The Path Forward for Mental Health & Substance Use

Improving Access to Effective Treatment

December, 2019
Mental Health & Substance Use
A Public Health Crisis

**FIVE INTER-RELATED OPPORTUNITIES TO STEM THE TIDE OF ACCESS ISSUES**

**A BROKEN SYSTEM**
- Phantom networks – difficult to get timely appointments
- Provider shortages, low participation rates
- Most MH medications prescribed by primary care
- No accountability for quality of treatment
- Growing concerns and enforcement of MH parity

**Societal Impact**
- Suicide rates at record levels
- Opioid deaths up 400%
- Acceptance improving, Access declining

**Workforce Impact**
- Direct impact on performance
- Leading cost of disability
- Multiplier effect on co-morbidities

**A REFORMED SYSTEM**
- Reverse declining network participation rates of MH professionals
- Improve quality of care provided and patient outcomes
- Integrate behavioral health screening, coordination and referrals from primary care
- Reduce legacy MH disparities and friction
- Supplement access and integration with virtual care

**THE PATH FORWARD** executes a disciplined approach to effect market-driven change
“The PATH FORWARD for Mental Health and Substance Use”

Network Access
Measurement-based Care
Collaborative Care
MH Parity Compliance
Tele-behavioral Access Health

NATIONAL STEERING COMMITTEE
Meadows Mental Health Policy Institute
American Psychiatric Association
APA Center for Workplace Mental Health
National Alliance of Healthcare Purchaser Coalitions

LEAD
National Technical Resource Team
Education to National Stakeholders (Consultants, Industry Groups)
Advise and Support Coalitions
Website /Tools/Speakers Bureau

LEVERAGE
Eight RESET Regions Multi-Stakeholder Change Initiative
Establish Regional Baseline
Foster Stakeholder Plan
Project Management/Problem Resolution

LOCALIZE
30 Non-RESET Coalitions Purchaser Engagement Initiative
Educate consultants /employers
Enlist Purchaser “Sign-On” to Initiative
Execute 10 Universal Action Steps

BEHAVIORAL HEALTH SUPPLY CHAIN
Benefits Consultants
Employers/Plan Sponsors
Health Plans/TPAs
PBMs
Health Systems
Primary Care
BH Specialists

RESET
Regional
Employer
Stakeholder
Engagement
Team
The Path Forward Partnership

National and Regional Leadership Supported by Diverse Technical Depth

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<th>Meadows Mental Health Policy Institute</th>
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<tbody>
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<td>• Nationally recognized for having leveraged resources at a grassroots level—sharing best practices, making resources available, accessing information, building protocol</td>
<td>• Collaborates with employers and other key stakeholders to address 1) raising awareness/ending stigma; 2) creating mentally healthy organizational cultures; 3) improving access to MHSU services.</td>
<td>• Only nonprofit, purchaser-led organization with a national and regional structure dedicated to driving health and healthcare value across the country.</td>
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<td>• Brings together diverse mental health resources and services to identify and affect the policies, practices and recommendations</td>
<td>• Closely aligned with policy and practice priorities of the American Psychiatric Association (APA). Recommendations are aligned with the five priorities of The Path Forward project.</td>
<td>• 42 member coalitions representing 45 million Americans and $300 billion of annual healthcare spend; uniquely situated to “Lead, Leverage and Localize” MHSU change effort</td>
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<td>• Years of deep technical resources and experience in stakeholder collaborations to support The Path Forward as we foster a national vision and approach to deal with ingrained</td>
<td>• The Center serves as a liaison between the APA and the employer and payer communities to develop strategies to promote improved access to MHSU services.</td>
<td>• For the past 3+ years, the National Alliance has been a leader in identifying concerns and opportunities in the MHSU arena, including its landmark 2018 release of National Alliance eValue8 Mental Health Deep Dive Report</td>
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