



National Association of  
Pediatric Nurse Practitioners<sup>SM</sup>  
CA: LOS ANGELES



## YOGA

*Join NAPNAP LA members for  
an opportunity to relax and  
connect through virtual **Yoga***

Wednesday, November 11<sup>th</sup>  
from 7pm to 8pm

*Please RSVP by Friday, November 6 to Lynn Messenger*  
[lmesscpnp@hotmail.com](mailto:lmesscpnp@hotmail.com)

*You will receive a confirmation email with Zoom meeting ID and passcode.*