

Caring for Children Together



NAPNAP-LA

2012-2013 NAPNAP-LA President's Message

Patty Quan, CPNP, NAPNAP-LA President

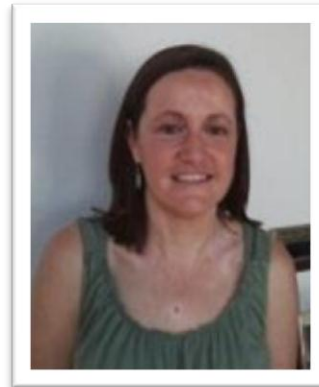
I hope everyone is staying healthy during this busy flu season! Like you, your NAPNAP-LA board is hard at work in this new year.

NAPNAP-LA's Annual Regional Conference "The Nuts and Bolts of Advanced Pediatric Nursing," will be held March 16th 2013 at CHLA. During the conference NAPNAP-LA will be awarding our two chapter awards, "Outstanding NP of the Year," and "Outstanding Colleague of the Year." In addition, NAPNAP-LA will recognize a graduate NP student with our yearly scholarship award. This annual regional conference event and awards ceremony should be a great day and I hope that you will be able to participate! Our brochure for the confer-

ence and online registration will be available soon. Please look for the brochure in the mail and visit our website lanapnap.org for more information.

NAPNAP-LA's annual member survey is under way. If you have not already done so, please take a moment and complete the survey as your input is valuable and is used to guide our board. The link to the membership survey is <http://www.surveymonkey.com/s/PDDV6ND>

NAPNAP-LA can now be followed on Facebook and Twitter. Our Facebook page is **Los Angeles Chapter-National Association of Pediatric Nurse Practitioners**. Locate us on Twitter at **@lanapnap**. I encourage you all to follow us and stay informed.



Patty Quan, CPNP
NAPNAP-LA President
2012-2013

Finally, the national conference, "Scoring Big for Children's Health" is scheduled for April 17-20, 2013 in Orlando, Florida. This conference is always full of great educational programs and many opportunities for networking.



34th Conference & Exhibition

Your NAPNAP-LA Board hard at work: (L to R) Patty Quan, President; Demetra Bastas, Legislative Chair; Holly Parker, Membership Chair; Amy Goodier, Community Outreach Co-Chair; Debbie Harris, Programs Co-Chair

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Inside this issue:

President's Message	1
Scholarship Committee Update	2
Member Spotlight	2
Legislative Update	3
Regional Conference Update	3
NAPNAP Videos Available	4

LA Chapter Moving Ahead:

- Follow NAPNAP-LA on Twitter and Facebook
- Scholarship Deadline moved up
- NAPNAP-LA partners with CHLA for Annual Conference March 16, 2013



NAPNAP-LA Scholarship Committee Reaching Out to Students

"Never doubt that a small group of thoughtful, committed, citizens can change the world. Indeed, it is the only thing that ever has."

— Margaret Mead

The objective of NAPNAP-LA Scholarship Committee Co-Chairs Lily Grybauskas, RN, MSN, CNS, CPNP and Nancy McNeill, RN, MSN, CPNP, is to promote student involvement in NAPNAP-LA.

While visiting the schools, the NAPNAP-LA Scholarship Co-Chairs have identified student volunteers who are willing to act in the role of student representative on the NAPNAP-LA Board. The responsibility of the student representative is to attend board meetings, discuss upcoming NAPNAP events with their classmates, and contribute ideas to help NAPNAP better serve the APN students.

It has been our pleasure to meet the students and NAPNAP-LA is excited for them to join our board!

Another opportunity for graduate NP students is the scholarship that NAPNAP LA awards yearly. The deadline for the scholarship this year is January 31st, 2013. The scholarship recipient will be acknowledged at our Annual Regional Conference on March 16th, 2013.

NAPNAP-LA hopes to partner with Melnic Health Consultants in sponsoring a student reception featuring a panel discussion with practicing NPs in the spring of 2013. Visit our website for further details!

Left to Right:

Lily Grybauskas, Lana Madanat (APU), Naterra Weathers (UCLA), Kari Dinello (UCLA), Lauren Foster (CSULB).



Member Spotlight

Lily Grybauskas, Scholarship Committee Co-Chair



Lily Grybauskas,
RN, CNS, CPNP

Lily Grybauskas received her BSN in nursing from Otterbein College in Ohio before moving to California. She began her career as an RN in the PICU at Childrens Hospital Los Angeles. She returned to school for her Master's at the University of California, Los Angeles, where she obtained a dual degree as pediatric nurse practitioner and clinical nurse specialist.

Lily's true passion is to serve the underserved. After graduate school, she traveled to Roatan,

Honduras where she lived for 2 months and worked at a local clinic. The clinic, called Clinica Esperanza, is run by Honduran staff, but takes many volunteer nurses, doctors, dentists, and others each year. They recently opened a pediatric inpatient unit and labor and delivery suite on the second floor of their clinic.

After her time in Honduras, Lily returned to Los Angeles and continued serving the underserved. She worked for a year as a primary care provider in South Central LA,

before moving to her current position at Harbor-UCLA Medical Center as the pediatric HIV and Infectious Disease nurse practitioner.

Lily started her journey with NAPNAP LA as a student representative. She now serves on the NAPNAP board with Nancy McNeill as a Co-Chair of the Scholarship Committee. The co-chairs visit the local PNP graduate programs, educating students about NAPNAP LA, scholarship opportunities, and recruiting new student representatives.



Demetra Bastas,
RN, CFN

Hello, fellow NAPNAP members! 2013 is upon us and we are in the midst of many changes in our nation. Our next newsletter article will highlight how your Legislative Committee has been working to advocate on behalf of the children and families whom we serve. For now, enjoy this **word find**. All words are legislative in nature. How many do you know?

AMENDMENT; APPORTION
BICAMERALISM; BILL; CAPITAL;
CONGRESS; CONSTITUENTS
CONSTITUTION; CONTINUOUSBODY
DELEGATE; DEMOCRATIC; ELECTION;
FRANKING; GERRYMANDER;
HOUSEOFREPS; IMPEACH; LAW;
LEGISLATURE; OVERSIGHT; PARTISANSHIP
POLITICO; REAPPORTIONMENT
REPRESENTATIVE; REPUBLICAN
SENATOR; TERM; TRUSTEE
UNCONSTITUTIONAL; VOTERS;
WATCHDOG

S N A Z X I D M D R E H Y V B K J M V Q
P W Y K D V T V S V P M Z O L R A S C G
E L A G R E P U B L I C A N O B Z I M D
R B Y L E E L E C T I O N T N D G L S F
F F D E A R P E T P L O A N R Q R A I R
O Y O G P N R R G B J N S E I R E R W A
E S B I P A O Y E A E I S M F G M E V N
S T S S O X R I M S T R F D U D I M F K
U M U L R V W T T A E E A N H V T A L I
O G O A T V E X I U N N P E E O S C O N
H B U T I R O R U S T D T M W C R I Q G
N K N U O F U G S E A I E A I I E B J E
W A I R N D D S R I M N T R T T T I Q O
X U T E M B S M T P G C S S X I O L E O
L H N Q E Z T D E E H H A H N L V L S C
J E O C N K P A X D E Z T P I O Q E R A
Q B C M T Z C B O P V U T I I P C G C U
A K V M S H K G P E F I F T Z T X N B N
L W Z D C O N S T I T U E N T S A Z U I

NAPNAP-LA and CHLA 2013 Regional Conference Update

Catherine Goodhue, CPNP and Debbie Harris, CPNP
NAPNAP-LA Program Committee Co-Chairs



Debbie Harris, RN, CPNP,
NAPNAP-LA
Program Co-Chair

We hope you can join us at our Annual Regional conference, **“The Nuts and Bolts of Advanced Pediatric Nursing: A Day of Practice Updates,”** which will be co-sponsored by NAPNAP-LA and the Nurse Practitioners at Children’s Hospital Los Angeles (CHLA) on Saturday, March 16, 2013. This event will take place between 7:30 a.m. -4:45 p.m. at CHLA in the new, state of the art John Stauffer Conference Room. It promises to be a wonderful opportunity for networking, and knowledge. We have a diverse venue of speakers and topics which shall cover both primary care and acute care issues. Topics and speakers are as follows:

- (1) “Clinical Evaluation and Management of Sports-Related Concussion-Keeping the Developing Brain Safe,” Tracy Zaslow, MD, FAAP, CAQSM and Anita Hamilton, PhD, ABPP-CN;
- (2)“Taking the Mystery Out of Spinal Screening,” Phyllis D’Ambra, RN, MPA;
- (3)“Pediatric Wound Care Issues,” Terry Renteria, RN, BSN, CWOCN;
- (4) “Child Sexual Abuse: Prevention and Monitoring,” Sandra Elvik, RN. MS, CPNP;
- (5) “Pediatric Syncope: Benign Episode or Life-Threatening Cardiac Event?” Mary McCulley RN, CPNP;
- (6) “Integrating Research and Evidence-Based Nursing in Clinical Practice,” Felicita A. De la Cruz, RN, DNSc, FAANP.

Parking, breakfast, and lunch will be available to conference attendees. **Register by Feb. 28th and the six unit CEU conference will only cost \$45 for Nurse Practitioner students and \$80 for Registered Nurses/Nurse Practitioners.** What a wonderful opportunity to stay connected with fellow nurses; learn the latest treatments for a wide variety of pediatric health care conditions; and attend our NAPNAP award luncheon to honor our colleagues who have advanced the role of the Nurse Practitioner! Registration materials will soon be available online at www.lanapnap.org. We look forward to seeing you on March 16th!

New ADHD and Immunization Videos Available

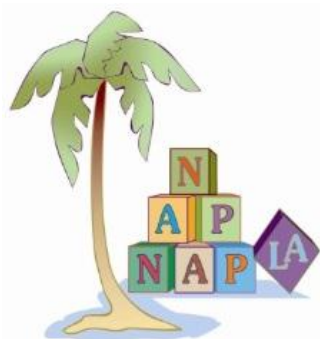
Jan 22, 2013 -- From NAPNAP.org

The National Association of Pediatric Nurse Practitioners (NAPNAP) is pleased to announce the availability of two new educational video for parents and healthcare providers that specifically addresses questions about ADHD Management and Treatment options and Immunization catch up dose series for healthcare providers. These videos were made possible through generous grants from Lilly, Shire and Pfizer.

The NAPNAP videos, Conversations About ADHD Management and Treatment, feature NAPNAP members Amy Vierhile, MS, APRN-BC and Kathleen Ludwikowski, MS, APRN-BC, RN-BC, APNP, two pediatric nurse practitioners who engage in thought-provoking discussions with parents and an adolescent to answer questions about ADHD management in school and treatments. The video series consists of ten 1-2 minute video clips between parents, a teenager, and healthcare providers addressing a variety of topics including but not limited to: an overview of ADHD symptoms and treatments, taking medication and receiving accommodations in school, going away to college, driving and ADHD, and bullying.

Immunization Discussions – Videos for Providers, are new videos featuring NAPNAP members, Katie O'Keefe, DNP, APRN-NP, CPNP-PC and Rita Marie John, EdD, DNP, CPNP, PMHS. The videos consist of informational segments educating healthcare providers on vaccine resources and provider-parent relationships. The videos show provider scenarios demonstrating discussions with a vaccine-hesitant mother and working with a medical translator to overcome cultural and linguistic concerns. Valuable web and print resources have been selected to accompany each video.

Everyone is invited to share this valuable resource with their patients and families. Visit NAPNAP.org for more information.



"Caring for Children Together"