

# Caring for Children Together



## NAPNAP-LA

November 2012  
Volume 1, Issue 2

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## 2012-2013 NAPNAP-LA President's Message

Patty Quan, CPNP, NAPNAP-LA President

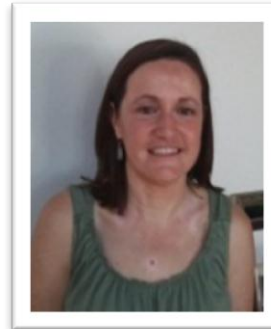
Hope all are having a healthy fall with flu season well under way.

NAPNAP-LA's Professional Development Committee planned a dinner lecture "Asthma and Allergy Update" held November 7<sup>th</sup>, 2012. This well-attended event was a great opportunity for members to keep up-to-date in their clinical practice and to network with their NP colleagues.

The Program Committee has also been hard at work planning a great day of learning. The NAPNAP-LA annual spring conference, co-sponsored with Children's Hospital of Los Angeles, will be held Saturday March 16, 2013 at CHLA. The title of the conference is "Nuts and

**Bolts of Advanced Pediatric Nursing.** Please save the date and visit our website, [www.lanapnap.org](http://www.lanapnap.org), for more information. I look forward to seeing you there!

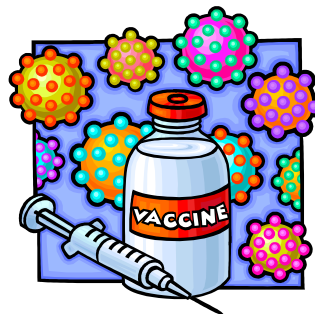
NAPNAP-LA's 2012-2013 calendar is posted on our website. Please feel free to email me for more information. All members are invited to attend the quarterly board meetings. The annual membership survey will be conducted in January. Please take a few minutes to complete the survey as your input is valuable and greatly appreciated.



Patty Quan, CPNP  
NAPNAP-LA President  
2012-2013

As you are ordering all of those flu shots for your patients, remember to get one for yourself.

Hope all have a safe and happy holiday!



## Hurricane Relief

NAPNAP National sent a recent update to membership: "NAPNAP was deeply saddened to learn of the disaster caused by Hurricane Sandy on the East Coast and surrounding states. Our deepest sympathies are with the victims and children and families affected by this major catastrophe."

NAPNAP offers the following resources for those seeking ways to help hurricane victims: Contact the American Red Cross at [www.redcross.org](http://www.redcross.org). In addition, the Federal Emergency Management Agency (FEMA) has created a web page for those in need of assistance.

NAPNAP has disaster resources available, including guidelines for talking to children about disasters. Visit [NAPNAP.org](http://NAPNAP.org)

### LA Chapter Moving Ahead:

- Follow NAPNAP-LA on Twitter and Facebook
- Scholarship Deadline moved up
- NAPNAP-LA partners with CHLA for Annual Conference March 16, 2013

# NAPNAP-LA Regional Dinner Lecture Exciting and Informative

NAPNAP-LA's Regional Dinner Lecture was held November 7<sup>th</sup>, 2012 at Delius Restaurant in Signal Hill.

Dr. Steven Meltzer presented an "Asthma and Allergy Update" to the large audience of PNPs. Dr. Meltzer is a Fellow of the American Academy of Asthma, Allergy and Immunology, (AAAAI), who has had a specialty practice in Long Beach for many years, caring for both children and adults with asthma and allergies. Dr. Meltzer has also volunteered at The Children's Clinic, a federally designated community health center, to help implement office-based spirometry and allergy skin

testing for underserved children and adults.

Attendees were able to benefit from Dr. Meltzer's extensive knowledge and expertise through his presentation and by having an opportunity to ask questions after the lecture.



Steven Meltzer, MD

Thanks to Dr. Meltzer and Glaxo Smith Kline for partnering with NAPNAP-LA to provide this educational and networking event for our members!



NAPNAP-LA members at the Delius Restaurant

*"There can be no keener revelation of a society's soul than the way in which it treats its children."*

Nelson Mandela

## NAPNAP-LA Scholarship Committee Reaching Out to Students

The Scholarship Committee had a wonderful fall season visiting the local graduate PNP programs to introduce the students to our professional advanced practice nursing organization. The objective of NAPNAP-LA Scholarship Committee Co-Chairs, Lily Grybauskas, RN, MSN, CNS, CPNP and Nancy McNeill, RN, MSN, CPNP, is to promote student involvement in NAPNAP-LA.

While visiting the schools, the NAPNAP-LA Scholarship Co-

Chairs have asked for student volunteers who would be willing to act in the role of student representative on the NAPNAP-LA Board. The responsibility of the student representative is to attend board meetings, discuss upcoming NAPNAP events with their classmates, and contribute ideas to help NAPNAP better serve the APN students. NAPNAP-LA plans to have student representatives from Cal State Long Beach, Azusa Pacific, and UCLA. It has been our pleasure to meet the

students and NAPNAP-LA is excited for them to join our board!

Another opportunity for graduate NP students is the scholarship that NAPNAP LA awards yearly. The deadline for the scholarship this year is January 31<sup>st</sup>, 2013. The scholarship recipient will be acknowledged at our Annual Regional Conference on March 16<sup>th</sup>, 2013.



Terri Kyle, RN, MSN, CPNP, Secretary

## Member Spotlight: Terri Kyle, RN, CPNP, NAPNAP-LA Secretary

Terri Kyle earned her BSN from the University of North Carolina at Chapel Hill. Her MSN focused on child health with a minor in teaching from Emory University. Terri was working on her DNP before relocating from Florida to Los Angeles one year ago.

Terri has worked as a PNP in primary care pediatrics, juvenile justice and specialty pediatrics. Her area of inter-

est and expertise is neurodevelopmental follow-up and primary care of high-risk infants.

In addition, Terri has authored/coauthored five undergraduate nursing textbooks; two of which are being adapted for Canadian release.

Currently, Terri is working as the Director of Nursing at El Camino College.

Terri volunteered for the secretary position because she wanted to remain involved with NAPNAP. She has experience as a Cub scout pack secretary and has taken minutes for faculty meetings for many years.

Terri describes herself as very well-organized and timely. NAPNAP-LA is grateful for Terri's expertise, enthusiasm and willingness to serve in the vital role of secretary

## Legislative Update

Demetra Bastas, CFNP, Legislative Chair

*What you're supposed to do when you don't like a thing is change it. If you can't change it, change the way you think about it." – Maya Angelou*

Hello my fellow NAP-NAP members. As we welcome fall, let us remember that we are in a very important time of change for our nation. I wanted to focus on our nation's rate of uninsured children...as we have a duty to provide a voice for these children and their families. Good news is that the number of uninsured children fell nationally last year to 5.5 million from 6.4 million two years prior. Good news is that California was among the top three states to add the most number of children to insurance rolls

since 2009. Bad news is that 30 states still saw no significant change in their rate of coverage.

A group of Georgetown researchers analyzed data from the Census Bureau's 2009 and 2011 American Community Survey and attributed what progress was made in shrinking the ranks of the uninsured to states' commitment to Medicaid and the Children's Health Insurance Program (CHIP), as well as the protection of children's eligibility levels in the Affordable Care Act (ACA).

The ACA will benefit children in a number of ways:

1) ACA will create a "culture of coverage" that will likely result in more

children gaining insurance after the ACA's individual mandate starts January 2014.

2) ACA will stipulate a child must be covered before their parent enrolls in Medicaid, further ensuring that children are covered.

3) ACA will expand Medicaid to effectively cover those up to 138% of the federal poverty level.

However, roughly two-thirds of the uninsured children eligible for Medicaid and CHIP are not enrolled.

So...where do you come in? Get involved, vote, write letters, speak with your colleagues.

Demetra Bastas, RN, FNP,  
Legislative Chair

We need to ensure that the voice of the uninsured child is heard by the state and federal policymakers. We need to be part of a movement that continues to promote all efforts to reduce the number of uninsured children. We need to ensure that red tape is eliminated and ensure that eligible children are actually being enrolled.

*As the amazing Mahatma Gandhi so famously said, "Be the change that you wish to see in world."*



## NAPNAP-LA and CHLA 2013 Regional Conference Update

Catherine Goodhue, CPNP  
Debbie Harris, CPNP



**Debbie Harris, RN,  
CPNP, NAPNAP-LA  
Program Co-Chair**

NAPNAP-LA and the nurse practitioner group at Children's Hospital Los Angeles will be hosting another Regional Nursing Conference March 16<sup>th</sup>, 2013. This year's conference will be held at CHLA, in the new state-of-the-art continuing education conference center.

Planned conference topics include:

(1) Conducting Evidenced Based Clinical Nursing Research

(2) Child Sexual Abuse-Prevention, Monitoring and Interventions

(3) Common Office Procedures

(4) Scoliosis Screening and Treatment

(5) Concussion Management

(6) Keeping Teens Safe: Navigating social media/internet safety.

Save the date and plan to participate in this annual educational and networking event. For more information and updates visit [www.lanapnap.org](http://www.lanapnap.org)

We look forward to seeing you there!

## Free Lactation Education Webinars

### Attend FREE ILCA Webinars!

Through the end of June, 2013, you can attend ILCA's live webinars FREE! During that time, you will pay only if you want continuing education credit. Their first free webinar was a grand success, with 75 attendees from 23 countries.

Webinar recordings and handouts will be also posted on the CERPs onDemand™ site within 2 weeks after the live presentation. To receive continuing education credit, purchase the recorded webinar and go through the continuing education process to print your certificate. You can enjoy full access to the recorded webinar and materials for one year.

### Upcoming Live Webinars

#### **New Perspectives on Breastfeeding and Alcohol**

Ted Greiner, PhD

November 20, 2012 10:00 - 11:30am EST USA

#### **Clinical Instructors and Interns: Focus on the people in lactation clinical internships**

Phyllis Kombol, RNC, MSN, IBCLC, RLC

December 11, 2012 3:00 - 5:00pm EST USA

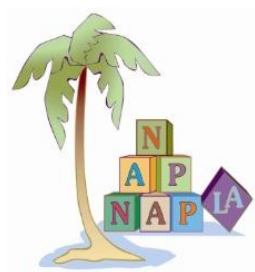
#### **Developing a Successful Hospital Lactation Program**

Rebecca Mannel, BS, IBCLC, FILCA

January 10, 2013 6:00 - 7:30pm EST USA

For more information, or to register, visit ILCA's Webinars Page, under the Events on

Lanapnap.org



**"Caring for Children Together"**