



The Jed Foundation

PROTECTING EMOTIONAL HEALTH. PREVENTING SUICIDE.



WHY JED IS NEEDED

- 1 in 4 young people aged 18-24 lives with a mental health condition.
- Suicide is the second leading cause of death in teens and young adults, after accidents.
- 13% of college students and 17% of high school students reported having serious thoughts of suicide in the past 12 months.
- Of our nation's 20 million college students, at some point this past year: 3 out of 5 felt overwhelming anxiety, 1 out of 2 felt too depressed to function, more than 400,000 attempted suicide, and 1,400 died by suicide.
- 60% of 1st-year college students wish they had received more help with emotional preparation for college.

JED's mental health campaigns have had nearly 50 MILLION VIEWS.

WE SEE THE EFFECTS IN THE HEADLINES

Every day: a death from binge drinking, an overdose, a suicide. These tragedies are complex and their warning signs often subtle, but with the right support and safety nets, many lives can be saved.

With your support, JED is helping our nation's youth grow into thriving adults.

HELPING OUR YOUTH

The Jed Foundation (JED) is the leading nonprofit that exists to protect emotional health and prevent suicide for our nation's teens and young adults.

- JED educates and equips students, families and communities to know when and how to support others who are in distress or struggling with a mental health issue.
- JED helps high schools, colleges and universities evaluate and strengthen their mental health, substance misuse and suicide prevention programs and systems to safeguard individual and community health.
- JED develops expert resources and creates powerful partnerships to ensure more teens and young adults get access to the resources and support they need to navigate life's challenges.

MEET OUR PARTNERS

Expanding our influence through enduring relationships

We are grateful for the time and talent of the leaders, families and volunteers who support us from the worlds of business, academia, medicine, media, entertainment and philanthropy.

JED is proud to partner with many organizations including:



JED SIGNATURE PROGRAMS

We are meeting teens and young adults where they are, in school and online.

JED HIGHER ED jedcampus.org

JED partners with campus communities to strengthen student mental health, substance abuse, and suicide prevention efforts. JED supports schools through advising, communication, and education efforts, as well as through our signature program within higher ed, JED Campus.

JED HIGH SCHOOL settogo.org

JED is continuing to grow its high school programming including its key program, Set to Go, which guides students, families, and high school educators through the social, emotional, and mental health challenges related to the transition out of high school to college and adulthood.

ULIFELINE ulifeline.org

An online resource center offering college students information about emotional health issues and the resources available on campus. This service also provides a confidential mental health self-screening tool.

HALF OF US halfofus.org

Award-winning program from JED & MTV featuring a library of free-for-use videos including PSAs, celebrities and students talking about their personal experiences with mental health and substance use. Half of Us helps young people feel less alone and encourages them to reach out for help.

LOVE IS LOUDER loveislouder.com

JED's Love is Louder Action Center provides resources and tips for taking care of physical and mental health, and supporting each other during this time of uncertainty.

SEIZE THE AWKWARD seizetheawkward.org

A national campaign, in partnership with Ad Council and AFSP, that encourages teens and young adults to "seize the awkward" by reaching out to a friend who may be struggling with mental health problems.

EQUITY IN MENTAL HEALTH FRAMEWORK equityinmentalhealth.org

Created by JED and The Steve Fund, the Equity in Mental Health Framework offers expert recommendations and implementation strategies for America's colleges and universities to better support the mental health and emotional well-being of students of color.



SEE ALL JED PROGRAMS AND RESOURCES: jedfoundation.org/programs

TAKE ACTION

Get involved:
jedfoundation.org/get-involved

Make a difference:
jedfoundation.org/donate

Learn how to help yourself or someone else:
jedfoundation.org/help



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