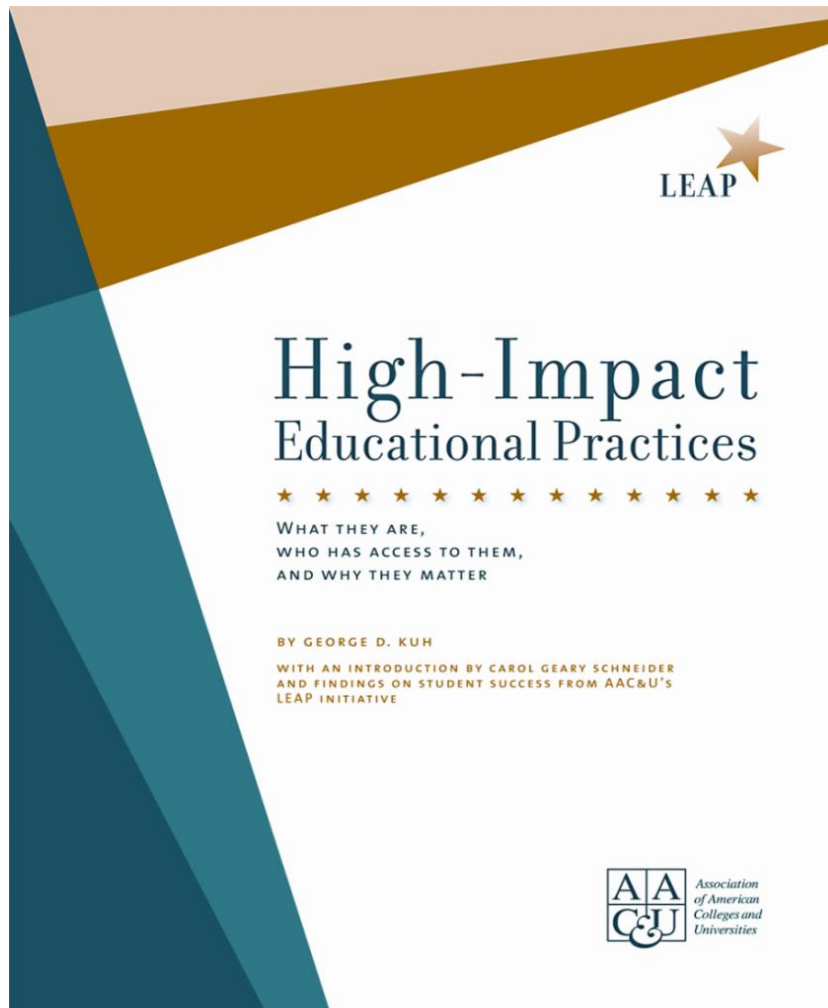


The HIPs Juggernaut



High-Impact Activities



- ★ First-Year Seminars and Experiences
- ★ Common Intellectual Experiences
- ★ Learning Communities
- ★ Writing-Intensive Courses
- ★ Collaborative Assignments and Projects
- ★ Inquiry & Creative Activity
- ★ Diversity/Global Learning
- ★ Service/Community-Based Learning
- ★ Internships and Field Placements
- ★ Capstone Courses and Projects
- ★ ePortfolio



Why HIPs *Done Well* Are Important

- They are associated with positive effects on a variety of desired outcomes
- They have *salutary effects* for students from underserved populations
- They shrink the psychological size of the institution and help engender a sense of belonging
- They require applied, hands-on, deep integrative learning
- Multiple HIPs have cumulative, additive effects

WAIT -- There's More

HIPs are particularly promising for cultivating dispositional attributes considered essential for success during and after university.

- ❖ Interpersonal competencies -- expressing information to others, interpreting others' messages and responding appropriately.
- ❖ Intrapersonal competencies -- self-management, conscientiousness, flexibility, resilience
- ❖ Neuro-cognitive competencies --crystallized and fluid intelligence

Features of High Impact Activities

- ✓ *Appropriately high expectations*
- ✓ *Substantial time and effort over an extended period*
- ✓ *Substantive interactions with faculty and peers*
- ✓ *Experiences with diversity*
- ✓ *Timely, frequent feedback*
- ✓ *Real-world applications that show relevance of learning*
- ✓ *Competence demonstrated publicly*
- ✓ ***Reflection and integration of learning***