

Golf Tip - Putting: Creating Player Awareness through Analysis
(Personal Distance & Direction Tendencies)



The Double D of Putting: DISTANCE AND DIRECTION

Continuation of Golf Tip Article on Introduction to Putting and Why It Matters



What is your tendency when you putt?

Long _____
Short _____

Long or Short Patterns = Distance tendencies reference your personal style!

Generally, if you drive your car fast, talk fast, or eat fast you are more likely to be long on your putts. If you are a cautious driver, methodical talker, or slow eater you are more likely to be short on your putts.

You were born with your style. You can't change it, or modify it, but you can train yourself to improve your distance control using your natural step and creating a better pattern in your distance control through deliberate practice. Learning your tendencies allows YOU to practice what result is likely. This is a strategy Tiger Woods uses whenever he prepares for a tournament. He practices the shots that are likely to occur due to his plan and tendencies.



Left _____



Right _____



Left or Right = Direction tendencies correlate to your eye dominance!



If your putts tend to favor the **left** you are likely **left eye dominant**.
If your putts tend to favor the **right** you are likely **right eye dominant**.

The effect of your dominant eye to direction is a primary reason for having an effective mark on your ball.

We hope you continue to enjoy each Golf Tip as it builds a foundation of knowledge and skill proficiency for you to show improvement. If you have any questions, email [EWGA Director of Golf Programs](#).