Objectives

At the end of this course, participants will be able to:

- Describe the stages of change and their link to the "Spirit of Motivational Interviewing (MI)"
- Discuss the "Spirit of MI" and the reasons for resistance to change
- Identify MI techniques and tools to assist patients with "motivational enhancement"
- Articulate at least three causes of constipation
- Differentiate between retentive and nonretentive soiling
- Explain which pharmacologic interventions help to facilitate stooling
- Familiarize professionals on how the opioid epidemic is affecting children and teens
- Explore multiple approaches to preventing opioid addiction
- Provide new information on pain treatments and medications
- Address some unique challenges of dosing and pharmacotherapy in the pediatric population
- List novel medication therapies and their application in the pediatric population
- Explain the role of nurses and nurse practitioners in antimicrobial stewardship
- Assess oral health and preventive practices that should occur during the perinatal period and throughout early childhood
- Incorporate the Caries Risk Assessment and Self-Management tools for oral care into practice
- Convey the value of applying fluoride varnish in children at risk for poor oral care
- Name the necessary tools needed to perform a good cardiac examination
- Recognize the causes of chest pain in the pediatric population and identify the possible cardiac signs
- Consider potential causes of sudden cardiac death in the pediatric population





Recorded Directions

English: 323-361-9603 Spanish: 323-361-6443

The Metro Rail Red Line provides convenient access to the hospital at the Sunset and Vermont station. For more information, visit Metro.net or call 1-800-COMMUTE (1-800-286-6889).

Children's Hospital Los Angeles 4650 Sunset Blvd. Los Angeles, CA 90027 CHLA.org NAPNAP-LA and CHLA NP Group Annual Regional Advanced Practice Nursing Conference

"Pediatric Potpourri"



Saturday, April 6, 2019

Children's Hospital Los Angeles John Stauffer Conference Room 4650 Sunset Blvd. Los Angeles, CA 90027

Presented jointly by:





Schedule

7:30 - 8:15 a.m.

Registration, Exhibits, Continental Breakfast

8:15 - 8:30 a.m.

Welcome, Announcements

8:30 - 9:30 a.m.

"Motivational Interviewing – Effective Communication in the Primary Care Setting"
Mari Radzik, PhD

9:30 - 10:30 a.m.

"It's All About the Bowel – Constipation Updates" Debra Browne, RN, MSN, CPNP

10:30 - 11 a.m.

Break, Exhibits

11 a.m. – noon

"Prescription to Addiction: Addressing the Opioid Crisis"

Deborah L. Jury, MSN, CPNP-PC/AC, CNS

Noon - 1:15 p.m.

Luncheon, Awards, Exhibits

1:15 - 2:15 p.m.

"Novel Therapies" Regina Orbach, PharmD, BCPS

2:15 - 3:15 p.m.

"A Potpourri of Pediatric Cardiology for Primary Care" Sarah Ann Keil Heinonen, DNP, APRN, CPNP-PC

3:15 - 3:30 p.m.

Break

3:30 – 4:30 p.m.

"Oral Health Inequities – A PNP Call to Action" Inese Verzemnieks, RN, PhD, CNL, PHN

4:30 - 4:45 p.m.

Evaluation and Closing

Faculty

Mari Radzik, PhD

Clinical Psychologist
Division of Adolescent and Young Adult Medicine
Children's Hospital Los Angeles
Assistant Professor of Clinical Pediatrics
Keck School of Medicine of USC

Debra Browne, RN, MSN, CPNP

Pediatric Nurse Practitioner Division of Gastroenterology, Hepatology and Nutrition Children's Hospital Los Angeles

Deborah L. Jury, MSN, CPNP-PC/AC, CNS

Pediatric Nurse Practitioner Pain Management Program Children's Hospital Los Angeles

Regina Orbach, PharmD, BCPS

Antimicrobial Stewardship Pharmacist Children's Hospital Los Angeles

Sarah Ann Keil Heinonen, DNP, APRN, CPNP-PC

Pediatric Nurse Practitioner Inpatient Pediatric Pulmonology Children's Hospital Los Angeles

Inese Verzemnieks, RN, PhD, CNL, PHN

Lecturer

University of California, Los Angeles (UCLA) School of Nursing Nursing Representative UCLA Oral Health Interprofessional Education Grant



Please bring a children's book to donate for youth in foster care.

Registration Information

Sign up for six continuing education hours, including two pharmacology hours.

Preregistration (postmark deadline: March 22, 2019)

- Nurse practitioner/registered nurse: \$90
- Nurse practitioner student ONLY (must bring ID): \$50

Onsite registration (lunch not available and limited space):

- NP/RN: \$100
- NP student (must bring ID): \$60

Name:
Phone:
Address:
RN License #:
Email:
Employer:
Professional profile
Specialty:
Clinical setting:
NP school (students):

Send to:

Cat Goodhue, CPNP Children's Hospital Los Angeles 4650 Sunset Blvd., #100 Los Angeles, CA 90027

Make checks payable to: NAPNAP-LA

Registration forms available online at www.lanapnap.org

For questions, please contact Cat Goodhue at cgoodhue@chla.usc.edu or 323-361-4566.

CANCELLATION POLICY: No refunds after March 22, 2019, and no refunds for no-shows.

Provider approved by the National Association of Pediatric Nurse Practitioners, Provider Number C01, for six (6) continuing education hours including two (2) pharmacology education hours.