

#### **Presenters**:

Laetitia Cheltenham, Abigail Kaericher, and Amy Mackin Hall Render

Jeff Romback

Michigan Association of

Health Plans

# **SURPRISE BILLING MANDATES:**

Provider and Payer Perspectives

State Bar of Michigan, Health Care Law Section | December 11, 2019

# Today's Agenda

#### **Surprise Billing Mandates**

- What is Surprise Billing
- What States Are Doing
- What Congress Is Doing and Why
- Questions



# What is Surprise Billing?

- **Surprise billing**: When a patient receives care at an out-of-network facility or from an out-of-network provider at an innetwork facility and later receives an unexpected or "surprise" bill.
  - Two Components of the Surprise Bill
    - Out-of-Network Cost Sharing Amount
    - The difference between the out-of-network provider's charge and the insurer's allowable amount (balance billing)



# Common Examples of Surprise Billing

#### Emergency Services

- Out-of-Network Facility
- In-Network Facility, Out-of-Network Provider(s)
- Health Plan Denials

#### Ambulance Services

- Ground Ambulance Transportation
- Air Ambulance Transportation

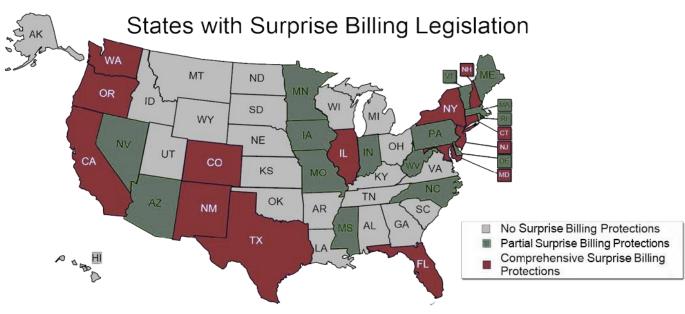


Anesthesiologists, Radiologists, Pathologists, etc.



### **Protections Under State Law**

- Several states have implemented surprise billing measures
- Many other states have pending legislation
- State laws very widely



# Various Other State Approaches

- Key elements of current state law prohibitions:
  - Prohibition on surprise billing for emergency services
  - Notice requirements
  - Mandated dispute resolution
  - Reimbursement caps ("rate setting")



# **Emergency Services Prohibition**

- Most states track the ACA "prudent layperson" standard
- Patients are generally responsible for their cost sharing amount as if the service were provided by an in-network provider
- OON providers prohibited from charging the patient any outof-pocket amount greater than the amount the patient would have incurred with an in-network provider
- States vary on applicability of this prohibition (some only HMOs or PPOs)

## **Notice Requirements**

- Applies to non-emergency services
- Facility required to give written notice that independent healthcare professionals may not participate in the patient's health plan
- Patient may be responsible for payment of additional fees



# **Provisions in Payer Contracts**

"With respect to the Hospital-Based Physicians who are not employed by or compensated by Facility, Facility will use best efforts to assist Payer in securing participating provider contracts with such physicians. Payer reserves the right to revisit the level of reimbursement under this Agreement if the participation level of Hospital-Based Physicians with Payer is detrimental to Payer cost and market competitiveness in Facility's market area."

# Mandated Dispute Resolution

- New York's Independent Dispute Resolution Process
  - Applies to emergency medical services and surprise bills for care rendered in participating facilities by non-participating providers
  - "Baseball style" binding arbitration
  - Determination is made within 30 days

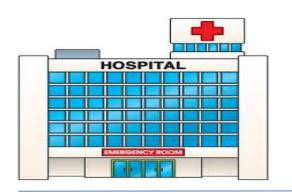


# Reimbursement Caps ("Rate Setting")

- California caps OON rates at the lesser of the median in-network rate or 125% of Medicare
- Pending legislation in Michigan to set reimbursement at 150% or the plan's in-network amount whichever is greater

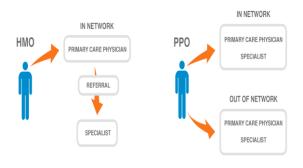


# Policy Goals - Comprehensive Protections



Hospital and ER Settings





Applies to All Insurance Types





Patient is Out-ofthe-Middle



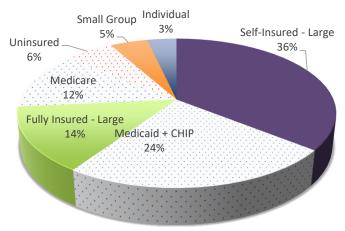


Provides
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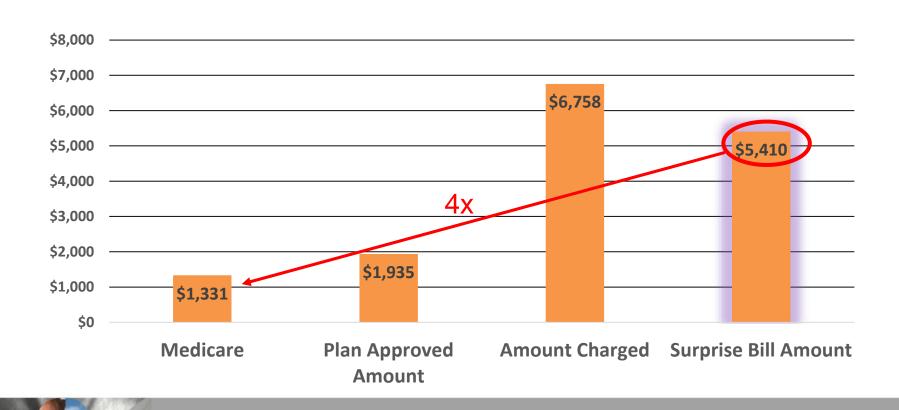
# Michiganders Protected

# Protected Michiganders by Insurance Type - 5.7 Million





# Case Study – Michigan Surprise Bill



### Federal Level

What Congress Is Doing and Why



# No Surprise that Congress Wants to Tackle Surprise Medical Bills

- "Ending surprise medical bills inspires bipartisan kumbaya in a way nearly unheard of these days"
- One of the most promising avenues for lawmakers to target health costs this session
- High-profile issue impacting lawmakers in their home districts



# **Current State of Play**

- Fierce lobbying blitz from stakeholders representing patients, hospitals, physician groups of different specialties, employer groups, and insurance companies
- Political pressures affecting momentum as 2020 election nears
- Different proposals have passed out of House and Senate committees with jurisdiction over health care
- More to come!



# Senate HELP Proposal

- Lower Health Care Costs Act of 2019 (S. 1895)
- Introduced by Chairman Lamar Alexander (R-TN) and Ranking Member Patty Murray (D-WA)
- Wide-ranging legislative package addressing health costs; includes surprise billing
- Benchmark Payment Setting
- Work in Progress!





# House Energy and Commerce Proposal

- No Surprises Act of 2019 (H.R. 2328)
- Introduced by E&C Leadership Chairman Frank Pallone (D-NJ) and Ranking Member Greg Walden (R-OR)
- Prohibits balance billing
- Benchmark rate setting
- Includes an arbitration backstop providers and facilities can use the arbitration process for claims with median in-network contracted reimbursement rates of \$1,250

# Big News!! Compromise Legislation

- Bipartisan, Bicameral Agreement for Surprise Medical Bills Announced Sunday, December 8
- Leaders in both parties saying this is best chance to tackle surprise medical bills.
- Compromise led by Senate HELP Chairman Lamar Alexander (R-TN) and House Energy and Commerce Leadership Chairman Frank Pallone (D-NJ) and Ranking Member Greg Walden (R-OR)
  - What about Senate HELP Ranking Member Patty Murray (D-OR)?

# **Compromise Legislation**

- Threshold for entering into arbitration is if the median in-network rate is above \$750
- For bills under \$750, insurers would pay a benchmark rate representing median pay in given area
- Includes Air Ambulance Bills!









# House Ways and Means Proposal



# Other Players?

- House Education and Labor Committee
- Administration Officials



### So...



# Questions?

Laetitia Cheltenham | <u>Icheltenham@hallrender.com</u> Abby Kaericher | <u>akaericher@hallrender.com</u> Amy Mackin | <u>amackin@hallrender.com</u>

Jeff Romback | <u>jromback@mahp.org</u>