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Kathleen is a consultant with expertise in project management, writing/editing and training, focused on health education and employee health risk management. She has been a part of the extended MBGH staff since 2012 and works with the team on development of member resources that support health benefit management and worksite wellness programs. This includes employer toolkits covering topics such as specialty pharmacy, diabetes management, managing migraines and osteoarthritis.

Prior to her consultant role, Kathleen worked in member, employee and community health education in the managed care industry. She also worked as a senior consultant specializing in employee health risk management.