

## Employer Checklist: How to Navigate the Toolkit

This checklist is designed to help employers of all sizes navigate the toolkit and contains links to key sections to support your planning efforts.

### Building a Business Case

- ☐ Learn about and understand the [magnitude of the diabetes problem in the U.S.](#) and how it impacts the workplace from the perspective of both the employer and the employee.
- ☐ Review questions to consider as you build a business case and try to gain management support. [Download and fill in the pdf](#) checklist of these questions.
- ☐ Learn about the direct and indirect costs associated with diabetes for employers in the U.S. in general by reviewing [Economics of Diabetes](#).
- ☐ If available, gather data from your health plan, PBM and other vendors to learn more about costs specific to your organization. Click on [Gathering Meaningful Data](#) to learn more about this.

### Program Strategies

- ☐ Click on the [At a Glance: Planning your Strategy](#) button for basic strategies to build a diabetes program that is optimal for your specific employee population.
- ☐ Learn what role your vendors, providers and community partners can play in the development and implementation of your diabetes program by reviewing [The Role of Stakeholders](#).
- ☐ Identify the segments of your workforce that will benefit most from targeted programs and initiatives. Review the section called [Identifying Your Target Population](#) for help with this.

- ☐ Click on [Choose the Right Program](#) for elements to consider as you put your program together and to review program strategy categories, e.g. awareness/prevention, lifestyle management, self-management and disease management.

## Benefit Plan Design Approaches

- ☐ Read about using [value-based benefit designs](#) that focus on diabetes to help manage and control the impact of diabetes and support employer efforts to drive individuals to select evidenced-based care and/or high quality providers.
- ☐ Click on [Using Value-Based Designs & Incentives](#) to learn about plan design considerations, designing incentives, challenges to prepare for and actions to take.
- ☐ Review [Employer Case Studies](#) to see how other organizations have used value-based benefit design to manage diabetes-related costs and engage employees in their own health care.

## Communication

- ☐ Use the [six tips in the TAANSA model](#) to engage and influence employees as you communicate to them about diabetes.
- ☐ Click on [Identifying Available Resources](#) for help learning what is already in place in your organization to use for promoting your program. Also consider resources available at low or no cost from outside organizations.
- ☐ Employ a variety of tactics using different vehicles and channels to communicate to various audiences. Click on [Tactics to Engage & Reinforce](#) to learn more about how and where you can communicate with employees about diabetes.
- ☐ Click on [Tools & Templates](#) for links to a comprehensive group of resources to help you communicate about diabetes to your various audiences.

## Evaluation & Measurement

- ☐ Learn about why you need a [strong evaluation and measurement plan](#) for your diabetes program strategy.
- ☐ Click on [Evaluation Strategies](#) to learn about key metrics you can include in your program strategy to effectively measure whether your program is meeting goals and objectives.

## Resources

- ☐ [Click here](#) for links to all of the tools, templates and resources presented in the toolkit, organized by section.