



# NAPNAP-LA Newsletter www.lanapnap.org

Editor: Nancy Yap

February 2007

## INSIDE THIS ISSUE:

Past Pres Message	2
Supporting Our Own	2
Legislative Updates	3
Pediatric Update	4
Committee Reports	5
Upcoming Events	6
Job Opportunities	7

# President's Message Mary Whitten

Ah, wintertime. The cold weather, fireplaces and hot chocolate. Yeah, right. How about..... the gentle whirr of the nebulizer machines? How about the medical director frantically asking, "Can you work an extra day?" RSV season has hit our office late this year and we are hoping it does not run late as well! Although, I must say, there are many humorous moments. I had an 8 y/o with a fever of 2000 degrees. At least that is what he reported as he proudly gave me his history. With mom sitting nearby and a twinkle in her eye, I said, "Wow, THAT is quite a fever." He said his mom gave him some medicine and it went away.

Another little cherub, 2 years old, was sucking on a blue ring-pop like a pacifier. When she removed it for me to look at her throat there was a perfect blue circle around her mouth, her lips and tongue dark blue. Another child was attracted to my painted toenails with flowers and kept playing with my feet. How about the 4 month olds who make eye contact and carry on with full conversations? Okay, I do not really understand them, but THEY think I do. And, it sure warms my heart. Reminders of why I like being a PNP.

Your NAPNAP-LA board is busy with lots of plans. So much to look forward to before we finish out this year in June. Stay tuned for the registration brochure for our 2nd Annual NAPNAPLA/CHLA Conference, Saturday, April 21st. I have a few NAPNAP-LA t-shirts left for sale and there will be raffle tickets as usual. Last year I was a thrilled recipient from the raffle of the latest of Margaret Brady's PNP books, and she autographed it!

The National Conference in Orlando, Florida is in March and I am looking forward to it as last year was amazing. If you have not attended a National conference, I highly recommend it. New info, meeting PNP's from all over the U.S. and I could go on and on. I have registered, bought plane tickets and gotten my room reservations. I will be sharing a room again this year with my dear friend Carma Tobiassen (our NAPNAP-LA secretary). I would like to meet all of you that will be there at the Opening Reception, Wednesday evening from 6:30-8pm, so please let me know if you will be there! <a href="mailto:mwhit-ten@rocketmail.com">mwhit-ten@rocketmail.com</a>. This is an especially fun reception as they serve wine and lots of yummy food. So, see you there!

I am in the process of setting up next year's board and we have openings for new members! We meet for board meetings 3 times a year, the rest of the board meetings are phone conferences (so jammies and slippers are required attire). I treasure my NAPNAP friends, having a part in children's health and look forward to sharing this with others. Please contact me ASAP. We mentor!

So, like I have said before, let's be visible advocates for kiddos and what we do. Join me and be an active participant!

## **Special points of interest:**

- President's Note
- Judy's Message
- Vote for Melissa!
- Newly Implemented Legislation
- New Immunization Schedule
- Committee News
- Spring and National Conference
- Hot Jobs!
- NAPNAP-LA Calendar

### Past President's Message Judy Cobos

Dear Colleagues

Here we are – barely in to the New Year and witnessing the coldest weather I have experienced in a long, long time. Last year it was the rain – this year the temperature. Next year? Enough about the weather.

Last week I attended the CANP Business and Technology Conference and there is some really good news coming from Sacramento. Governor Schwarzenegger announced his health care proposal on Jan 8, 2007. Our Nurse Practitioner which he has nominated to the BRN to represent Advanced Practice Nurses was present. Within the framework, the Governor proposed to "Remove statutory and regulatory barriers to expansion of lower cost models of health care delivery such as retail-based medical clinics by making scope of practice changes for "physician extenders" such as nurse practitioners and physician assistants." This is very positive news for us and something that CANP has been working on for the last five years. It means we would not require a collaborating physician.

As you probably are aware, the AMA, among others, has been fighting the Nurse Practitioners staffing the "mall clinics" without an onsite physician, suggesting that they may not be safe. We all know otherwise. The other side is that the new CEO of the California Medical Association has announced their opposition to this aspect of the governor's health reform package in California. Members of the CMA plan not to support any measure that does not require patients to first be seen and evaluated by a physician. You are all aware that the CMA has the finances to support their position on this issue.

This is a profoundly critical time in our professional undertaking that necessitates our strongest response from every Advanced Practice Nurse in the State of California! This is our greatest challenge. Nurse Practitioners have been working long and hard and we have proven ourselves to be extremely competent in our field. Studies have consistently shown that we are rated very high in patient satisfaction. Now, is the time to "put our money where our mouth is" (so to speak). We cannot afford to lose ground and we want to ensure our future employment and establish Nurse Practitioners as a part of today's health care. The action I am recommending as your Past President of NAPNAP-LA, is to join the California Association of Nurse Practitioners. They have the lobbyist(s) in Sacramento. You can join on line at www.canpweb.org and the cost is only \$16.00 a month.

Also, a little bit of nagging. If you have not already applied for your Unique Provider Number, please do so ASAP. Time is running out and it will be needed on any prescription you write.

Lastly, in the words of Beverly Sills, "You may be disappointed if you fail, but you are doomed if you don't try".

This is a profoundly critical time in our professional undertaking necessitating our strongest response from every APN

#### **National NAPNAP Secretary**

**Support** our very own **Melissa Reider- Demer** as she runs for a second term as National NAPNAP Secretary by giving her your vote. Here is her message:

I am running for a second term as national secretary in the up-coming National Association Pediatric Nurse Practitioners (NAPNAP) elections. This letter is to introduce myself to you and your chapter members as a candidate for secretary.

I have been a practicing pediatric nurse practitioner (PNP) since I graduated from UCLA School of nursing in 1998. I have mostly practiced within the clinical setting .I have taught and have been a preceptor for a number of students for undergraduate and graduate programs.

My involvement with (NAPNAP) has been through a local and a national level for many years.

On behalf of NAPNAP-LA I was the social chair for 3 years and a very active chapter president with a number of educational and out-reach programs. After my presidency I also assisted in creating the first CHLA/NAPNAP-LA conference, which I was instrumental with its occurrence. This is now an annual conference. Throughout my involvement at a local level I have also been active on a national level. Since 2003 I have been an active member on behalf of the Professional Issues Committee (PIC). I have been instrumental with the malpractice insurance survey, and have recently published an article in the Journal of Pediatric Health Care (JPHC) addressing a current PNP professional issue. I also am a co-author in another forth-coming article for publication in IPHC. To better ensure the information available is accurate for PNP practice, I am in the interim of completing a neurology chapter for the 4<sup>th</sup> edition of Pediatric primary care.

Likewise in June 2007, I will be joining the scope of practice committee to ensure the PNP guidelines are being met. Additionally, I am completing my second year of my term as a national secretary. This has been an excellent experience with collaborative work with outstanding colleagues. My professional growth has been most rewarding.

Additionally, I have been a leader for the Advanced practice group at Children's Hospital of Los Angeles and have recently headed our first out-comes measurement project for patient satisfaction.

The national board has allowed my role to grow to better meet the board and organizational needs. I will continue to meet the new role duties and further expand to meet the member's needs if re-elected for a second term. I truly believe in PNPs and hope to continue serving on an on-going basis.

It would give me great pleasure to continue to serve NAPNAP at a national level as a reelected secretary. I feel NAPNAP members would benefit from the skills and abilities that I have gained from being an active member at a national and state level, and could better maintain the responsibility of the role as secretary if granted a second term.

Thank you for your time and consideration. Sincerely,

Melissa Reider-Demer MSN, PNP

Page 2

NAPNAP-LA NEWSLETTER

# Legislative Update Debbie Harris

Governor Schwarzenegger signed the following legislation:

- AB 1591 (Chan): Permits a certified Nurse Practitioner to bill Medi-Cal independently for his/her services. "Certified" means nationally board certified in a recognized specialty.
- AB 1745 (Chan): Hospice and Palliative Care Act: This legislation requires the California Department of Health Services to develop, implement, and evaluate a pilot project waiver to provide a pediatric palliative care benefit, which would include those services that are available through the Medi-Cal hospice benefit. The Children's Hospice and Palliative Care Coalition estimates that there may be approximately 10,000 to 12,000 children on public health programs such as CCS and Medi-cal who may be eligible for pediatric hospice services. This bill directs the California Department of Health Services to pursue a federal waiver to allow children receiving hospice services to also receive potentially curative treatments.
- <u>AB2379 (Chan): CCS Carve-Out Bill</u>: This legislation ensures that, for the next six years-until January 1, 2012, children who are Medi-Cal managed care enrollees and have complex medical needs are treated through the California Children's Services network of specialty/subspecialty providers and special care centers, thereby helping to protect the health of vulnerable children.
- SB 437 (Escutia): Easing the application process for Medi-cal and Healthy Families Programs: This bill tests a new system to reduce the paperwork required for parents to apply for Medi-Cal and Healthy Families coverage for their children, ensures immediate coverage through accelerated enrollment for children who become ineligible for Medi-Cal and appear eligible for Healthy Families and creates an enrollment gateway into Medi-Cal and Healthy Families for children participating in the Women, Infants and Children program. This bill is expected to cover 94,000 additional children.
- <u>AB 1948 (Montanez):</u> This bill allows a family, on behalf of a child, to simultaneously pre-enroll in temporary presumptive eligibility and apply for regular ongoing Medi-Cal or Healthy Families coverage, thereby making it easier for families of children to apply for Medi-Cal and Healthy Families.
- AB 1851 (Coto): This bill will help families enroll their children in Healthy Families by allowing health, dental and vision plans to continue providing application assistance directly to Healthy Families applicants referred by a government agency, school, or school district
- AB 2560 (Ridley-Thomas): This legislation requires the California Department of Health Services, in conjunction with the California Department of Education, to establish a Public School Health Center Support Program to support California's school health centers by increasing cross-agency collaboration, gathering data about services delivered in school health services throughout the state and providing technical assistance to aid in the development of new and existing school health centers.
- <u>AB 2651 (Jones):</u> This bill requires acute care hospitals to participate in the California Newborn Hearing Screening Program and to administer a hearing screening test to all newborns, upon birth admission. This bill will increase the number of newborns who receive hearing screenings at birth and identify hearing loss as early as possible.
- AB 576 (Wolk): This legislation makes it easier to share data regarding immunizations thereby strengthening California's immunization registries. This bill also requires the California Department of Health Services to develop a plan for the expansion of existing registries and the creation of a statewide immunization registry to improve public health, better serve children, and reduce health care

## Other Legislation Pertaining to Children Nancy Yap

**AB 115:** This legislation was introduced by Assemblywoman Shirley Horton in January 2007. This bill will require all registered sex offenders to register their e-mail addresses, MySpace account names, instant messaging identities and other online aliases with the state.

The focus of AB 115 is to make it easier to block access to online hangouts from sexual predators. This includes punishing predators for making changes to their online accounts or using aliases without informing the proper authorities. Punishment would reflect the current law in providing incorrect information to the authorities which result in criminal penalties.

AB 115 provides a proactive approach in protecting our children since online communities such as MySpace are becoming more popular. The younger generation are spending increasing hours online thus making them more susceptible to sexual predators who exploit their insecurities to try and lure them into unsafe situations.

Anti-Spanking Bill: Introduced by Assemblywoman Sally Lieber. This bill would prohibit parents or guardians from spanking children under 3 years of age in California. Violation of the law would land a parent/guardian in jail for one year and/or a 1,000 dollar fine. Assemblywoman Lieber has said that such a bill is necessary because spanking victimizes helpless children and breeds violence.

» How will this impact your practice? Share your thoughts on this matter at www.lanapnap.org under the forums section.

### **Pediatric Update:**

#### From the National NAPNAP Office:

NAPNAP received the following announcement from the MedWatch/FDA Safety Information and Adverse Event Reporting Program and felt is would be of interest to our members.

The FDA issued a Public Health Notification to inform health care providers and consumers about 28 post-marketing reports of intussusception following administration of Rotavirus, Live, Oral, Pentavalent vaccine (RotaTeg).

Intussusception is a serious and potentially life-threatening condition that occurs when the intestine gets blocked or twisted.

Because vaccine adverse events are not always reported to FDA, there may be additional cases of intussusception following vaccination of which we are unaware. This information is important in helping FDA and CDC assess whether RotaTeq may be associated with an increased risk of intussusception and, if so, to what degree. Healthcare professionals and others are encouraged to report any cases of intussusception or other serious events that may be associated with the use of RotaTeq to the Vaccine Adverse Event Reporting System (VAERS). Parents should contact their child's doctor immediately if the child has stomach pain, vomiting, diarrhea, blood in their stool or change in their bowel movements, as these may be signs of intussusception.

Read the complete MedWatch 2007 Safety summary, including links to the Notification, Label and Patient Product Information, at:

http://www.fda.gov/medwatch/safety/2007/safety07.htm#RotaTeg

The new updated immunization schedule for 2007 includes recommendations for rotavirus and HPV (human papillomavirus) as announced in 2006.

- Rota vaccine: 3 dose schedule at 2, 4, and 6 months.
- Influenza vaccine recommended for all children ages 6-59 months.
- Varicella vaccine: 1st dose at 12-15 months and a newly recommended dose at 4-6 years of age.
- HPV vaccine: 3 dose schedule with the 2nd and 3rd doses administered at 2 and 6 months after the first dose.



FIGURE 1. Recommended immunization schedule for persons aged 0-6 years - United States, 2007

Vaccine ▼ Age ►	Birth	month.	months	4 months	6 months	12 months	15 months	18 months	19-23 months	2-3 years	4-6 years	
Hepatitis B¹	HepB	HepB		See footnote t	HepB			HepB Series				
Rotavirus <sup>2</sup>			Rota	Rota	Rota							
Diphtheria, Tetanus, Pertussis <sup>3</sup>			DTaP	DTaP	DTaP	DTaP				DTaP	Range of recommende	
Haemophilus influenzae type b*			Hib	Hib	Hib*	Ніь		Hib		ages		
PneumococcaF			PCV	PCV	PCV	V PCV			PCV			
Inactivated Poliovirus			IPV	IPV	IPV				IPV	Catch-up immunization		
Influenza <sup>6</sup>				CONTRACTOR .		Influenza (Yearly)						minumzauor
Measles, Mumps, Rubella <sup>2</sup>				-615000000	10.5224.55.00	MI	MR	0.000.000			MMR	
Varicelia*		300000000000	*********	*********		Vari	cella	***********			Varicella	Certain
Hepatitis A <sup>b</sup>					HepA (2 doses)		HepA Series		high-risk			
Meningococcai <sup>18</sup>									MPSV4		groups	

FIGURE 2. Recommended immunization schedule for persons aged 7-18 years - United States, 2007

Vaccine ▼	7-10 years	11-12 YEARS	13-14 years	15 years	16-18 years			
Tetanus, Diphtheria, Pertussis <sup>1</sup>	See footnote 1 Tdap Tdap							
Human Papillomavirus²	See footnote 2	HPV (3 doses)		5	Range of recomm			
Meningococcal <sup>3</sup>	MPSV4	MCV4	MCV4° MCV4			ages		
Pneumococcal <sup>4</sup> PPV								
Influenza <sup>s</sup>	nfluenza¹ Influenza (Yearly)							
Hepatitis A <sup>s</sup>	HepA Series							
Hepatitis B <sup>7</sup>		HepB Series						
Inactivated Poliovirus®	IPV Series							
Measles, Mumps, Rubella	MMR Series							
Varicella**	Varicella Series							

Reference: http://www.cdc.gov/nip/recs/child-schedule.htm

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## **Committee Chair Reports:**

#### Membership: Carolina Sandoval

Please review your NAPNAP-LA directory information and let Carolina know if there are any corrections to be made. She can be reached at <a href="mailto:Carolina\_Sandoval@chino.kl2.ca.us">Carolina\_Sandoval@chino.kl2.ca.us</a>.

#### **Scholarship:** Denise Alejandro

Scholarship applications were sent in January to APU, CSULA, UCLA, CSULB and Loma Linda. Application deadline is April 30<sup>th</sup> for consideration. If you have any questions, please contact Denise at <a href="mailto:denise.alejandro@gmail.com">denise.alejandro@gmail.com</a>.

#### **Tijuana Medical Missions:** Mariela Nava

Check your email for upcoming trips to Tijuana to provide medical care. For more information, please contact Mariela Nava at <a href="mailto:mariela.c.nava@kp.org">mariela.c.nava@kp.org</a>.

#### Website: Francis Yap

If you have any major announcements or upcoming events that you would like listed on the website, please contact me at <a href="tetro@lanapnap.org">tetro@lanapnap.org</a>.

#### **Newsletter:** Nancy Yap

If you have recently changed your email address, please send me your updated information at <a href="mailto:nyap@sbcglobal.net">nyap@sbcglobal.net</a>. As always, we welcome any suggestions. Those wanting to contribute to the newsletter by writing an article may contact me as well.

#### **Treasurer:** Dominic Koh

Interest Checking: \$12,783.30

CD: \$13,265.81 CD #2: \$12,206.98

#### Community Outreach: Jody Church

Dear NAPNAP Members:

The following is what we have got so far:

- From member donations, we were able to give 30 children's books to the Northeast Valley Health Corporation Xmas Holiday Gift Program.
- From the "Big Sunday" holiday giving program, 2 boxes of layette items were delivered for the LAC USC Newborn nursery. Norma Matlock, PNP, has recently retired and will no longer be our contact person there. She has given me the name of someone else there to see if she might be willing to continue in that role. Several other agencies have contacted me with a desire to make donations.
- I have signed us up to be donation recipients for the annual "Big Sunday" regular event that will take place April 28 and 29<sup>th</sup>, 2007. Hopefully we will get more stuff from that.
- We will be making our annual \$1000 chapter donation to Hillview Acres residential home for abused and /or neglected children. Check out their website at <a href="https://www.hillview.org">www.hillview.org</a>
- Our own Karen Fond is trying to put together a NAPNAP Special Interest Group for Reach Out and Read. I think she may be trying to arrange a get together at the upcoming National meeting. If anyone is interested contact her at <a href="mailto:kfond@mednet.ucla.edu">kfond@mednet.ucla.edu</a>

Don't forget to bring a new hard cover or soft cover book to all NAPNAP-LA functions . . . .



#### **Upcoming Events:**

### **SAVE the Date!**



## Saturday, April 21, 2007

"Swing Into Spring: Advancing Practice in Pediatric Care"
Presented by LA-NAPNAP & Children's
Hospital Los Angeles
8 hours CEU's
Location: Saban Research Institute

Children's Hospital LA 4650 Sunset Blvd

Los Angeles, CA 90027

## See you there!



#### NAPNAP/CHLA Spring Conference: Cathy Goodhue

Join your fellow colleagues and "Swing Into Spring: Advancing Practice in Pediatric Care" on Saturday, April 21, 2007. The conference will be held at Children's Hospital Los Angeles in the Saban Auditorium. Topics include: Bullying, X-ray Interpretation, Name That Syndrome, Swifter, Higher, Stronger: The Use and Misuse of Anabolic Steroids, Sports Injuries/Physical, and Internet Safety.

Registration forms will be mailed to you in February. Please contact **Cathy Goodhue** (323) 660-2450 x2862 or cgoodhue@chla.usc.edu for further information.

#### **28th Annual NAPNAP Conference:**

March 21—24, 2007

Orlando, Florida

NAPNAP is pleased to offer a variety of intensive workshops, which provide a more extensive or hands-on learning experience for attendees. Please register early for intensive workshops, as enrollment is limited.

Need Pharmacology hours? Register for the full-day **Pediatric Pharmacology Update** to earn 8.4 Rx contact hours. Held on Tuesday, March 20, from 8:00am – 4:30pm, this comprehensive educational experience will provide the pediatric health care provider with an extensive review and update of pediatric pharmacology, with a better understanding of therapeutic benefits, as well as potential risks of medications prescribed for children, including efficacy, safety and prescribing recommendations. Session is limited to 125 participants so sign up now!

Coding and Reimbursement an Issue for you or your practice? You won't want to miss session 015 - Coding and Billing in Pediatric Primary Practice. Scheduled for Saturday, March 24, from 9:30am – 2:30pm, this session will answers questions about how to get paid for services you provide.

NAPNAP is also pleased to offer both a **HEAT<sup>SM</sup> Workshop** and **KySS<sup>SM</sup> Workshop** at the conference on Tuesday and Friday respectively.. Both sessions provide extensive resources related to the specific NAPNAP initiative.

Additional Intensive Workshops Include:

I Can Do That! Common Pediatric Office Procedures - Offered twice on Tuesday 3/20 from 9:00 am - I2:00pm AND 2:00 pm - 5:00 pm.

Creating an Evidence-Based Practice on Your PDA - Tuesday, 3/20 from 12:00 noon - 3:00 pm

Emerging Science in Pediatric Acute Care - Tuesday, 3/20 - 12:00 - 3:00 pm

Wound Management in the Primary Care Setting - Tuesday, 3/20 - 4:00pm - 7:00pm

Minding Habits - Wednesday, March 21 - 7:00am - 10:00am

Improving Preventive and Developmental Services for Young Children - Wednesday, March 21 - 7:30am - 10:30am

Part I - A Systematic Approach to 12-lead ECG Interpretation (3/21/07 - 7:30 am - 8:45 am) AND Part 2 - Advanced 12-lead ECG Interpretation (3/21/07 -9:00am - 10:15am)

## **Other Upcoming Seminars:**

Regional CME/CE symposia series helps practicing clinicians to keep up to date on current guidelines, clinical trials and teaches techniques for evidence-based management in clinical practice. Nationally recognized nurse practitioners and physician assistants guide each program to enhance the learning experience. Participants learn through interactive case study exercises and question-and-answer sessions.

#### Topics include:

Allergy/Immunology Diabetes Obesity

Arthritis Dyslipidemia Opthalmology
Asthma Gastroenterology Pain Management
CNS Hypertension Sleep Disorders

Dermatology Infectious Disease Urology

Date: April 21, 2007 Location: Irvine, California

» Register at www.practicingclinicians.com for complimentary CME/CE Credits

#### **Featured Jobs**

Carole McCauley, MD is looking for coverage for a few hours usually Tuesday mornings and Thursday afternoons. For more details, please call her at (562) 260-2109 or via email at

cpmccauley@verizon.net.

Harbor-UCLA Medical Center in

Torrance is looking for a Pediatric Clinical Nurse Specialist to cover a 28-30 bed Peds ward which includes 8 step down beds, 10 bed Peds ICU and Peds clinic. There is an immediate opening for this position in the next few weeks. Experienced CNS's and new grads welcome to apply. Interested applicants may contact **Denise Alejandro** at

<u>dalejandro@ladhs.org</u> or <u>denise.alejandro@gmail.com</u>.



Children's Clinic in Long Beach is looking for a PNP at their satellite community clinic at Cesar Chavez School in Downtown Long Beach. Perspective applicants should have at least 5 years experience as a PNP in acute, chronic and well child care. The position if both administrative (managing a community clinic) as well as clinical. Fluency in Spanish is preferred and the salary is competitive. Please contact Lynn Messenger if you are interested in applying at work (562) 933--0421.

Wayne State University College of Nursing, recently ranked No. 5 in the nation according to the New Faculty Scholarly Productivity Index, is inviting applications and nominations for a Tenure Track or Eligible Faculty Position in Pediatric or Neonatal Nursing. A master's degree is required with a specialty in pediatric or neonatal nursing is desired. Clinical expertise in this area is required. Previous teaching experience at a baccalaureate or higher degree level is preferred. The successful candidate will be expected to initiate research or work on research projects in his/her areas of interest, to teach and to publish in nationally recognized journals.

Nominations and applications will be accepted for this position until it has been filled. Inquiries, nominations and applications should be sent preferably via email and in strict confidence to:

The Hollander Group

Info@thehollandergroup.net

Phone: (202)270-8772 Fax: (202)337-4046

#### **NAPNAP-LA Calendar:**

February 2007 scholarship applications go out to the schools.

»» Deadline for return April 30th.

Tuesday, February 20th Board meeting PHONE CONFERENCE 7pm

March 21-24, 2007 NAPNAP National Conference, Orlando Florida

April 21, 2007 NAPNAP-LA/CHLA Conference

**April 2007** NAPNAP-LA elections Prez-elect, treasurer and secretary - mail ballots

<u>April 28<sup>th</sup></u> Board meeting (in person) to do Pal of the Year, One of Our Own and review the Scholarship applicants at home of Judy Cobos

Saturday June 2<sup>nd</sup> June Dinner

June 23<sup>rd</sup> Board meeting (in person) at home of Mary Whitten

# NAPNAP-LA Rewards Program!

Don't forget to join National NAPNAP!

When you join **National NAPNAP**, please write **NAPNAP-LA** up in the upper right hand corner of the application. We will get credit towards our annual fees, fees for chapter CE programs and registrations at the annual conference.

#### Benefits of membership include:

- Subscription to the Journal of Pediatric Health Care
- Networking Opportunities
- Conference discounts, and more!

We're on the web! www.lanapnap.org



Nancy Ann Yap

Email: nancy@lanapnap.org

## Mail to: