

1	Quality of Care (Care, Services, and Supports)	20 questions
1.1	Medical and Nursing Care Practices	
1.1.6	Determine the ability to meet the changing care needs of the resident in their residential care setting	
1.1.7	Determine when the changing care needs exceed the scope of practice	
1.2	Medication Management and Administration	
1.2.8	Develop policies and procedures in compliance with state laws to optimize a medication management program within the community	
1.2.9	Establish policy and procedures for ongoing evaluation and implementation of resident self-administration of medication	
1.3	Nutrition and Hydration	
1.3.7	Monitor residents to assess changes in nutrition and hydration to determine if a change in level of care is needed	
1.5	Rehabilitation and Restorative Programs	
1.5.6	Assess and monitor residents' functionality and mobility on an ongoing basis to determine if a change in level of care is needed	
1.5.7	Coordinate rehabilitation programs with outside vendors as needed (e.g., home health, outpatient rehab)	
1.6	Care Recipient Assessment and Interdisciplinary Care Planning	
1.6.9	Assess and monitor residents on an ongoing basis to determine if a change in level of care is needed	
1.6.10	Develop and implement criteria and processes to determine appropriate services or alternate settings for the resident	
1.6.11	Educate all staff to monitor residents and report any changes in condition	
1.6.12	Develop criteria to evaluate the appropriateness of placement prior to move in	
1.7	Clinical and Medical Records and Documentation Requirements for provision of care	
1.7.5	Establish and maintain policies and procedures to ensure compliance with state laws regarding clinical medical records and documentation	
1.10	Transition of Care	
1.10.7	Establish policies and procedures on move-in, transfer, move-out, and involuntary discharge based on the scope of services allowed in the care setting	
2	Quality of Life (Care, Services, and Supports)	20 questions
2.1	Psychosocial Needs	
2.1.4	Engage residents to actively participate in community life, such as planning a variety of activities, social engagement and external community events and outings	
2.1.5	Educate staff in addressing the psychosocial needs of residents, encourage community life participation, identify withdrawn behaviors and respond appropriately	
2.2	Person-Centered Care	
2.2.5	Enable residents' choice in management of their daily schedule	
2.2.6	Educate staff to encourage and respect the individual resident needs and preferences	
2.2.7	Develop a framework to embody person-centered care within the community	
2.3	Care Recipient Bill of Rights and Responsibilities	
2.3.3	Establish policies and procedures to address the responsibilities of the community to uphold resident rights	
2.3.4	Create systems to identify infringements on resident rights	
2.3.5	Educate staff and residents on resident rights	
2.5	Care Recipient Advocacy and Support	
2.5.5	Coordinate robust resident and family councils to empower the residents to direct their lives within the community	
2.13	Dining Experience	
2.13.2	Establish a dining experience that promotes resident choice (e.g., menu planning, dining times)	
2.14	Therapeutic Recreation and Activity Programs	
2.14.3	Design activities programs to meet the needs and preferences of the residents (e.g., outings, types of activities, special events)	
2.14.4	Create an environment to enhance resident engagement	
2.14.5	Employ, train, and evaluate appropriately qualified activity staff	
2.16	Volunteer Programs	
2.16.2	Ensure coordination of volunteer programs	
2.16.3	Screen, orient, and train volunteers	
3	Financial Management (Operations)	4 questions
3.2	Financial Analysis and Reporting Requirements	
3.2.6	Determine the financial impact of changes in levels of care, including rate increases and ancillary services	
4	Risk Management (Operations)	4 questions
4.1	Care Recipient Safety	
4.1.4	Develop strategies to identify and monitor residents for changing care needs to mitigate risk for adverse events (e.g., fall prevention, elopement prevention)	
6	Care Setting (Environment and Quality)	8 questions
6.2	Person-Centered Environment	
6.2.4	Establish a culture to promote choice, comfort, and cleanliness	
6.2.5	Implement a home-like environment that supports the well-being and safety of all care recipients (e.g., lighting, sound, temperature, design)	
7	Regulatory (Environment and Quality)	4 questions
7.1	Healthcare Laws, Rules, and Regulations	
7.1.2	Ensure compliance with all applicable rules, laws and regulations	
7.2	Organizational Certification and Licensure Requirements	
7.2.2	Evaluate and monitor community certification and licensure policies and procedures to remain compliant with state and local rules and regulations	

7.3 Regulatory Survey and Inspection Process

- 7.3.5 Maintain knowledge of the survey process
- 7.3.6 Create policies and procedures to comply with rules and regulations relative to the survey process
- 7.3.7 Educate all staff on their responsibilities to comply with all rules and regulations relative to the survey process
- 7.3.8 Establish procedures to respond to survey findings

DISCLAIMER

NAB has shared a tertiary (task statement) level to the examination blueprint to give you a clear picture of the role of a senior living and health services leader. Please note that this is not an exhaustive list of everything you might need to know. As regulations and business practices change, the exam content is also updated to reflect the most current information.