



## Benefits, Best Practices & Integrative Pain Management Strategies for Musculoskeletal

March 20, 2019 – 8:30 AM to 12:30 PM CT  
Drinker, Biddle, Reath 191 N. Wacker Drive, Floor 37, Chicago

### Agenda

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- 8:30 AM Welcome & Opening
- Cheryl Larson, President & CEO, MBGH
- 8:45 AM Managing Pain & Disability Associated with Musculoskeletal Conditions
- Sheetal DeCaria, MD, Revitalize Medical Center
- 9:30 AM Using an Integrative Approach to Medicine: Role of Acupuncture & Reiki
- Jasmine Sassack, Family Tree Holistic Health
  - Michael Sassack, LAc, Family Tree Holistic Health
- 10:00 AM Break
- 10:15 AM Employer Case Study: What Leading Employers are Doing about Cost & Productivity Related Challenges
- Jason Parrott, Senior Manager Global Healthcare & Well Being Strategy, The Boeing Company
- 11:00 AM Innovative Strategies to Manage Back Pain
- Moderator: Denise Giambalvo, Vice President, MBGH
  - Mary Hughes, Vice President of Medical Affairs, NeuGen
  - Sue Letang, Senior Manager Health & Welfare Plans, US Foods
  - Rebecca Nguyen, Manager of Health Promotion, Battelle
- 11:45 AM Panel – Employer Strategies that Work: From Plan Design to Integrative Pain Management
- Moderator: Cheryl Larson, MBGH
  - Sue Letang, Senior Manager Health & Welfare Plans, US Foods
  - Rebecca Nguyen, Manager of Health Promotion, Battelle
  - Jason Parrott, Senior Manager Global Healthcare & Well Being Strategy, The Boeing Company
- 12:30 PM Adjournment