals.

Thanks to the 2011-2012 NAPNAP-LA Board and membership for all that you do, and all that you have done to continue to meet the needs of our organization, its members and the children and families whom we serve!

Pictured Left to Right: (Back Row) Leslie Larsen, Amy Goodier, Lynn Messenger, Joana Duran, Demetra Bastas, Catherine Goodhue; (Front Row) Patty Quan, Liza Jia, Veronica Torres, Nancy McNeill.



NAPNAP-LA awards 2012 scholarship to Julie Calabro, RN

"We make a living by what we get; we make a life by what we give."

Winston Churchill

Julie Calabro, RN, was the recipient of the 2012 NAPNAP-LA Scholarship. Julie is a NICU nurse at Miller Children's Hospital in Long Beach, California. She is passionate about her job as she cares for the most vulnerable premature infants and their families. Julie is currently enrolled in a PNP program at Cal State Long Beach and is working on her Master's thesis. Julie plans to apply

her scholarship funds toward her thesis editor. **Congratulations and much continued success, Julie!**

This year the Scholarship Committee will continue presentations to graduate NP students re: NAPNAP-LA and the benefits of membership in our professional organization. In addition, Nancy McNeill and Lily Grybauskas, Scholarship Co-Chairs, want to encourage

NP students to apply for the available NAPNAP-LA scholarships. The Scholarship Committee will update the membership-at-large via the website and quarterly newsletters, as well as a poster presentation at the regional conference.

Newcomer to NAPNAP-LA appointed Community Outreach Chair

Amy Goodier has been a PNP since 2005, graduating from the University of Oklahoma. In May 2012, Amy earned her DNP from the University of Colorado. Before accepting the NAPNAP-LA Community Outreach Chairmanship, Amy was the Website Chair and 2011-2013 President-Elect for the Colorado Rocky Mountain NAPNAP chapter.

Amy recently was appointed Nursing Director of the

Painted Turtle Camp in Lake Hughes, California, located one hour NE of Los Angeles.

Her interests include helping the less fortunate. Amy helped start the Dream Centers of Colorado Springs, a free clinic for women. She has also been on nine short-term medical mission trips throughout the world. Amy's ideas for community outreach are working with free or low-income clinics in

the LA area to provide volunteer PNP's; working as a chapter with CHLA community events such as a blood donation drive; and gathering support for the Painted Turtle "Camp Challenge Ride" on September 8th, 2012 and the LA Marathon & LA 5K on March 16 & 17th, 2013.

www.thepaintedturtle.org

Welcome, Amy!



Amy Goodier, RN, CPNP, DNP, Community Outreach Chair

Legislative Update

Demetra Bastas, CFNP, Legislative Chair

Welcome to the start of another year with NAPNAP! With elections around the corner, the voice of the nurse practitioner must now be stronger than ever. Plato wrote **“One of the penalties for refusing to participate in politics is that you end being governed by your inferiors.”** Join the voices of your colleagues to make the needs of NPs heard. Only this way can we continue to deliver amazing care to the children and families whom we serve.

The purpose of NAPNAP-LA’s Legislative Committee is four-fold: **1)** To communicate important information about local and national legislation affecting children’s health and NP scope of practice. **2)** To evaluate proposed federal, state, and local legislation and advise the Board and Chapter membership. **3)** To increase visibility of

legislative matters for members. **4)** To research, initiate, or participate in the writing of bills and creation of legislative initiatives or advocacy as appropriate.

I decided for this newsletter to share with you a campaign by the American College of Nurse Practitioners (ANCP), whose mission is *“to ensure a solid policy and regulatory foundation that enables Nurse Practitioners to continue providing accessible, high quality healthcare to the nation”*.

Q: Do you know that there are 125,000 Solutions to the Primary Care Shortage?

A: Yes, Nurse Practitioners

Dear President Obama and Members of Congress:

As leaders in primary and acute healthcare, the 125,000 nurse practitioners (NPs) in the U. S. today are highly qualified to participate in the planning and

implementation of healthcare reform programs as they are considered by your administration and must be a vital part of the prescription for increasing access to high-quality healthcare

NPs have been providing primary care in the U. S. for more than 40 years. They are graduates of master’s, post-master’s or doctoral NP programs, with advanced clinical preparation to provide primary, acute, and chronic care to patients of all ages and walks of life.

A large body of research has established that NPs provide high quality, cost-effective, comprehensive, personalized patient-centered healthcare with excellent outcomes. In addition to diagnosing and managing acute episodic and chronic illness, NPs place a strong emphasis on health promotion and disease prevention. They are skilled clinicians who include teaching and counseling individuals, families and

communities as a major part of their practice.

NPs practice autonomously and collaboratively with healthcare professionals and others to assess, diagnose, treat, and manage the patient’s health problems and needs. They serve as healthcare researchers, interdisciplinary consultants and patient advocates.

The American Academy of Nurse Practitioners and the undersigned organizations, on behalf of the 125,000 NPs licensed to practice in the United States, offer our extensive resources to your administration as you work to bring healthcare to all.”

www.aanp.org

Looking forward to working together for change. Please email me if you are interested or have additional questions about the legislative committee. All welcomed!

--Demetra Bastas, Legislative Chair



L to R: Demetra Bastas, FNP, Legislative Chair; Lynn Messenger, CPNP, Professional Development Chair

NAPNAP-LA Member Spotlight: Holly Eileen Parker, RN, CPNP

Holly Eileen Parker, RN, CPNP, moved to the LA area two year ago from NYC. Holly is a PNP and an ER/peds ER RN. Before moving to Los Angeles, Holly worked at St Luke’s Hospital in NYC. She completed her MSN in pediatrics at Columbia University before practicing for a year at a school based health center in Brooklyn.

In Holly’s former life, she spent three years in West Africa working in health education with the US Peace Corps. Holly has continued to participate in international health projects and trips, mostly in West Africa and in Haiti, and has worked with the International Medical Corps of Santa Monica.

Holly recently accepted a

PNP position with the Department of Pediatric Neurology at Harbor-UCLA. She is excited to begin this new journey and to work with the peds team there. She is also happy to meet fellow NPs via NAPNAP-LA and looks forward to serving as co-chair of NAPNAP-LA’s Membership Committee for the 2012-2013 year.



NAPNAP-LA and CHLA Plan 2013 Regional Conference

Catherine Goodhue, CPNP

NAPNAP-LA and the nurse practitioner group at Children's Hospital Los Angeles will be hosting another Regional Nursing Conference in March of 2013. We would like to thank the numerous volunteers who helped make this year's conference, entitled "Advancing Pediatric Nursing Care: A Day of Practice Updates" such a success. If you would like to participate in the planning

committee for the Spring of 2013 conference, please contact the conference co-chairs, Cat Goodhue (cgoodhue@chla.usc.edu) or Debbie Harris (dharris@chla.usc.edu.)

We would love to hear from you with any topic or speaker suggestions and look forward to seeing you at the conference in 2013!



Left to Right: Kristi Westphaln, Program Committee; Cat Goodhue, Program Committee Co-Chair; Liza Jia, Treasurer; Nancy McNeill, Scholarship and Membership Co-Chair.

NAPNAP-LA Needs You!

In 1965, Loretta Ford, a Public Health Nurse (PHN), recognized the need for greater access to primary care for children and families living in rural Colorado. Together with Henry Silver, M.D., Ford developed a model for the Pediatric Nurse Practitioner (PNP) role, which would allow nurses with additional education and training to focus on well care and prevention for the underserved. Ford's vision was to increase access to health care using PNPs. Today there are over 150,000 NPs providing health care in a variety of settings throughout the United States. Access to quality health care for the uninsured, under-insured and underserved continues to be a challenge in 2012. Forty-seven years after the inception of the Advanced Practice Nursing role, it is more important than ever for NPs to continue to be an integral part of the solution to our national health care crisis. As we practice in our individual settings, we can daily make a difference in the lives of our patients, their families and their communities. Together, as members of the Los Angeles Chapter of the National Association of Pediatric Nurse Practitioners (NAPNAP-LA), we can accomplish so much more. There are many voices in the ongoing debate over health care; NPs must be heard as we work to overcome barriers and increase access to the comprehensive, quality care that we provide.

NAPNAP-LA needs ALL of its members to contribute their ideas, expertise and effort as we move forward as a professional organization in these uncertain times. Won't you please consider getting involved in some way? Write an article for our website or newsletter about an area of interest; mentor a graduate student or new NP; attend the annual conference or a dinner lecture; become a NAPNAP-LA committee member or committee chair; or consider running for executive office. There are as many ways to be involved as there are NAPNAP-LA members! Together we can shape the future of our role in health care delivery in the United States.

