



ILEA NCC Living in SIP Together Weekly

Just when some semblance of normalcy was starting to return, we hit a major free fall and are reminded that we are still strapped in on the *Coronacoaster*. If you haven't seen the popular internet meme that is being passed around, the *Coronacoaster* is defined as “*noun: The ups and downs of the pandemic. One day you're loving your bubble, doing workouts & baking sourdough, the next you're crying, drinking wine for breakfast & missing people you don't even like.*” This is one ride that I am ready to get off! While we continue to navigate the ups and downs, here is another list of stuff we've rounded up to keep you company while you ride it out!

- Data is king in this world of uncertainty! I've found this site of [Key Public Health Indicators](#) in San Francisco helpful in understanding the results of our SIP here locally, and why certain things are opening and others are closing.
- If you're looking for some comfort food to cheer you up while continuing to stay home, check out [Robert Dorsey's](#) Curbside Meals & Food Kits. They are globally inspired but more importantly, delicious!
- We are fortunate to have wonderful weather that allows us to enjoy the outdoors, even if sometimes Karl the Fog does crash our party! Check out SF Travel's list of [best picnic](#) locations in the city!
- Our friends at McCalls have launched [MCmarket](#) with some incredible menus for home dining – check it out!
- The awesome team at Denon & Doyle have been doing a live talk show each Monday at 6:00 PM. It is short and sweet, and highly entertaining! [Tune in here](#) to watch each week or binge the old episodes – you'll see some familiar ILEA faces!
- This month started with maybe the biggest win since quarantine started, Hamilton on TV! Much like the original, I've watched this [parody video](#) one too many times already, but it continues to make me smile! #maskup

See you next month for another edition of Living in SIP Together. We'd love to hear from you at togetherweekly@ileancc.org if you've got something for us to share!

Growing Together While Apart,
Kelsey Linden, Board of Directors