

February 2009 Newsletter

Editor: Patty Quan



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President's Message: Denise Alejandro



During the year, in the rush of events, we tend to overlook the important connections that are the true basis of organizational relationships. I first want to take this opportunity to compliment those whose support and dedication to NAPNAP-LA we value so highly. With sincere appreciation, thank you!

There is a quite a bit in store for our organization in the next few months. If you're craving for a pediatric update or a nice weekend in San Diego, then you are in luck!

Take a two hour drive to sunny San Diego and attend NAPNAP's National Conference March 19-22 at the Town and Country Resort. The conference is always a great place to meet and network with other members around the country, and introduce you to the workings of the National Board. You don't want to miss this conference especially given its "local" location. I am in contact with Chapter Presidents from San Francisco, Sacramento, and Orange County to set up a reception for all our chapter members attending the conference. Another networking opportunity! Stay tuned for details. Send me an email (denise.alejandro@gmail.com) if you're going to the conference – it will be great to meet up!

This year, we will be having our annual NAPNAP-LA Spring Conference on April 18th at Long Beach Memorial Medical Center (note the new location). Keep an eye out for the brochure and registration in the mail. Kudos to Cat, Debbie, and all the CHLA PNP's who contributed to this venture.

Please see *President's Message*
on page 2

President's Message from page 1

Shannan's (President-Elect) efforts in National's KySS campaign have not gone unnoticed. She developed a presentation that National can potentially use to educate non-health professionals and parents about the mental health needs of children and adolescents. I commend her greatly for undertaking such an endeavor. For more information on the KySS campaign, contact Shannan (sstephenson@dhs.lacounty.gov) and visit National's website: www.napnap.org

On January 17th, Shannan and I attended AANP's (American Academy of Nurse Practitioners) Region 9 Invitational Leadership Meeting in San Diego. I walked away from this one-day conference overwhelmed, but armed with useful information and insight into legislative and practice issues amongst nurse practitioners nationally as well as in different states and disciplines. PNs were well represented at this meeting – that was refreshing! Some of the topics that were addressed were the DNP role, medical home, and health care reform. For more information on AANP, visit their website: www.aanp.org



During this presidency, I wanted to focus on health care for foster care children and child abuse prevention. April is Child Abuse Prevention month and May is Foster Care Awareness month. As we get closer to these months, I hope to offer members a glimpse into these special populations. Also, don't forget our annual scholarship luncheon in May. Details to follow.

Keep in touch! Call (310-729-4782) or email (denise.alejandro@gmail.com) me for any concerns, suggestions, or questions. Stay warm and dry during this stormy weather. I hope to see you in Long Beach and San Diego!

DID YOU KNOW?

NAPNAP has a Child Maltreatment and Neglect special interest group (SIG). I encourage you to join if this is your subspecialty and/or interest. Visit the National website and click on Special Interest Groups in the left hand column.

NAPNAP LA's Treasurer's Report

Date: Activities from 11/19/08 – 2/10/09

By Mimie Lorca

<i>BALANCE ON JANUARY 24, 2009</i>	
ACCOUNT TYPE	AMOUNT
CHECKING	\$10,482.75
CD # 1	\$ 14, 337.61
CD # 2	\$12,192.62
TOTAL	\$37,012.98
<i>INCOME</i>	
CATEGORY	AMOUNT
Membership Dues = 13 (10/17/08)	\$525.00
Membership Dues = 6 (12/19/08)	\$240.00
TOTAL	\$765.00
<i>EXPENSES</i>	
CATEGORY	AMOUNT
Postcards, mailing (Spring Conference)	\$209.00
Annual Conference Registration	\$225.00
Copying, printing, stamps (Membership)	\$109.91
Copying, printing, (Spring Conference)	\$547.66
USPS (Stamps)	\$16.80
TOTAL	\$1,108.37

Legislative Update – February 2009

By: Shannan Stephenson, MSN CPNP

First and foremost, I want to thank all who voted. What an amazing turn out! Following the longest election process in American history, we finally have some results. With increased Democratic majorities in the Senate and House, Congress and President Obama quickly succeeded in expanding the State Children's Health Insurance Program. Obama said the measure marked the first step toward achieving universal health coverage in the U.S. California could get as much as \$30 billion under the expansion.

NAPNAP Applauds Congress and President Obama for Expanding SCHIP!

NAPNAP also supports the decision to pay for the SCHIP expansion by increasing the tax on cigarettes and other tobacco products. "Helping to keep cigarettes out of the hands of children and teens is an added bonus," NAPNAP President Linda L. Lindeke.

HR 2, as amended by the Senate last Thursday and approved by the House, will provide \$32.8 billion in extra funds over the next four and a half years, providing health coverage for an estimated 4.1 million children in addition to the 6 million already covered under the program. Democrats in the House and Senate succeeded in their efforts to remove the 5-year waiting period for legal immigrants to enroll in SCHIP as well as other proof-of-citizenship barriers that reportedly have prevented legally eligible families from enrolling their children. The program expansion will be funded, largely, from a 61-cent increase to the cigarette tax. Other limitations to the expansion of existing physician-owned specialty hospitals and the prohibition of the creation of new specialty hospitals, which were included in the bill the House passed originally, were removed from the final bill. (NAPNAP Health Policy E-News, 2/6/09)

More Child-Related Election Results...

As they have in recent years, Californians approved selling bonds for children's hospitals and rejected the initiative that would require minors to notify a parent before an abortion. Four years ago, Californian voters approved a \$750 million bond measure for children's hospitals. This election we voted for another \$980 million to fund renovation, expansion, or purchase of new furnishings and equipment at California's eight not-for-profit children's hospitals. The measure, Proposition 3, passed with 55% of the vote. It will distribute bond funds to hospitals over a 30-year period with 20% designated for University of California facilities.

For the third time in three years, California voters decided not to require clinicians to notify a parent before performing an abortion on an un-emancipated minor. Proposition 4 was rejected by 52% of voters. Similar statewide measures were defeated in 2005 and 2006. Opponents argued pregnant girls would face greater health risks if the measure passed. Supporters of the parental notification measure state they will not give up.

The Death of AB 1436...

According to the California Association of Nursing Practice (CANP), AB 1436, the bill that was to advance California Nurse Practitioner's scope of practice, has completed its course at this time. This was a two-year process in which the bill advanced the farthest it has since its

Legislative Update (cont.)

initiation. At this time a new team of lobbyists, working on CANP's behalf, are working diligently at putting together a new bill to begin the process from this point forward. The bill will have a new name once drafted.

New Legislative Chair Needed!!!

After 2 years in office as your Legislative Chair, in July 2009 I will be moving on to Chapter President. Having entered the role of Legislative Chair as a new-grad, I was not sure whether I would be fit for the job. Not only was this role manageable, it was also a great learning experience! I have included the 2009 goals of the NAPNAP Health Policy Committee, in order for you to learn more about what we as an association are committed to achieving. Maybe this will spark an interest in your own heart and an impulse to volunteer for this fulfilling position.

Goal #1 Improve children's health through support and direct advocacy on the following issues:

- Preventing childhood overweight and obesity through policies that support strategies to promote healthy nutrition and physical activity levels.
- Increasing the awareness of pediatric palliative care and pain management issues.
- Ensuring that all children have access to a pediatric primary care provider such as a nurse practitioner or a physician.
- Raising awareness about children's mental health and emotional problems and the great need for access to mental health services.
- Encouraging development of more quality indicators focused on the health care of children.
- Supporting full funding of Medicaid and SCHIP programs.

Goal #2 Promote access to Nurse Practitioners through support and direct advocacy on the following issues:

- Recognizing nurse practitioners as leaders of medical homes.
- Promoting increased funding for advanced practice registered nurse education and development of faculty.
- Expanding coverage and reimbursement by governmental and commercial payers for services provided by nurse practitioners.
- Ensuring nurse practitioners are permitted to participate in any federal grant programs aimed at increasing the use of health information technology and electronic medical records.
- Promoting access to a pediatric primary care provider such as a nurse practitioner or a physician for all children.

NAPNAP Executive Board approved October 25, 2008

Committee Updates

COMMUNITY OUTREACH--VOLUNTEERS NEEDED!

We will be donating **\$1000 to The Painted Turtle Camp** which is a camp for seriously ill children (hemophilia, Crohns and colitis, transplant, skeletal dysplasias, diabetes, and muscular dystrophy). In the summer there are 5-7 day sessions and each week focuses on one of the medical conditions. The camp is free and is supported by donations.
<http://www.thepaintedturtle.org/turtle/thecamp/>

In addition to donating funds towards The Painted Turtle, I felt that it is equally essential for Community Outreach to identify one project this year that would make a difference in the community. As Nurse Practitioners, we are interested in educating families, and I think it is important for us to focus on supporting a program identified by National Napnap. **KySS** is one such program (www.napnap.org). Shannan Stephenson has put together a great power point lecture to educate families and teachers about mental illness identification and treatment options in the early adolescent. In an effort to reach out to the community, I hope that you will join this event.

It is a 1 hour presentation that we will present at several Middle Schools. We plan on starting this in Jan 2009 once all the final touches are complete and would really appreciate your support and expertise. We need **volunteers** to help with **pre and post presentation planning and administrative needs, in addition to "day of" assistance with decorating, checking in parents, and presenting of the material**. Of course, we will meet before then to review the material but it would be nice to have NP support at this function.

Please email me at helenlau01@hotmail.com if you are interested in helping or if you have comments.

Thanks,
Helen Lau
Community Outreach

Scholarship: Myra is busy contacting CSULB, CSULA, APU, and UCLA. We will be offering 3 scholarships this year. The deadline for the scholarships is April 1st. Please contact Myra with any questions and for more information at myracleary@yahoo.com.

Epilepsy camp applications are avail from Myra Cleary for patients who are on at least one AED. If you would like more information please contact me at 310-222-4246. Camp dates are June 14-19, 2009 at Yosemite Ridge. The Epilepsy foundation would like to send thier thanks to LA NAPNAP for their generous contribution to this organization. Deadline is March 27, 2009.

Program Update

Please join us for our Annual Spring Conference, The Art and Science of Pediatric Nursing, on Saturday, April 18, 2009, at Long Beach Memorial Hospital. Our very own Dr. Bobbie Nelms will be speaking on how to submit a manuscript for publication. Other topics include: Pediatric Dermatology, Pediatric Radiology, Office Hematology, Preoperative Assessment, and Pediatric Infections. Registration flyers will be mailed out mid-February. The deadline for registering is April 1, 2009. For questions, please contact Cat Goodhue CPNP at cgoodhue@chla.usc.edu or (323) 361-4566. See you there!!



Directions to Conference

Long Beach Memorial Medical Center
Houssels Auditorium
 2801 Atlantic Avenue, LB, CA 90806

From the 405 north or south freeway exit at the Atlantic Avenue South off ramp. Travel South on Atlantic, crossing Spring St. Just past Columbia St, look for the well-marked entrance to LBMMC. Turn right and enter the parking area.

Please bring a new soft or hard cover book as part of NAPNAP-LA's Community Outreach Program!



Saturday, April 18, 2009

The Art and Science of Pediatric Nursing

Sponsored by:
NAPNAP LA
 And
CHLA



The Art and Science of Pediatric Nursing Program

7:30-8:15 am	Registration; Continental Breakfast
8:15-8:30 am	Welcome/Announcements
8:30-9:30 am	Writing for Publication: You Can/Should Do It!
9:30-10:30 am	Pediatric Dermatology in the Primary Care Setting
10:30-11:00 am	Break/Exhibits
11:00-12:00 pm	Clinical Puzzles in Pediatric Radiology
12:00-1:00 pm	Lunch/Exhibits
1:00-2:00 pm	Office Hematology
2:00-3:00 pm	Preoperative Assessment of the Pediatric Patient
3:00-3:15 pm	Break
3:15-4:15 pm	Pediatric Infections: Hitting a Moving Target
4:15-4:30 pm	Evaluation/Closing

Faculty

- Bobbie Crew Nelms, PhD, RN, CPNP**
California State University, Long Beach
- David Peng, MD**
Department of Dermatology, USC
- Cornelia Kaminsky, MD**
Department of Radiology, CHLA
- Thomas D. Coates, MD**
Department of Hematology, CHLA
- Joanna Green, MD**
Anesthesia/Critical Care Medicine, CHLA
- Teresa Rushing, Pharm.D., BCPS**
Department of Pharmacy, CHLA

Learning Objectives

- 1) Understand processes related to the development of a manuscript for publication.
- 2) Recognize clinical features of dermatological conditions requiring specialty referral.
- 3) Describe indications for pediatric radiologic evaluation.
- 4) Identify signs and symptoms of common pediatric hematological disorders.
- 5) Become familiar with important factors in presurgical pediatric assessment.
- 6) Promote appropriate pharmacotherapies for pediatric infectious diseases.

Registration Form

Sign up for: (6 CEU's)	Price
<input type="checkbox"/> Pediatric Health Care Professional	\$85.00
<input type="checkbox"/> Student (Bring ID)	\$15.00
<input type="checkbox"/> Special Conference Rate NAPNAP, LBMMC, and CHLA Staff	\$75.00
<input type="checkbox"/> On-Site Registration	\$90.00
TOTAL	_____
Name	_____
E-mail	_____
License No.	_____

Make Check Payable to
NAPNAP-LA and mail to:
 Cat Goodhue, CPNP
 400 Richmond St. #1
 El Segundo, CA 90245

Saturday, April 18, 2009

Registration Deadline
 April 1, 2009

Register Early!
 Registration forms Available on-line
www.lanapnap.org

For questions please contact:
 Cat Goodhue cgoodhue@chla.usc.edu
 323-361-4566