

Caring for Children Together



NAPNAP-LA

2013-2014 NAPNAP-LA President's Message

Veronica Torres, CPNP, NAPNAP-LA President

I would like to thank you for your membership in the NAPNAP Los Angeles chapter. Our board is planning many opportunities to increase your professional networking, professional development, continuing education, and volunteering activities. The Program Committee is organizing our annual regional all-day conference set for April 26, 2014 at CHLA. The Community Outreach Committee is planning to focus on early adolescent mental health and development. The Professional Development Committee will be organizing educational dinners for 2013-2014. The first dinner lecture, "Understanding the Benefits and Risks of RSV Immunoprophylaxis," is scheduled to be held October 30, 2013.

NAPNAP-LA's new Website Chair, Bianca Salvetti, will up-

date the website with important and timely information for our members and colleagues. I urge you to visit our website regularly at www.lanapnap.org to access all our chapter activities and calendar updates.

The NAPNAP-LA Board meets on a quarterly basis. I would like to extend an open invitation to join us. We currently have over 180 members in our chapter and I would love to hear from all of you to identify and address our membership interests and needs. There is currently a vacancy for the role of NAPNAP-LA Secretary. If you would like to participate in any of our board committees or one day events, please feel free to contact me at la.napnap@gmail.com

NAPNAP LA will continue to offer scholarship opportunities



**Patty Quan & Veronica Torres
Past-President and President
NAPNAP-LA
2013-2014**

to our fellow colleagues and nurse practitioner students to help with their advancement in their professional education.

I urge you to reach out and support the student PNP's by mentoring and providing them with information about our professional organization as a source of support and resources.

I hope that NAPNAP LA helps in your professional growth and is a component in helping our members to promote excellence in the care of children.

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NAPNAP-LA End of Year Event at Il Fornaio: (L-R)

Amy Goodier, President-Elect;
Judi Zimmerman; Lynn Messenger,
Professional Development Chair;
Kamala Gipson, Treasurer.

LA Chapter Moving Ahead:

- Follow NAPNAP-LA on Twitter and Facebook
- 2013-2014 Board members needed!
- "Raising a Healthy Tween-ager" events scheduled!

Professional Development Educational and Networking Events

"Grown-ups never understand anything by themselves, and it is tiresome for children to be always and forever explaining things to them."
— Antoine de Saint-Exupéry

The NAPNAP-LA 2012-2013 Professional Development Committee and Endo Pharmaceuticals were pleased to co-sponsor an educational dinner lecture, *"The Diagnosis and Treatment of Central Precocious Puberty,"* featuring Dr. Norman Lavin, MD, PhD, on May 14, 2013, at The Depot Restaurant in Torrance, California. Many members and students participated in this fun and informative evening.

Mark your calendars and join with colleagues in attending NAPNAP-LA's upcoming dinner

event, *"Understanding the Benefits and Risks of RSV Immunoprophylaxis."* Co-sponsored by MedImmune, Henry Wojtczak, MD, Pediatric Pulmonologist, will be the featured speaker. The event takes place at 6:30 p.m. on Wednesday, October 30th, 2013, at Delius Restaurant, 2951 Cherry Avenue, Signal Hill, CA 90755.

RSVP by Friday, October 25th, 2013 to Rakhee Batra, BatraR@Medimmune.com or via phone 310-600-8684.

Dr. Norman Lavin, MD, PhD:
The Diagnosis and Treatment of Central Precocious Puberty



Community Outreach Update

Shannon Stephenson, RN, MSN, CPNP, Community Outreach Chair

This year, NAPNAP-LA's Community Outreach Committee will be reintroducing "Raising a Healthy Tween-Ager." This interactive presentation is geared to parents and family of middle school students. Topics included in the session include the healthy development of early adolescents, warning signs of a problem, bullying, how to get help, and effective parenting skills that help to increase a child's resilience. The first presentation will be Saturday, December 14th, 2013 at 8:30 a.m. at Peary Middle School in Gardena. A second presentation is scheduled for Tuesday April 15th, 2014 at 6:00 p.m. at Stanford Middle School in Long Beach.

If you are interested in volunteering to help with program development, setup, or our raffle, please contact Shannon Stephenson via phone or e-mail. We are seeking a Spanish-speaking NAPNAP-LA member to interpret alongside the presenter at Peary Middle School. The PowerPoint is also in the process of being translated into Spanish. If you have questions or would like to be on NAPNAP-LA's Community Outreach Committee, please contact

shannanstephenson@gmail.com (310)721-9650.

The ability to change a life forever...

In my work as a CPNP at the Harbor-UCLA Foster Care Hub/Kids in Dependency System (K.I.D.S.) Clinic we perform comprehensive medical, developmental, mental health and dental health screenings for children and adolescents entering the foster care system. Many children in foster care have been unable to find a stable home due to behavioral and emotional issues which their caregivers are unprepared to manage. HUCLA refers these children to the appropriate mental health services, but without the corresponding support in a therapeutic foster home these children often have poor outcomes. Unfortunately, there is a severe shortage of foster families in LA County. Per the *LA Times*, 11/2012, "Over the last decade, the number of foster parents has been declining faster than a reduction in children entering the foster system. In 2007, the county had 7,800 children in 6,380 foster family homes; there now are 6,300 children in 3,440 foster homes."

The Child Welfare Initiative (CWI) is committed to improving long-term outcomes for children and families, building on the strengths of families, and assuring the safety, health, and well-being of children. Through innovative partnerships with public and private entities, the Child Welfare Initiative creates new programs that better the life-long opportunities and outcomes for children impacted by the child welfare systems. CWI's most recent program is called "Extraordinary Families" and its purpose is to identify new foster families for children with higher behavioral and emotional needs. Through this program, CWI then trains prospective therapeutic foster parents and provides 24/7/365 support and education as long as the child is in the parent's care.

NAPNAP is an ideal organization to help attract potential foster parents. **If you have an interest in becoming a foster parent or if you know someone who does, please visit:** dcfs.co.la.ca.us/adoptions for more information about becoming a foster parent or extraordinary-families.org to learn more about becoming a therapeutic foster parent.

NAPNAP-LA and CHLA 2014 Regional Conference Update

Catherine Goodhue, CPNP and Debbie Harris, CPNP
NAPNAP-LA Program Committee Co-Chairs



Cat Goodhue & Debbie Harris, NAPNAP-LA Program Co-Chairs

NAPNAP-LA's Regional Conference will be held on Saturday, April 26, 2014, at Children's Hospital Los Angeles! The Program Committee is hard at work planning our speakers. If you have any suggestions for topics and/or speakers, please contact Cat Goodhue (cgoodhue@chla.usc.edu) or Deb Harris (dharris@chla.usc.edu).

Be sure to save the date!



Member Spotlight

Karla Haynes, MS, MPH, CPNP
Craniofacial Surgery Division, Children's Hospital LA

Karla Haynes has been a Pediatric Nurse Practitioner with the Division of Plastic and Maxillofacial Surgery at Children's Hospital Los Angeles (CHLA) for seven years. Much of Karla's clinical responsibility involves care coordination for the patients of the Craniofacial and Cleft Center who were born with anomalies of the head and face—including cleft lip and palate and craniosynostosis—often in syndromic forms such as Apert Syndrome or Crouzon Syndrome. Because of the complex needs of this population, patients have annual evaluations by the multidisciplinary craniofacial team that consists of Plastic Surgery, Otolaryngology, Pediatrics, Pulmonology, Dentistry, Orthodontics, Genetics, Social Work, Psychology, Audiology, Speech Pathology and Nutrition, a group led by the Craniofacial Nurse Practitioners.

Karla worked as a nurse at Children's Hospital Orange County before pursuing a Masters of Public Health (MPH) at University of Michigan. While in graduate school, Karla was a clinical instructor at the University of Michigan School of Nursing. After earning her MPH, Karla chose to pursue a degree as a nurse practitioner and moved to New York City where she earned her degree from Columbia University. During her clinical placements she found she enjoyed working in surgical subspecialty care and jumped at the chance to join the Craniofacial Team at CHLA.

During Karla's career at CHLA she has expanded the role of Nurse Practitioner as Craniofacial consultant at CHLA's Institute for Maternal and Fetal Health (IMFH), a job previously done by plastic surgeons.

Karla offers prenatal counseling to families expecting an infant with a cleft, and has taken her experiences from this role to inform content for a Prenatal and Neonatal Parent Support Group offered by the Division of Plastic and Maxillofacial Surgery as well numerous presentations at the American Cleft Palate Craniofacial Association's annual meeting. Karla's other interests include bioethics and she is a member of CHLA's Ethics Resource Committee. Karla also has been involved in the documentation and presentation of a newly emerging syndrome, Nablus Mask-like Facial Syndrome, and has a publication pending in the *American Journal of Medical Genetics*.

Karla is a member of the Program Committee for the 2013-2014 year.

Karla Haynes, MS, MPH, CPNP



The Faces of NAPNAP-LA



Bianca Salvetti
NAPNAP-LA Website Chair



Joana Duran Nathanson
NAPNAP-LA Legislative Chair

Shannon Stephenson
NAPNAP-LA Community Outreach Chair



L to R: Liza Jia, Cat Goodhue, Kristi Westphaln, Nancy McNeill, Holly Eileen Parker



NAPNAP-LA End of Year Event

NAPNAP-LA celebrated a successful 2012-2013 term at Il Fornaio Restaurant in Hawthorne on Saturday, June 22nd, 2013. The Board would like to thank the NAPNAP-LA membership for its participation in the vital and important work of our professional nursing organization! Visit lanap-nap.org for 2013-2014 events and opportunities to get involved.

Lanapnap.org



L to R: Cat Goodhue, Lynn Messenger, Debbie Harris, Veronica Torres, Joana Nathanson, Amy Goodier, Kamala Gipson, Leslie Larsen, Patty Quan, Holly Parker



L to R: Bobby Nelms, Margaret Brady



"Caring for Children Together"