



MBGH Mental Health Forum
March 11, 2026 8:30 AM – 4:00 PM (CT)

Mental Health and Chronic Conditions: Beyond One-Dimensional Care for the Modern Workforce

- 8:00 AM Breakfast & Exhibits
- 8:30 AM Welcome & Overview
- Cheryl Larson, President & CEO, MBGH
- 8:45 AM If We Can't Define It, We Can't Improve It: Aligning Mental Health as an Integrated Strategy
- Chase Sterling, Executive Director, Wellbeing Think Tank
- 9:40 AM Break and Exhibits
- 10:10 AM Multi-Dimensional Mental Health Journey: Why Employers Matter
- Clare Miller, Global Wellness Benefit Manager, Microsoft Global Benefits
- 11:05 AM Energy Break
- 11:10 AM Mental Agility: Bend So You Don't Break
- Doug McKinley, PsyD, Author, Podcast Host & Facilitator, DLMPathways
- 12:00 PM Lunch and Exhibits

- 12:50 PM Fireside Chat: Clinical Perspectives on Comprehensive Mental Health and Chronic Condition Support in the Workplace
- Moderator: Cheryl Larson, President & CEO, MBGH
 - David Pawlowski, LCPC, CEAP, COO, CuraLinc Healthcare
 - David Kraus, PhD, President and Chief Scientific Officer, Outcome Referrals, Inc.
- 1:40 PM Break & Exhibits
- 2:05 PM Engaging the Workforce and Building Allies for Better Mental Health
- Tara Sherman, Mental Health & Well Being Strategy Leader, The Boeing Company
 - Janet Pajimula, Senior Manager – 737 Program Human Resources, The Boeing Company
- 3:00 PM Networking & Table Talks
- 3:20 PM Insight to Action: How Culture Connects to Productivity, Resiliency, Retention and Behavior Health Costs
- Ian Shea, Founder & CEO, I M Human
- 3:55 PM Closing & Prizes
- 4:00 PM Adjournment