



MBGH Mental Health Forum
February 21, 2024 8:00 AM – 4:15 PM

**Workforce Mental Health: New Times,
New Approaches, New Treatments**

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| 8:00 AM | Breakfast and Exhibits |
| 8:30 AM | Welcome & MBGH Update <ul style="list-style-type: none">• Cheryl Larson, President and CEO, MBGH |
| 8:50 AM | Navigating Mental Health in the Modern Workplace: Embracing Innovation and Compassion <ul style="list-style-type: none">• Joel Axler MD, Partner, National Behavioral Health Leader, Brown & Brown |
| 9:40 AM | Going Beyond EAP for Your Employees <ul style="list-style-type: none">• Amanda Gebert, Benefits Manager, Sargento Foods |
| 10:30 AM | Break and Exhibits |
| 11:00 AM | Strategies for the Workplace: Mental Health Expert Panel <ul style="list-style-type: none">• Moderator: Tom Sondergeld, Senior Expert, McKinsey & Co., MBGH Board Ex-Officio• Amanda Wilson MD, Founder & CEO, NorthStar Care• Caitlin Stamatis PhD, Director of Medical & Scientific Affairs, Akili Interactive• Marcus Capone, Founder & CEO, TARA Mind• Megan Delp, Director of Workplace Mental Health, National Alliance on Mental Illness (NAMI)• Tarolyn Carlton PharmD, Sr. Director, Global Medical Strategy, Digital Medicine and Therapeutics, Otsuka Pharmaceutical Companies (U.S.) |



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| 12:15 PM | Lunch and Exhibits |
| 1:10 PM | Mental Health Check-In: The Humor Habitude <ul style="list-style-type: none">• Paula Sheehan, Chief Positivity Officer |
| 1:30 PM | Addressing the Impact on Firefighters of Cancer, Cardiac & Emotional Trauma <ul style="list-style-type: none">• George Esbensen, President, Minnesota Firefighter Initiative |
| 2:05 PM | Break and Exhibits |
| 2:30 PM | Strategies for the Workplace: Employer Panel <ul style="list-style-type: none">• Tom Sondergeld, Senior Expert, McKinsey & Co., MBGH Board Ex-Officio• Tara Sherman, Mental Health & Wellbeing Strategy Leader, The Boeing Company, MBGH Board Secretary• Wendy McLaurin, Deputy Director of Human Resources, City of Gary, MBGH Board of Directors |
| 3:10 PM | Let's Have Some Fun! |
| 3:15 PM | Mental Health Parity Rules: What Employers Need to Know <ul style="list-style-type: none">• Margaret Faso, Executive Director, American Health Policy Institute & Senior Director, Public Policy, HR Policy Association |
| 4:00 PM | Closing and Prizes <ul style="list-style-type: none">• Cheryl Larson, President and CEO, MBGH |
| 4:15 PM | Adjournment |