

ICD-10 Codes Associated with Obesity

Commonly reported codes

Description	Code
Obesity, unspecified	E66.9
Morbid (severe) obesity due to excess calories	E66.01

Other obesity-related codes

Description	Code
Obesity due to excess calories	E66.0
Morbid (severe) obesity due to excess calories	E66.01
Other obesity due to excess calories	E66.09
Drug-induced obesity	E66.1
Morbid (severe) obesity with alveolar hypoventilation	E66.2
Overweight	E66.3
Other obesity	E66.8

Counseling codes

Description	Code
Dietary counseling and surveillance	Z71.3
Other specified counseling	Z71.89

Coding for BMI ≥30-39 kg/m²

Description	Code
Body mass index [BMI] 30-39, adult	Z68.3
Body mass index [BMI] 30.0-30.9, adult	Z68.30
Body mass index [BMI] 31.0-31.9, adult	Z68.31
Body mass index [BMI] 32.0-32.9, adult	Z68.32
Body mass index [BMI] 33.0-33.9, adult	Z68.33
Body mass index [BMI] 34.0-34.9, adult	Z68.34
Body mass index [BMI] 35.0-35.9, adult	Z68.35
Body mass index [BMI] 36.0-36.9, adult	Z68.36
Body mass index [BMI] 37.0-37.9, adult	Z68.37
Body mass index [BMI] 38.0-38.9, adult	Z68.38
Body mass index [BMI] 39.0-39.9, adult	Z68.39

Coding for BMI ≥40 kg/m²

Description	Code
Body mass index (BMI) 40.0-44.9, adult	Z68A1
Body mass index (BMI) 45.0-49.9, adult	Z68.42
Body mass index (BMI) 50.0-59.9, adult	Z68.43
Body mass index (BMI) 60.0-69.9, adult	Z68A4
Body mass index (BMI) 70 or greater, adult	Z68.45

Screening codes

Description	Code
Encounter for screening for diabetes mellitus	Z13.1
Encounter for screening for nutritional, metabolic and other endocrine disorders	Z13.2
Encounter for screening for nutritional disorder	Z13.21
Encounter for screening for metabolic disorder	Z13.22
Encounter for screening for lipid disorders	Z13.220
Encounter for screening for other metabolic disorders	Z13.228
Encounter for screening for other suspected endocrine disorder	Z13.29

ICD-10=International Classification of Diseases, Tenth Revision.

Reference: 2. ICD-10-CM Tabular list of Diseases and Injuries. ftp://ftp.cdc.gov/pub/Health_Statistics/NCHS/Publications/ICD10CM/2021. Accessed January 15, 2021.

3. <https://www.icd10data.com/ICD10CM/Codes/Z00-Z99/Z68-Z68/Z68->

ICD-10 Codes for Common Comorbidities Associated with Obesity



Dyslipidemia

Classified to category E78 and includes

- Pure hypercholesterolemia: E78.0
- Pure hyperglyceridemia: E78.1
- Mixed hyperlipidemia: E78.2



Type 2 Diabetes

Classified to category E11 and includes type 2 diabetes with and without manifestations such as

- Neuropathies
- Circulatory complications
- Ophthalmic complications



Hypertension

Classified to category I10



Osteoarthritis

Classified to categories M16-M19

Reference: ICD-10-CM Tabular List of Diseases and Injuries. ftp://ftp.cdc.gov/pub/Health_Statistics/NCHS/Publications/ICD10CM/2021. Accessed January 15, 2021.