



Module 1 Building Your Foundation

SESSION 1 FIELD NOTES

Stand Out During Your Student Teaching Experience

You don't need to be perfect on day one. You just need a few small, intentional moves that say: I'm here, I care, and I'm ready to learn.

① THREE WAYS TO STAND OUT

1. Show Up Like You Belong	2. Presence & Professionalism	3. One Small Teaching Win
— Arrive 10–15 min early. — Take a breath. — Scan the room: materials, seating, routines.	— Stand where you can see everyone. — Walk the room during work time. — Phone completely out of sight.	— Pick ONE routine to lead this week. — Greetings, warm-up, exit ticket, materials. — Ask: "Is there one routine I can take over?"

✍ Pause & Plan: Your First 30 Seconds

Greeting: _____

One-sentence goal (the tone I want to set): _____

One way I'll help students get started: _____

✍ Pause & Choose: Your Week 1 Routine

The routine I want to lead by the end of Week 1: _____

TRY SAYING

"Let me know what you're working on. I'm here to help."

✓ QUICK CHECK

- What will I say in my first 30 seconds?
- What routine will I lead by the end of Week 1?

Remember: You've got this, and we're cheering you on.