



# NEWSLETTER

Spring 2019

**Our mission statement:** *To provide leadership, advocacy, professional practice, and education for pediatric-focused advanced practice registered nurses in the St. Louis metropolitan area to ensure high-quality healthcare delivery for children and their families.*



## Upcoming Meetings:



### June 6

- **Topic:** Annual Awards Banquet
- **Speaker:** None
- **Venue:** Hacienda on Manchester
- **Sponsor:** STL PNP
- **CEUs:** None

### October 3

- **Topic:** RSV/Flu
- **Speaker:** Dave Foust
- **Venue:** TBD
- **Sponsor:** Medimmune
- **CEUs:** TBA

### December 2019

- **Topic:** TBA
- **Speaker:** TBA
- **Venue:** Ranken Jordan
- **Sponsor:** Ranken Jordan
- **CEUs:** TBA

## Board Members:

**President** - Laura Kuensting

**Past President** - Cheryl Grave

**Secretary** - DeAnn Wilson

**Treasurer** - Amy Hauch

**Membership** - Beth Roehm (upcoming will be Judy Meeks)

**Legislative Rep** - Sandy Summers

**Social Media** - Julia Sprague (upcoming will be Laura Steiner)

**President elect and nominations chair** - Lisa Merritt

**Educational Programs** - Julia Sprague & Katie Millhouse (upcoming will be Allison Palisch & Jody Sims)

**Community Outreach** - Lauren Plourde & Emily Morrissey

**Webmaster** - Jennifer Jacklin

**Newsletter** - Jodicy Bondurant

If you are a current member of STL PNP, please consider joining our facebook page. This is an opportunity to connect with other St Louis PNP's, to ask questions, and share knowledge. Search for STL PNP (all caps) from your Facebook home screen and request to join!



Visit our STL chapter website at: <https://www.stlppn.org/home>

# Message from the President

Dear St. Louis Pediatric Nurse Practitioners,



The U.S. Census Bureau (2018) reported 6.1 million Missouri residents with nearly 23% (1.4 million) residents under the age of 18 years. According to the American Association of Nurse Practitioners (AANP), only 4.6% of all nurse practitioners (NPs) in the U.S. are pediatric nurse practitioners (PNPs) (AANP, 2018). In Missouri, there were 503 PNPs with a document of recognition to practice in 2015 (Missouri State Board of Nursing, 2015). I estimate there are now about 550 PNPs currently practicing in Missouri to assist in serving 1.4 million children (or a quarter of our Missouri state residents). This is NOT enough! Of the seven schools of nursing in the St. Louis and surrounding area, four offer a PNP-primary care program and only one offers a PNP-acute care program. The Pediatric Nursing Certification Board (PNCB) reported the average annual enrollment into a PNP program is 6-8 students (PNCB, 2018).

With such low enrollment and high demand in Missouri, more PNPs are needed to care for our children. I ask you to speak with your best pediatric registered nurse (RN) colleagues and encourage them to consider a career as a PNP. The St. Louis area has several excellent PNP programs and most employers have a tuition assistance program.

For those who might argue they are “more marketable” as a family nurse practitioner (FNP), please tell them this is a myth. Currently in St. Louis, there are over 70 PNP jobs available (<https://www.indeed.com/q-Pediatric-Nurse-Practitioner-l-Missouri-jobs.html>). A PNP is educated and trained specifically for the needs of children; whereas, an FNP receives very limited training when caring for children.

Employment offers from a pediatric practice are greater for the PNP than for an FNP, especially in the St. Louis area. And finally, if their passion is caring for children (not adults), they should follow their passion as they may find themselves practicing primarily with adults and potentially becoming unhappy with their work.

Finally, I ask those of you who are currently practicing to support your profession by precepting an NP student (after your first year of PNP practice). The need for quality clinical (residency) training is critically important. You can make a difference in the care delivered to children by participating in the training of future PNPs!

I look forward to another productive, professionally supportive year for our profession in 2019!

Laura L. Kuensting, DNP, APRN,  
PCNS-BC, CPNP, CPEN

## Want to be more involved?



**Renew or maintain your membership!**



**Precept Students!**



**Attend meetings, join the board, or become a student rep!**



**Contact your legislators!**

## Membership Survey Results!

**A brief summary of results (represents highest category of responses):**

40% are 30-39 yrs of age  
60% have their MSN  
30% have been a NP for 5-10 yrs, 24% NP for 11-20 yrs  
92% are Primary Care certified  
87% certified through PNCB  
66% do not anticipate working toward DNP  
35% have been in their current position < 5 yrs, 37% for 5-10 yrs  
65% work in the St Louis City  
41% in Primary Care, 39% in Specialty Care  
91% have liability insurance provided by employer and 94% do not carry own liability  
63% are interested in a 4 hr CEU event on a Saturday  
74% prefer any speaker that is an expert in a topic relevant to NP role

**Pay:** 21% make \$40-45/hour, 21% \$45.01-50/hr, 23% \$50.01-55/hr

(Note - All results will be emailed to the membership by Beth Roehm).

There were 53 respondents.

## Member Contribution:

**Jen Jacklin was able to attend our national conference in 2018 and wrote an excellent response to the session on Human Trafficking.**

[https://docs.google.com/document/d/1Nz6evFlvycPRtfb5rFfm8WEzSwVsCRQuZuPz8\\_zkOqg](https://docs.google.com/document/d/1Nz6evFlvycPRtfb5rFfm8WEzSwVsCRQuZuPz8_zkOqg)

**Congratulations. NICE GOING!**  
**GREAT! Way to Go!**  
**yea! FELICITATIONS**  
**CHEERS TAKE A BEST**  
**BOW! WISHES!**

- ★ **Anne Borgmeyer** was awarded the "2019 Allied Health Achievement Award" by The American Academy of Asthma Allergy and Immunology at their recent national conference in San Francisco.
- ★ **Lisa Merritt** spoke at the National Association of Neonatal Nurses (NANN) 34th annual conference on 10/18/18 in Anaheim, CA on Primary Care Follow-up of the NICU Grad.
  - On 10/19/19, she presented on the Management of Childhood Anxiety and Depression in Primary Care at the APRN Midwest Conference in Chicago, IL.
  - Lisa's poster presentation "Using a Web-based e-Visit simulation to educate nurse practitioner students" won first place at the AACN Faculty Development Conference in New Orleans on 11/16/18. She also spoke at this year's NAPNAP national conference!
- ★ **Beth Roehm** was another wonderful presenter at this year's conference! Her topic was "Addressing Barriers and Strategies for Supporting Schools."
- ★ Congrats to **Laura Steiner** for winning the attendance prize to attend the national conference this past March!

❖ A special thank you to all of our student reps! We appreciate your service and for inspiring others to join NAPNAP and experience its benefits!



**UMSL:** Melissa Harkins  
**UMKC:** Amanda Leuther (upcoming rep will be Lauren Robb)  
**UM Columbia:** Colleen Tabaka  
**SLU:** Megan Lewis  
**Maryville:** Courtney Borian

## Legislative Corner:

- Board elections are coming this April! Several positions are available!
- Full practice legislation for MO has been submitted!

## Next Advocacy Day is April 17th!

### Where?

Missouri State Capitol  
 201 West Capitol Ave  
 Jefferson City, MO 65101

### Agenda:

9:30 am - Welcome/introductions  
 9:45 - Bill Review  
 10:00 - Advocacy in Action  
 10:30 - Legislator Visits  
 12:30 - Debrief

### Register:

<https://amnp.enpnetwork.com/>

## Attention! Nominate a colleague or student!

It's time to give credit to our outstanding community members!

Send nominations to Lisa Merritt at [SchaegE@umsl.edu](mailto:SchaegE@umsl.edu) for any of the following: PNP of the year; PNP student of the year; Legislator of the year; and Preceptor of the year.

Awards will be given at the June meeting!





# CEU Opportunities:

**Save the date!**  
**NAPNAP 2020**  
**Conference** - March  
25-28th in Long Beach, CA



STI/STD updates and  
refresher courses:

[https://courses.nnptc.org/  
upcoming\\_classes.html](https://courses.nnptc.org/upcoming_classes.html)

Saint Louis University's  
Pharmacology for the  
Primary Care Provider on  
Friday, May 3rd:

[https://www.slu.edu/nursing/c  
ontinuing-education.php](https://www.slu.edu/nursing/continuing-education.php)

International Pediatric  
Antimicrobial  
Stewardship Conference  
on May 30-31 at Eric P.  
Newman Education  
Center:

[https://cme.wustl.edu/index.  
cfm?do=reg.activityRegistra  
tionSignin&plannerID=5656](https://cme.wustl.edu/index.cfm?do=reg.activityRegistrationSignin&plannerID=5656)

## **St. Louis Children's Hospital Monthly Speaker Series**

**Location:** Children's Specialty  
Care Center 13001 N. Outer Forty,  
Town and Country, MO 63017

**Time:** Last Tuesday of each  
month, with simple dinner and  
registration at 5:00pm, followed  
by the presentation from  
6:00-7:00 pm

1 CME credit will be awarded for  
attending. The lectures are free,  
but registration is required for  
meal planning. Use the link below  
to register and see the monthly  
upcoming topics.

[http://www.stlouischildrens.org/h  
ealth-care-professionals/educatio  
n/specialty-care-speakers-series](http://www.stlouischildrens.org/health-care-professionals/education/specialty-care-speakers-series)

**From October through May each year, the  
National Institute of Health offers free CEU  
lectures on pediatric pharmacology.**

[http://www.event.com/events/2018-19-principles-of-pediatric-clinic  
al-pharmacology-course/event-summary-e2525d2aa89a4a8586290  
4d30692ebc7.aspx](http://www.event.com/events/2018-19-principles-of-pediatric-clinical-pharmacology-course/event-summary-e2525d2aa89a4a85862904d30692ebc7.aspx)

## Job Searches:



NAPNAP Career connection -  
[https://careerconnection.napna  
p.org/](https://careerconnection.napnap.org/)



ENP Network -  
[https://www.enpnetwork.com/  
nurse-practitioner-jobs](https://www.enpnetwork.com/nurse-practitioner-jobs)



Melnic -  
<https://www.melnic.com/>



Practice Match -  
[https://www.practicematch.c  
om/advanced-practitioners/  
positions/nurse-practitioner](https://www.practicematch.com/advanced-practitioners/positions/nurse-practitioner)

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**NAPNAP CE:**  
<https://ce.napnap.org/>

**NAPNAP Specialty Symposia:**  
[https://www.napnap.org/specialty-sym  
posia](https://www.napnap.org/specialty-symposia)

**Other medical conferences in  
MO and IL:**

[https://www.emedeevents.com/usa-  
medical-conferences/missouri](https://www.emedeevents.com/usa-medical-conferences/missouri)

[https://www.emedeevents.com/usa-  
medical-conferences/illinois](https://www.emedeevents.com/usa-medical-conferences/illinois)



*Please share with us! Whether you know  
of a CEU, job opportunity, or any  
information that would help our members  
succeed, please email Jodiey at  
[djc998@mail.umsi.edu](mailto:djc998@mail.umsi.edu). Newsletter  
submissions for Fall 2019 are **due by**  
**August 31st.***