

STL PNPS



January 2011



President, Anne Borgmeyer

STL PNP 2010-2011

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www.stlpnp.org

PRESIDENT'S MESSAGE

Happy 2011!

Hope you are all settling in to 2011. Time flies! Wanted to share my top 3 STL PNP New Year's resolutions.

1. PNPs need to be well-versed in healthcare reform. I think we need to be on the forefront of healthcare reform to be sure we make a place for nurse practitioners in the process. Our legislative chair, Sandy Summers, does a great job of bringing us the news. We must pay attention.
2. Take advantage of the benefits of NAPNAP as our umbrella organization. See the article in this newsletter on joining the NAPNAP "community". I vow to try out eGroup communication in 2011 and hope that all members will try it out.
3. Find opportunities to spread the good news about PNPs in our own community. I'd like to create one PSA about PNPs in 2011.

I'd love to know what's new in your practice setting and what you expect from STL PNP. Drop me an email, give me a call or use the NAPNAP community. Let's stick together in 2011.

Anne Borgmeyer, President

MEETINGS

StLPNP Meeting Thursday February 3, 2011

Location: Fleming's, 1855 N. Lindbergh Blvd., St Louis, MO 63132, (314-567-7610 if lost)

Sponsor: Jeffrey Eissman with Teva Specialty

Speaker: Dr. William Johnson, Allergy/Immunology

Topic: Small Airway Disease and Allergy

Time: Board Meeting 5:45 pm, General meeting and Dinner at 6:30pm, Speaker immediately after general meeting.

RSVP: to Beth Roehm, bethroehm@sbcglobal.net or 314-984-9571 by January 31.

PLEASE NOTE THAT SEATING IS LIMITED TO 55 (students and nonmembers will be placed on a waiting list)

St. Louis Chapter of NAPNAP



Sandy Summers
MSN, RN, PNP-BC

"No one can do everything, but everyone can do something"

Remember MONA is your voice in the Missouri legislation. The dues to MONA support this voice and those that work to have your voice heard. To be a MONA member it costs a new member \$177.75 per year or \$15.31 per month. A renewal membership costs \$214.25 per year or \$18.35 per month. Please try to support those who support not only APRN's but all Missouri Nurses. You can join by going to www.missouinurses.org and registering online.

I represent StLPNP's on the Missouri Council on Advanced Practice (MOCAP). This is an organization of Missouri Advanced Practice Registered Nurses that operates as an organizational unit within the formal structure of the Missouri Nurses Association. It brings together representatives from APRN groups from across the state to nurture, enhance and promote the role of the Advance Practice Registered Nurses. We meet quarterly. Our last meeting was on October 21, 2010.

At our last meeting we reviewed the strategic plan which included legislative barriers, recruitment and retention issues, education of the public and their misconceptions, and review of the barriers to practice. We working toward "full utilization of nurse practitioners" in the state of Missouri. There are many unnecessary barriers which limit our ability to provide care to the patients we serve. I do not think we give ourselves enough credit for the quality of care we provide. I know so many of my dedicated, knowledgeable, and caring colleagues who are restricted in the service they provide due to unnecessary limitations in the Missouri Law. A report issued in October 2010 by the Institute of Medicine state that nurse can play a vital role in helping realize the objectives set forth in the 2010 Affordable Care Act. There are barriers which prevent nurses from being able to respond to a rapidly changing health care setting and an evolving health care system. These barriers need to be overcome to ensure that nurses are well positioned to lead change and advance health. The committee developed four key messages:

- 1) Nurses should practice to the full extent of their education and training.
- 2) Nurses should achieve higher levels of education and training through an improved education system that promotes seamless academic progression.
- 3) Nurses should be full partners, with physicians and other healthcare professionals, in redesigning healthcare in the United States.
- 4) Effective workforce planning and policy making require better data collection and an improved information infrastructure

The full article can be read at www.iom.edu "The Future of Nursing: Leading Change, Advancing Health."

Bottom line, we need to be at the table and have our voice heard. We are dedicated and deserving professionals who provide an extremely valuable service to the populations of patients we serve.

ANNOUNCEMENTS

NAPNAP Community

Login to the NAPNAP Community today to connect and share your ideas and advice with colleagues. Just follow the below 3 steps:

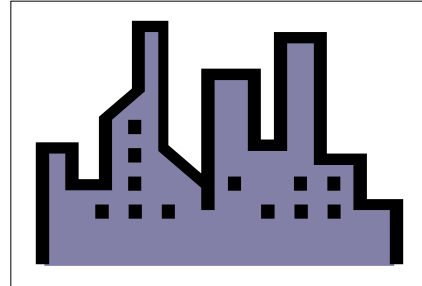
1. Log In and Click on your Community Profile:

Go to www.napnap.org and login using your NAPNAP Member ID # as your username and enter your password. If you forget your Member ID # or password, please contact the National Office at 856-857-9700. Once logged in click on the "Community Profile" link to begin reviewing your profile.

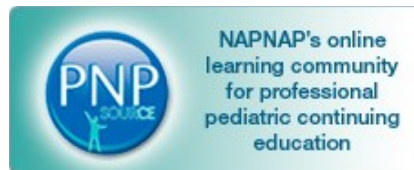
2. Click on eGroup Link

3. Subscribe to your eGroups:

Click on the My Subscription on the left side bar and then select the type of notification you would like to subscribe to for your eGroups.



Opportunities for Education



SAINT LOUIS UNIVERSITY SCHOOL OF NURSING
14TH ANNUAL ADVANCED PRACTICE NURSING
CONFERENCE AND WORKSHOPS
FEB. 17-18, 2011

<http://www.slu.edu/x18044.xml>

ARCHNAP



College of Nursing

From:
College of Nursing
University of Missouri
St. Louis
Office of the Dean

This project is supported by a grant from the Institute of Clinical and Translational Sciences at Washington University School of Medicine to develop a practice-based research network among advanced practice nurses (APNs) in our region.

Dear Colleague,

We invite you to become a founding member of the **Ambulatory Care Research Consortium for Nurses in Advanced Practice in St. Louis (ARCHNAP- St. Louis)**. This is one of four nursing practice-based research networks (PBRNs) in the country. PBRNs are groups of primary care providers working together to answer practice-based health care questions and translate research findings into practice.

What are the advantages of joining ARCHNAP-St. Louis?

- You can guide researchers in delineating studies that are relevant to advanced practice nurses.
- You can participate in research projects relevant to your clinical practice.
- You decide whether to participate in each project.
- You will receive results of ARCHNAP studies.

We invite you to participate in our first project whether or not you join ARCHNAP. The initial **ARCHNAP** project is a survey to identify how APNs manage overweight and obese patients.

You can participate in the project by:

1. **Completing the Provider Survey on Weight Management.** The survey is anonymous and should take ten minutes to complete. We will provide a paper copy of the survey and a postage paid return envelope in which to return it. You don't have to join ARCHNAP to complete this survey.
2. **Meeting with the Principal Investigators** in person or by phone to learn more about ARCHNAP and to join the research network. We will provide a postage paid reply card to indicate your interest in the project and provide contact information.

If you have any immediate questions about the project, please contact the Co-Principal Investigators:

Dr. Rick Yakimo at yakimor@umsl.edu (314-516-6073) or Dr. Deborah Kiel kield@msx.umsl.edu (314-516-7087).

Sincerely,

Deborah Kiel, PhD, PHCNS-BC
PMHCNS-BC

Assistant Professor

Rick Yakimo, PhD,

Assistant Professor

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