

# Caring for Children Together



## NAPNAP-LA



### 2017-2018 NAPNAP-LA Presidents' Message

NAPNAP-LA  
2017-2018  
Co-Presidents  
Siem Ia, CPNP  
Andrea Tizano, CPNP

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#### Hello, NAPNAP-LA Members!

We hope that 2018 is off to a good start for everyone! As co-presidents of NAPNAP-LA, we would like to extend a warm welcome to new members who have recently joined the LA Chapter and to say "hello again" to those who have renewed! We invite you to get involved and we hope to meet you at upcoming events. The Board is looking for members to contribute their experience and to bring fresh ideas in a variety of leadership positions for the 2018-2019 year. Please consider joining us at our March 10, 2018 board meeting or contact any of the current board members if you are interested in getting involved.

Given the feedback we received from last year's member survey, one of our goals is to have NAPNAP-LA events in different areas of Los Angeles so that more members can attend. Last fall the chapter hosted an educational dinner in Atwater Village, regarding plagiocephaly and torticollis. We thank our past president Karla Haynes for coordinating this wonderful event. Our next educational dinner is planned for early March. The online health policy educational mini-sessions will also be available soon. For more information on upcoming events, visit [lanapnap.org](http://lanapnap.org).

NAPNAP's National Conference will be held in Chicago this March. On April 21, 2018, NAPNAP-LA and Children's Hospital Los Angeles (CHLA) will be hosting our annual Regional Conference at Children's Hospital Los Angeles. The Community Outreach Committee will be collecting children's books for our community partner, Reach Out and Read, at this year's Regional Conference. Please bring a book or two to help promote childhood literacy.

Lastly, nominations are open for the "Outstanding Colleague of the Year" and "Outstanding NP of the Year" awards. Take a few minutes to let us know of amazing fellow NPs and non-NP partners (social workers, nurses, dietitians, physicians, etc.) who inspire you. The deadline for nominations is March 1, 2018. We will also be awarding two \$500 PNP student scholarships this year. The awards will be presented at the Regional Conference, so please join us at the conference to celebrate the accomplishments of our colleagues and students!

We welcome any feedback, suggestions, or ideas. Please send them our way by email at [la.napnap@gmail.com](mailto:la.napnap@gmail.com)!



NAPNAP-LA Chapter Awards  
and Scholarship Application  
Deadline March 1<sup>st</sup>, 2018!

#### NAPNAP-LA Moving Ahead:

Follow NAPNAP-LA on Facebook and Twitter

Save the date for the NAPNAP-LA & CHLA Regional Conference  
April 21, 2018

## NAPNAP-LA Community Outreach

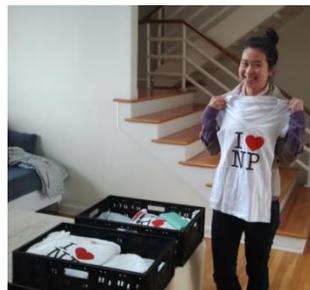
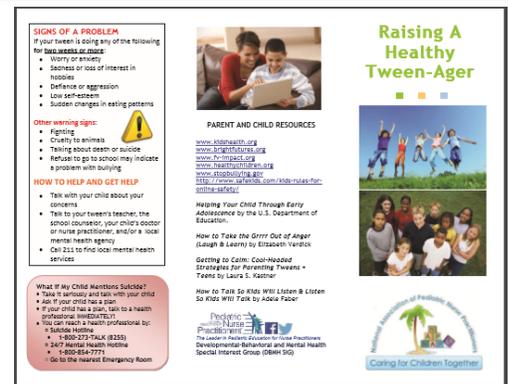
Shannan Stephenson, RN, MSN, CPNP, PMHS  
Siem Ia, RN, MS, CPNP  
Community Outreach Co-Chairs

We are pleased to share that our Community Outreach Co-chair Shannan Stephenson's abstract for "Raising a Healthy Tweenager" was accepted for the NAPNAP National Conference in Chicago! NAPNAP-LA, in collaboration with NAPNAP National, continues to offer the "Raising a Healthy Tweenager" parent brochure. This informational brochure is available for free to NAPNAP members! The brochure includes topics such as healthy development of early adolescents, warning signs of a problem, bullying, and effective parenting skills that help to increase a child's resilience. The brochures are now available in Spanish, Chinese, and Vietnamese. To obtain copies of the brochures for your office, please contact NAPNAP-LA or Daniela Weitzman ([dweitzman@napnap.org](mailto:dweitzman@napnap.org)) at the NAPNAP national office. The English brochure is also available on the NAPNAP LA Chapter website for download: <http://www.lanapnap.org/outreach/outreach>. We continue to plan to host this presentation for parents of middle school students in 2018. Lastly, we will again be supporting Reach Out and Read at the Regional Conference this April and will be accepting children's book donations at the conference.

For all of you who love PNPs, NAPNAP-LA has all sizes of last year's popular T-shirts for sale! Support your local professional organization and promote the pediatric nurse practitioner role by ordering a tee-shirt for only \$20! To order T-shirts, volunteer or if you have an idea for a community outreach project, please contact Siem Ia at [simia@ucla.edu](mailto:simia@ucla.edu).



Shannan Stephenson and Siem Ia



## NAPNAP-LA and CHLA

### 2018 Regional Conference Update

Catherine Goodhue, CPNP, and Debbie Harris, CPNP  
NAPNAP-LA Program Committee Co-Chairs



Debbie Harris and Cat Goodhue

MARK YOUR CALENDAR FOR SATURDAY, APRIL 21, 2018!!! NAPNAP-LA and the Nurse Practitioners at Children's Hospital Los Angeles (CHLA) are co-sponsoring our Annual Regional Conference. Our speakers this year are all APNs!!

- Eileen K. Fry-Bowers, PhD, JD, RN, CPNP - **Improving Child Health Care Through Policy: Examining the Past, Present and Future**
- Kimberly Erlich, MSN, RN, CPNP, CPMHS - **Managing Adolescent Depression in Primary Care**
- Kimberly Erlich, MSN, RN, CPNP, CPMHS - **Mindfulness-based Stress Reduction for Children and Adolescents**
- Melissa Reider-Demer, DNP, MN, CNP - **Potpourri of Neurology: When Situations Aren't What You're Expecting**
- Karen A. Rodriguez, RN, MN, CPNP-PC/AC - **Pediatric Surgery 101- Head to Toe**
- Phyllis D'Ambra, RN, MPA - **Pearls of Orthopedics**

We will be mailing out the registration flyer in February/March and the form will also be emailed to all NAPNAP-LA members as well as being posted on our website, [www.lanapnap.org](http://www.lanapnap.org). The event will take place between 7:30 a.m. – 4:45 p.m. in the John Stauffer Conference Room at Children's Hospital Los Angeles. Six CE's, parking, breakfast, and lunch will be available to conference attendees. We will also be awarding our PNP Student Scholarship, Colleague of the Year, and Outstanding NP of the Year awards during the Networking Lunch. Please contact Cat Goodhue if you have any questions: [cgoodhue@chla.usc.edu](mailto:cgoodhue@chla.usc.edu) or 323-361-4566.

# NAPNAP-LA Chapter Events 2017-2018



**NAPNAP-LA Board Meeting 1-13-2018**

**LA City Council 13<sup>th</sup> District Event**



**NAPNAP-LA Dinner Event 10-24-2017**



## NAPNAP-LA Member Spotlight Kelsey Scattergood, RN, MSN, CPNP-PC

Kelsey Scattergood is a Pediatric Nurse Practitioner in the Division of Plastic and Maxillofacial Surgery at Children's Hospital Los Angeles. She completed her undergraduate studies at the University of Delaware before completing her Masters of Science in Nursing at Villanova University in Pennsylvania. Previously, Kelsey was a registered nurse in the Emergency Department at Children's Hospital of Philadelphia before coming to California for travel nurse assignments at Rady Children's Hospital in San Diego and in the Children's Hospital Los Angeles Emergency Department.

Kelsey joined the Plastic Surgery Team in November 2016, where she coordinates complex care for the patients followed by the Craniofacial Team and the Facial Paralysis Team. She is also responsible for assessing infants referred to Plastic Surgery for congenital anomalies of the head or face, such as craniosynostosis and cleft lip and palate, evaluating their overall health and readiness for surgery.

In her free time, Kelsey enjoys traveling, knitting and surfing. She and her husband are also actively involved in Wags and Walks, a dog rescue organization.



## NAPNAP-LA Legislative Update

Sarah Green, RN, MSN, CPNP-AC  
Mallory Fossa, RN, MSN, CPNP  
Legislative Co-Chairs 2016-2018



**Lanapnap.org**

"Caring for Children Together"

Over the course of the past few months, so much has happened at a federal legislation level that it may be hard to keep it all-straight. The following summary of current health care legislation applies to your practice as a pediatric nurse practitioner:

1. **CHIP** (Children's Health Insurance Program) → Following 114 days of uncertainty and confusion, on 1/22/18 Congress agreed to fund CHIP for an additional six years. This legislation was passed in the bill that ended the government shutdown in January 2018.
2. **ACA** (Affordable Care Act) → As a part of the federal tax bill legislation, passed in December 2017, the individual mandate was eliminated from the ACA. The original purpose of the mandate was to allow for even distribution of risk among healthy and unhealthy Americans, thus allowing for shared costs and preventing Americans from being left without insurance.

Additionally, stay tuned for information regarding the California NAPNAP Child Health Policy educational event!

As always, if you have any concerns about current health policy both at the state or federal level, we urge you to contact your representatives to advocate for you and your patients' families! Please call the Senate switchboard operator at (202) 224-3121 or go to <https://www.senate.gov/senators/contact/> for the contact information of California Senators Diane Feinstein and Kamala Harris.

### Contact information for California state correspondence:

Edmund "Jerry" Brown (D)  
Office of Governor Edmund Brown  
State Capitol  
Sacramento, CA 95814  
Phone: 916/445-2841  
Contact form: <https://govnews.gov.ca.gov/gov39mail/mail.php>

Dave Jones  
Commissioner  
California Department of Insurance  
300 Capitol Mall, Suite 1700  
Sacramento, California 95814  
Phone: 916-492-3500  
E-mail: <http://www.insurance.ca.gov/0500-about-us/05-contact/>

### Links:

- <https://www.napnap.org/advocacy-center>
- <https://www.napnap.org/child-health-policy-learning-collaborative> (Monthly health policy conference call, first Wednesday of every month at 5pm PST September-May), open to ALL NAPNAP member).
- <http://canpweb.org/advocacy/legislative-news-and-information>



**NAPNAP-LA Board members (L to R): C. Goodhue; W. Miyares; L. Messenger; S. Stephenson; V. Torres; S. Ia; M. Fossa; A. Tizano**

**"Children are the living message we send to a time we will not see."**

**John F. Kennedy**