

Caring for Children Together



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NAPNAP-LA

2014-2015 NAPNAP-LA President's Message

**Shannan Stephenson, RN, MSN, CPNP,
NAPNAP-LA President**



**Shannan Stephenson
President
NAPNAP-LA
2014-2015**

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Happy Spring, NAPNAP-LA!

Your NAPNAP-LA Chapter has been hard at work! NAPNAP-LA was invited by NAPNAP National to be the host chapter for this year's national conference in Las Vegas. What a success that was! We created banners and other promotional items to promote our chapter at the conference and at future events! The Las Vegas Visitor's Bureau donated key chains, pins, pens, lanyards, more pins, bags, maps and visitor guides, which were distributed by NAPNAP-LA at our host table. NAPNAP-LA received feedback that we were the best host chapter that the national conference has ever had! I would like to thank our members who volunteered at the table to help the conference attendees feel welcome. In addition to being the host chapter for the national conference, NAPNAP-LA organized our annual regional con-

ference at Children's Hospital Los Angeles, which was followed by a networking/mentoring reception and panel discussion. Yes, NAPNAP-LA has been busy!

As my presidential term draws to a close on June 30, 2015, I will have the honor of passing the gavel to Karla Haynes, MSN, CPNP. Karla has been a nurse practitioner with the Children's Hospital Los Angeles Division of Plastic and Maxillofacial Surgery since 2006. She completed her Masters of Public Health at the University of Michigan and attended Columbia University to earn her Pediatric Nurse Practitioner degree. She has been involved in research on the genetics of craniosynostosis and sleep-disordered breathing in the craniofacial population. Karla also serves as a prenatal consultant for families expecting an infant with a cleft through the Institute for Maternal-Fetal Health.

Karla is a member of the American Cleft Palate-Craniofacial Association (ACPA) and is an Adjunct Professor in the Graduate School of Nursing at California State University Long Beach. She sits on the Children's Hospital Los Angeles Ethics Resource Committee and the ACPA Ethics Committee. She has great ideas for her year as chapter president of NAPNAP-LA.

Serving as NAPNAP-LA's president for 2014-2015 has been very rewarding and a lot of fun. I encourage those of you who are interested in becoming more involved in your professional organization to come to a board meeting or contact us via lanapnap.org. NAPNAP-LA has a need for new committee chairs and members. Our annual spring survey will be emailed to the membership next week. Please be sure to complete it, as we really listen to your input.



**NAPNAP-LA Board and Awardees:
(L to R) P. Quan; L. Messenger;
A. Evans; S. Stephenson; C. Goodhue;
A. Haney; D. Harris; D. Canada;
M. Whitten; S. Ia.**

LA Chapter Moving Ahead:

- Follow NAPNAP-LA on Twitter and Facebook
- End-of-Year Luncheon on June 13, 2015
- Save the date! Southwest Regional Conference, Nov. 6-8, 2015

NAPNAP-LA Professional Development Update



NAPNAP-LA and Melnic Consulting Group, Inc. co-sponsored a networking reception for NP students and professional NPs at the conclusion of the Annual Regional Conference held April 25, 2015 at Children's Hospital of Los Angeles. The reception featured a panel discussion, professional resources, and networking and mentoring opportunities. NAPNAP-LA would like to thank panel participants Deb Brown, Debbie Harris, Leslie Larsen, Lynn Messenger, Kim Smith and Shannan Stephenson—as well as all those who volunteered to mentor students and new graduates.



Please visit lanapnap.org to learn more about upcoming educational and networking events, mentoring opportunities or for other opportunities to get involved!

“Children are the living messages we send to a time we will not see.”

John W. Whitehead



**NAPNAP-LA Panel: (L to R)
L. Messenger; S. Stephenson;
D. Harris; D. Brown**

NAPNAP-LA and CHLA 2015 Regional Conference Update

Catherine Goodhue, CPNP, and Debbie Harris, CPNP
NAPNAP-LA Program Committee Co-Chairs

NAPNAP-LA and the Nurse Practitioners of Children's Hospital Los Angeles (CHLA) co-sponsored their Annual Regional Conference, **Pediatric Hot Topics: What's Trending Now**, on April 25, 2015. The conference was a fabulous success with over 75 participants. Conference topics and speakers included:

- **Bugs, Drugs and Emerging Infections: Practical Advice on Managing and Preventing Infections**—Mary Virgallito, PNP, CIP
- **Fetal Interventions for Heart Disease**—Jay Pruetz, MD
- **Nurse Practitioner Issues in Healthcare: A Legal Perspective**—Melanie L. Balestra, NP, JD
- **Body Modification: Beautification or Mutilation**—Nikolaos Stefanidis, PhD
- **Invisible Wounds: Effects of Trauma on Brain Development**—Nikolaos Stefanidis, PhD
- **One Hundred Years of Type I Diabetes Management Leading to the Development of an Artificial Pancreas**—Mary Halvorson, CNS, CDE

NAPNAP-LA received industry support from Baxter, Children's Hospital Los Angeles, Melnic Consulting Group, Merck Vaccines, and California State University, Long Beach. A special thank you to all of our vendors/supporters!

Many individual and corporate donors contributed to a raffle to support our PNP Student Scholarship Fund—including the Alcove Café, Desert Rose, Dr Thomas Keens/Magic Castle, Hornblower Cruises and Events, Massage Envy, Mirek Wolski of Illy Coffee, Trader Joe's (Silverlake), University of California, Los Angeles. A special thank you to Mary McCulley PNP, who solicited many of the fantastic raffle prizes!!

This year, NAPNAP-LA's Community Outreach supported the nursing school associated with FOCOS Orthopaedic Hospital in Ghana. Registrants donated 25 books, 91 scrubs, and medical equipment. Thanks so much! Your donations will go to a wonderful cause.

A very SPECIAL thank you to the following program committee members and other members who assisted at the conference: Margaret Bot-



**Cat Goodhue & Debbie Harris,
NAPNAP-LA Program Co-Chairs**

cher, Leticia Boutros, Debbie Browne, Linda Camacho, Susan Carson, Beatrice Chun, Jennifer Donkin, Anna Evans, Pam Faire, Jennifer Huson, Denna Jung, Debbie Jury, Mary McCulley, Trish Peterson, Paula Rosales, Patty Quan, Shannan Stephenson, Veronica Torres, Jami Vander Wielen, and Mary Whitten.

It certainly does take a village and we really appreciate your help and support!

NAPNAP-LA 2014-2015 Awards



A. Evans & S. Stephenson



D. Harris & D. Canada



S. Ia & A. Haney

Anna Evans has been a Board Certified Primary Care Pediatric Nurse Practitioner with the Division of Hematology/Oncology at Children’s Hospital Los Angeles (CHLA) for eight years. Much of Anna’s clinical responsibility involves care coordination for the patients with brain and spinal cord tumors who are receiving chemotherapy and radiation.

As NAPNAP-LA’s Treasurer, Anna has brought dedication and fresh thinking to her role, showing outstanding leadership in guiding the organization to update its banking and financial transactions. Moreover, Anna is active in the professional development of the NP role as evidenced by her involvement in CHLA’s NP Professional Ladder Committee.

Please join with NAPNAP-LA in recognizing Ms. Anna Evans as the 2014-2015 Nurse Practitioner of the Year.

Dawn Canada, MSW, is the NAPNAP-LA 2014-2015 Colleague of the Year. In her role as the social worker for CHLA’s Sickle Cell Program, Ms. Canada has taken the lead in supporting the needs of the hematology patients as they transition from pediatric to adult-centered care. She is a very compassionate caregiver who supports the patients and their families—as well as the nursing staff, NPs and the entire team. Ms. Canada willingly shares her expertise on communicating with individuals and families with sickle cell disease, promoting empowerment without enabling. She is a great advocate for our patients and their families, the entire CHLA Sickle Cell team and, in particular, a huge supporter of the advanced practice nursing role! Ms. Canada is highly deserving of this honor!

The 2014-2015 NAPNAP-LA Scholarship Award recipient is Amber Haney, RN, a graduate student in the PNP program at California State University, Long Beach. Ms. Haney’s application included a powerful essay that touched upon a familial inspiration as well as personal health concerns that motivated her career choice. Haney was awarded a \$500 check to support the expenses associated with the remainder of her education.

A number of strong applications were received. The essays were reviewed and voted on by the board members of NAPNAP LA. It is hoped that, with additional outreach to local PNP programs and revenue generated by the NAPNAP Southwest Regional Conference, two scholarships may be awarded in the future.

NAPNAP-LA Legislative Update

Joana Duran, DrNP, CPNP, CNS



Senate Bill SB323, the measure to provide full practice authority for California nurse practitioners, was passed by the California State Senate on May 7. The measure would enable California to join 21 other states and the District of Columbia in permitting NPs to practice to the full extent of their education, experience and expertise. Co-authored by Senator Ed Hernandez (D-West Covina) and Assemblymember Susan Eggman (D-Stockton), the bill will allow an NP who holds a national certification and practices in a specific setting to work without physician supervision.

For details on the current wording of the bill, please visit:
http://leginfo.legislature.ca.gov/faces/billNavClient.xhtml?bill_id=201520160SB323

We encourage all members to reach out to their State Assemblymember to express support for SB323 as they prepare for a vote. If you are unsure who your State Assemblymember is, please be sure to visit:
<http://canpweb.org/advocacy/action-center/find-your-legislators/>

Community Outreach Update

Siem Ia and Shannon Stephenson, Community Outreach Co-Chairs



Siem Ia

The NAPNAP-LA's Community Outreach Committee is developing a parent brochure to accompany the "Raising a Healthy Tweenager" presentation. This interactive presentation was developed by NAPNAP-LA President and Community Outreach Co-Chair Shannan Stephenson. The brochure and presentation include topics such as healthy development of early adolescents, warning signs of a problem, bullying, and effective parenting skills that help to increase a child's resilience. We are looking forward to holding the presentation at local middle schools this fall.

In addition, Community Outreach had a successful nursing textbook drive at the Annual Regional Conference. The textbooks will be distributed to a nursing school in Ghana.

As always, volunteers are welcome! If you are interested in being a part of the community outreach projects, please be sure to contact Siem Ia at siemia@ucla.edu or 626-757-5684.



Shannan Stephenson

News for NP Students



Karla Haynes, RN, MSN, CPNP,
Scholarship Chair and President-elect

NP students are encouraged to get connected with NAPNAP-LA. Student feedback on the benefits most valued when joining a professional organization will be used to tailor NAPNAP-LA materials, resources, and events to encourage students to consider NAPNAP membership and participation.

Nurse practitioner students seeking more information about the NAPNAP-LA scholarship and the benefits of student membership are encouraged to contact Haynes at khaynes@chla.usc.edu.

Southwest Regional Conference

The 2015 Southwest Regional Conference will be held the weekend of November 6-8, 2015 at the Hyatt Palm Springs, located at 285 North Palm Canyon Drive, Palm Springs, California, USA, 92262 Tel: +1 760 322 9000; Fax: +1 760 322 6009.

SAVE THE DATE! We are currently finalizing speakers and planning on expanding the food selection for the conference. The Southwest Regional Conference Program Committee is planning to include a hot breakfast on BOTH days, along with other festive lunch options.

Don't miss this opportunity to get away, get together with colleagues, and learn from pediatric clinical experts in beautiful Palm Springs, California. See you there!



Mary Whitten, CPNP
NAPNAP-LA Southwest Regional
Conference Chair



Lanapnap.org

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