

Date: December 8, 2021  
Time: 11:00 AM-12:30 PM CT



## Chronic Low Back Pain: Understanding the Journey & Emerging Technology for Improved Health

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| 11:00 – 11:05 AM | Welcome and Opening <ul style="list-style-type: none"><li>• Cheryl Larson, President &amp; CEO, MBGH</li></ul>  |
| 11:05 – 11:35 AM | Clinical Overview of Chronic Low Back Pain <ul style="list-style-type: none"><li>• Christopher Gilligan, MD, Chief, Division of Pain Medicine, Department of Anesthesiology, Perioperative &amp; Pain Medicine, Brigham and Women's Hospital; Assistant Professor, Harvard Medical School</li></ul> |
| 11:35 – 12:10 PM | A Discussion with two Benefits Leaders – Why Should Employers Care? <ul style="list-style-type: none"><li>• Darin Hinderman, Global Health Strategy Manager, Caterpillar</li><li>• Joe Toniolo, Senior Director, Health and Welfare Plans, US Foods</li></ul>                                       |
| 12:10 – 12:20 PM | Q&A with Employers and Dr. Gilligan   |
| 12:20 – 12:30 PM | Tools & Resources <ul style="list-style-type: none"><li>• Dawn Weddle, Director of Member Engagement, MBGH</li></ul>  |