

# CYBERSECURITY 101: FOR NON-IT AUDITORS



John B. Sapp Jr.

THE STANDARD IN STAFFING, RECRUITING AND PROFESSIONAL DEVELOPMENT





#### THE STANDARD IN STAFFING, RECRUITING AND PROFESSIONAL DEVELOPMENT

#### PROFESSIONAL DEVELOPMENT:

- NATIONALLY-RECOGNIZED LEADER IN AUDIT AND PEOPLE-CENTRIC® SKILLS TRAINING
- Institute of Internal Auditors ("IIA") Registry of CPE Providers (only 6 firms in North America!)
- Over 170 Full-Day Courses on Audit, IT Audit, Accounting, Finance, Personal Development and People-Centric<sup>®</sup> Skills
- REGISTERED WITH NASBA TO OFFER CPE'S FOR ALL COURSES IN COURSE CATALOG (LIVE AND WEB-BASED)
- Interactive and Educational Courses for all levels

#### **EXECUTIVE RECRUITING:**

- UNIQUE APPROACH TO FILLING POSITIONS, INCLUDING
   PERSONALITY ASSESSMENT FOR CANDIDATE AND
   ORGANIZATION
- EXPANSIVE NETWORK OF QUALIFIED CANDIDATES
   ACTIVELY LOOKING

#### **STAFF AUGMENTATION:**

- MARKET LEADER IN LOCATING COST-EFFECTIVE, RECOGNIZED RESOURCES IN ACCOUNTING, FINANCE, AUDIT AND IT
- ALL REQUESTS FILLED WITHIN 72 HOURS



## GOLDSRD SNAPSHOT © GoldCal LLCZ dba GoldS



#### THE STANDARD IN STAFFING, RECRUITING AND PROFESSIONAL DEVELOPMENT

## John B. Sapp Jr.

- Director, IT Security & Controls
  - ORTHOFIX MEDICAL INC.
- Published Author (Articles)
  - CYBERSECURITY PEER REVIEW JOURNAL
  - PENTEST MAGAZINE

#### MEMBER

- FORBES TECHNOLOGY COUNCIL
- CDM MFDIA ADVISORY BOARD
- SECURE WORLD ADVISORY COUNCIL (SAN FRANCISCO CA, ATLANTA GA AND DALLAS TX)

#### FOUNDER

CYBERSECURITY CONVERSATIONS – THE HYPE,
 HOPE AND HARSH REALITY

#### **CERTIFICATIONS:**

- HCISPP SINCE 2013
- CRISC SINCE 2011
- CGEIT SINCE 2009
- CISSP SINCE 2008



#### HONORS & AWARDS:

- 2013 Information Security Executive of the Year (Central)
- 2012 TBS CYBER SECURITY VISIONARY AWARD
- 2012 FINALIST INFORMATION
   SECURITY EXECUTIVE OF THE YEAR
   (NORTH AMERICA)
- 2010 Finalist Information Security Project of the Year (North America)
- 2010 FINALIST INFORMATION
   SECURITY EXECUTIVE OF THE YEAR
   (WEST) © GoldCal LLCZ dba GoldSRD 2018



### John B. Sapp, Jr.

- Industry Recognized Thought Leader and Cyber Visionary
  - Invited Guest to The White House Colloquium for National Strategy for Trusted Identities in Cyberspace (NSTIC)
  - Cybersecurity Peer Review Journal (Inaugural Edition)
  - MISTI Security Leadership Exchange
  - Named 2012 TBS Cybersecurity Visionary

## **OBJECTIVES**



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## Cybersecurity 101: Objectives

- Cybersecurity Background and Overview
- Cybersecurity Trends & Insights
- Understand Cybersecurity Terminology
- Understand Key Controls for Cybersecurity Risk Management
- Understand Cybersecurity Frameworks
- Understand the Approach to Cybersecurity Risk Audit and Assessment

## GROUP DISCUSSION: WHAT DO YOU WANT TO LEARN TODAY?



TIME ALLOTTED: 15 MINUTES





## CYBERSECURITY BACKGROUND





## What is Cybersecurity?

Cybersecurity refers to the technologies, processes, and practices designed to protect an organization's information assets — computers, networks, programs, and data — from impact related to unauthorized access, unauthorized alteration and availability.

- Confidentiality
- Integrity
- Availability





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## Cybersecurity Background

#### Who Are The Threat Actors?

- Threat actors come in many different forms, some obvious and some not so obvious:
  - Insider (employees, vendors, other trusted individuals)
  - Hackers
  - Cyber-criminals
  - Foreign governments and Intelligence agencies
  - Terrorists
  - Organized crime
  - Hactivists (i.e. Anonymous)



## Cybersecurity Background

### What Are The Threat Actors Seeking?

- Threat actors want data and secrets, and/or to blackmail/extort money from your organization
  - Usernames and passwords
  - Sensitive company documents
  - Protected Health Information (PHI)
  - Credit card and banking information
  - Export controlled technologies
  - Intellectual property and sensitive technological documents
  - Personal Identifying Information (PII)
  - Contact lists (emails, phone directories, etc.)
  - Confidential Emails

## GROUP DISCUSSION: CALCULATING THE COST OF A BREACH

TIME ALLOTTED: 15 MINUTES

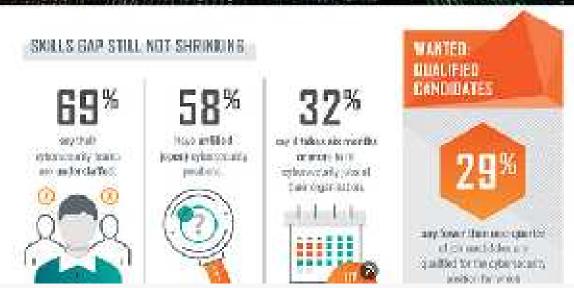




## State of Cybersecurity 2019

 https://www.trendmicro.com/vinfo/us/security/research -and-analysis/predictions/2019







### What is the Cost of a Breach?

- 2018 Cost of a Data Breach Study
  - Independently conducted by Ponemon Institute and released July 2018
  - Benchmark research sponsored by IBM Security
  - Conducted interviews with more than 2,200 IT, data protection, and compliance professionals from 477 companies that have experienced a data breach over the past 12 months.



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- Average total cost of a data breach: \$3.86M
  - Increased 6.4% from 2017 (\$3.62M)
- Average cost per lost or stolen record: \$148
  - Increased 4.8% from 2017 (\$141 per record)



## Global Study at a Glance

- Average size of a data breach increased by 2.2%
- Likelihood of a recurring material breach over the next two years: 27.9%
- Average cost savings with an Incident Response team: \$14 per record

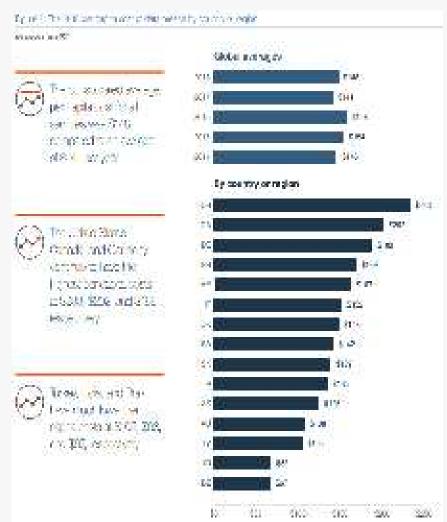
**SOURCES:** Ponemon International Data Breach Statistics



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## Global Study at a Glance







## Global Study at a Glance

- First time influence of security automation and loT devices researched
  - Average cost of a breach for organizations that deploy security automation is \$2.88M
  - Without automation, estimated cost is \$4.43M
  - Extensive use of IoT devices increases cost \$5 per compromised record

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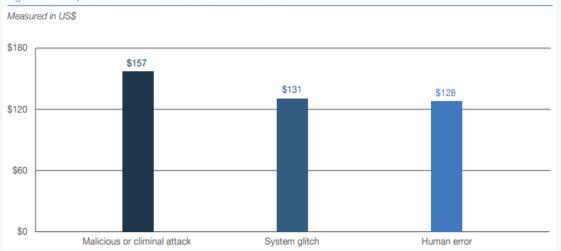
### **Main Root Causes**

 Malicious or criminal attacks are the cause for most data breaches



Figure 8. Distribution of the benchmark sample by root cause of the data breach

Figure 9. Per capita cost for three root causes of the data breach



 Malicious or criminal attacks are the costliest

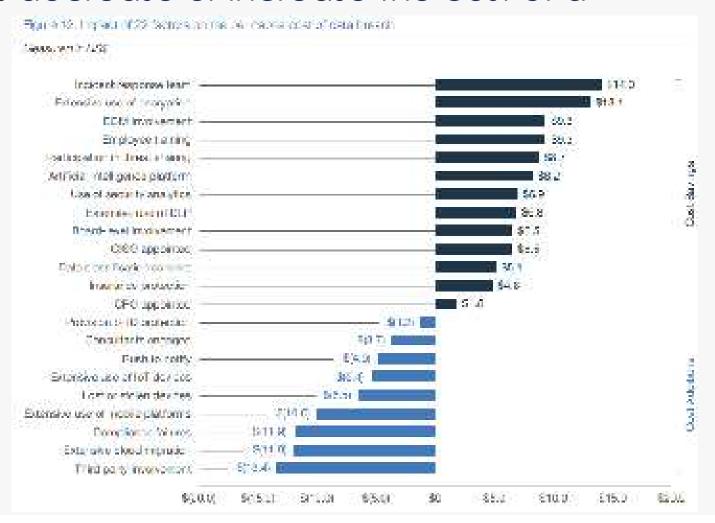
**SOURCES:** Ponemon International Data Breach Statistics



### Factors that Influence Cost of a Breach

Certain factors decrease or increase the cost of a

data breach



**SOURCES:** Ponemon International Data Breach Statistics



## CYBERSECURITY TERMINOLOGY





## **Cybersecurity Terminology**

#### Intrusion Detection

 The process and methods for analyzing information from networks and information systems to determine if a security breach or security violation has occurred.

#### Exploit

 A malicious application or script that can be used to take advantage of a computer's vulnerability.

#### Malware

 An umbrella term that describes all forms of malicious software designed to wreak havoc on a computer. Common forms include: viruses, trojans, worms and ransomware.

#### Breach

 Any incident that results in unauthorized access of data, applications, services, networks and/or devices by bypassing their underlying security controls



## **Cybersecurity Terminology**

#### Ransomware

 A form of malware that deliberately prevents you from accessing files on your computer – holding your data hostage. It will typically encrypt files and request that a ransom be paid in order to have them decrypted or recovered.

#### Bot / Botnet

 A type of software application or script that performs tasks on command, allowing an attacker to take complete control remotely of an affected computer.

#### Distributed Denial of Service (DDoS)

 A form of cyber attack. This attack aims to make a service such as a website unusable by "flooding" it with malicious traffic or data from multiple sources (often botnets).

#### Phishing / Spear Phishing

 A technique used by hackers to obtain sensitive information. For example, using hand-crafted email messages designed to trick people into divulging personal or confidential data such as passwords and bank account information.

## OVERVIEW OF A CYBER ATTACK



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## **Cyber Attack Overview**



- It's not IF but WHEN a cyber attack will occur against your organization
- Cyber attacks target organizations of ALL size (even individuals)
- Every organization has information that is meaningful to a cyber attacker

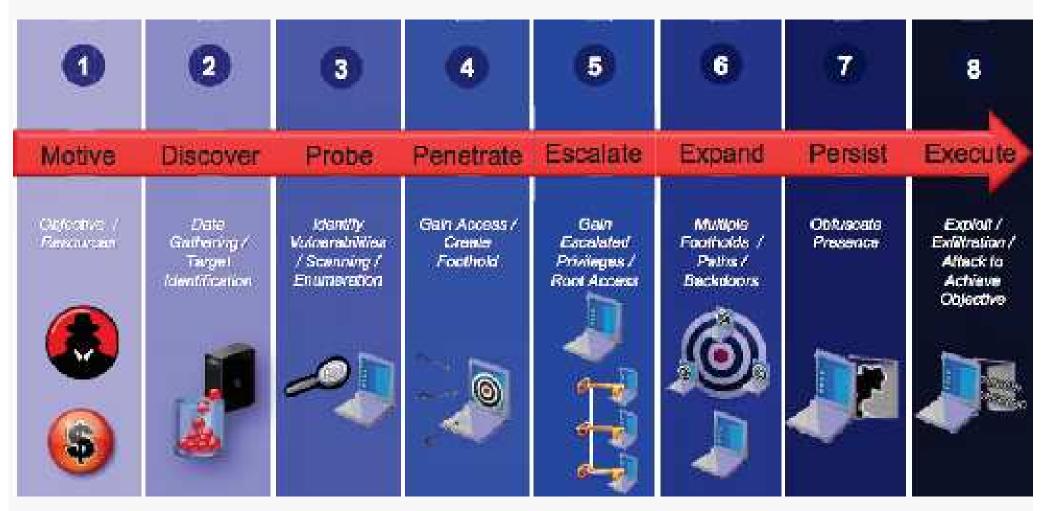


## **Cyber Attack Overview**

- What Activities Does A Cyber Attacker Use?
  - Reconnaissance
  - Intrusion / Delivery
  - Exploitation / Obtaining Credentials
  - Pivoting / Lateral Movement
  - Installation
  - Data Exfiltration / Manipulation
  - Maintaining Persistence



## Cyber Attacker Activities





## **Cyber Attack Overview**

- Who is Responsible for Protecting against Cyber Attacks? EVERYONE!
  - Some signs to look for and report include:
    - System failure or disruption
    - Suspicious or over-zealous questioning
    - Unauthorized access to systems and facilities
    - Unauthorized or unexpected changes
    - Suspicious emails
    - Unauthorized use
    - Strange system behavior





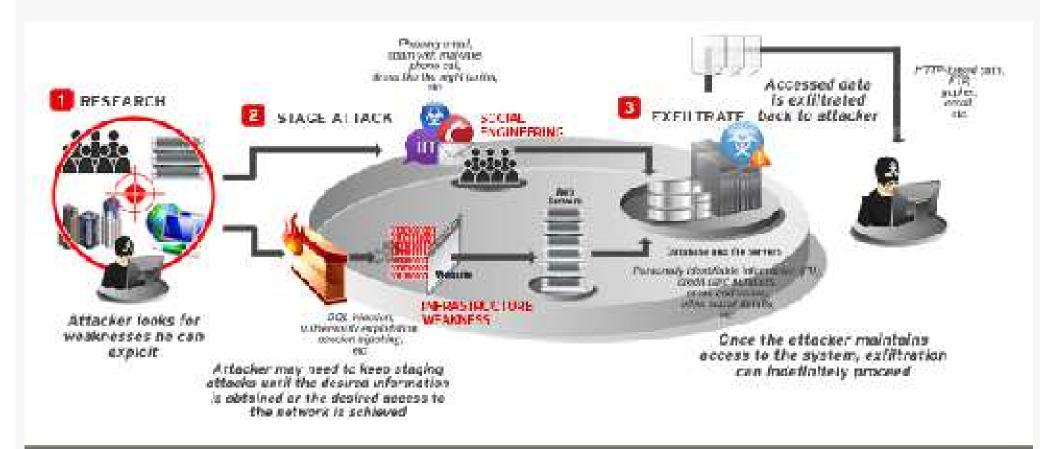
## Cybersecurity Background

- How do Threat Actors Compromise Systems?
  - There are many methods that threat actors use to gain unauthorized access to systems
    - Malware (malicious software) / Viruses
    - Social Engineering
    - Phishing or Spear Phishing
    - Unpatched, outdated or vulnerable systems and software
    - Weak or default passwords
    - Stolen credentials
    - Technical methods (SQL injection, cross-site scripting, etc.)



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## Anatomy of a Data Breach

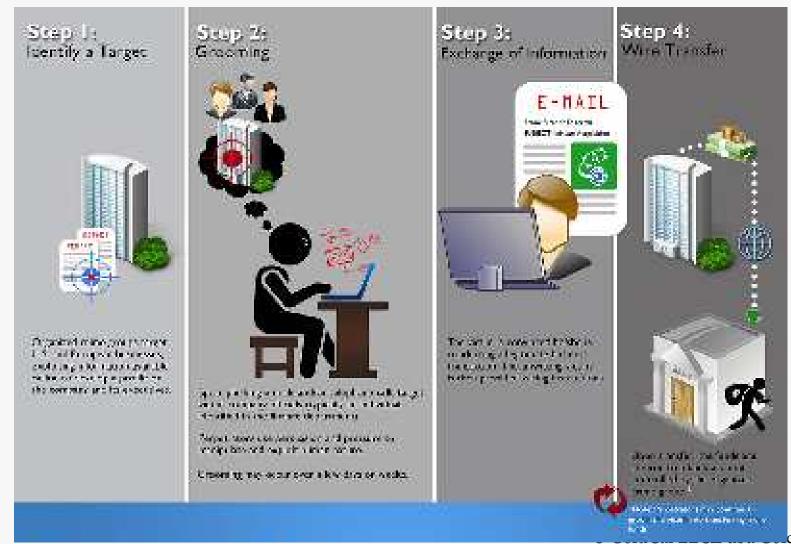


MALICIDUS DATA BREACH DIAGRAM

**SOURCE:** Trend Micro Threat Encyclopedia



## Anatomy of a Data Breach



dSRD 2018

#### CHAR - M- X 4- - BEE- PORCE

#### Request from CEO

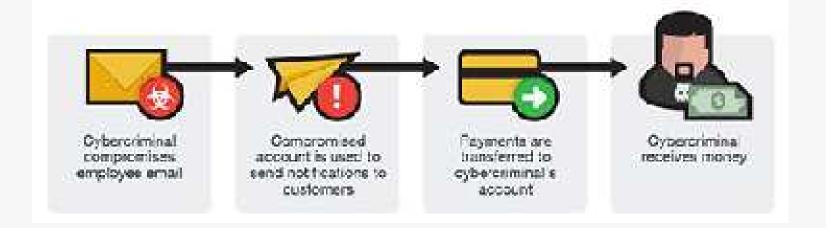
Subject: Immediate Wire Transfer

To: Chief Enancial Officer

🗱 Higa Importante :

Please process a wire transfer payment in the amount of \$250,000 and socie to ladmin expenses? by 000H roday. Winng instructions below.

# BUSINESS EMAIL COMPROMISE

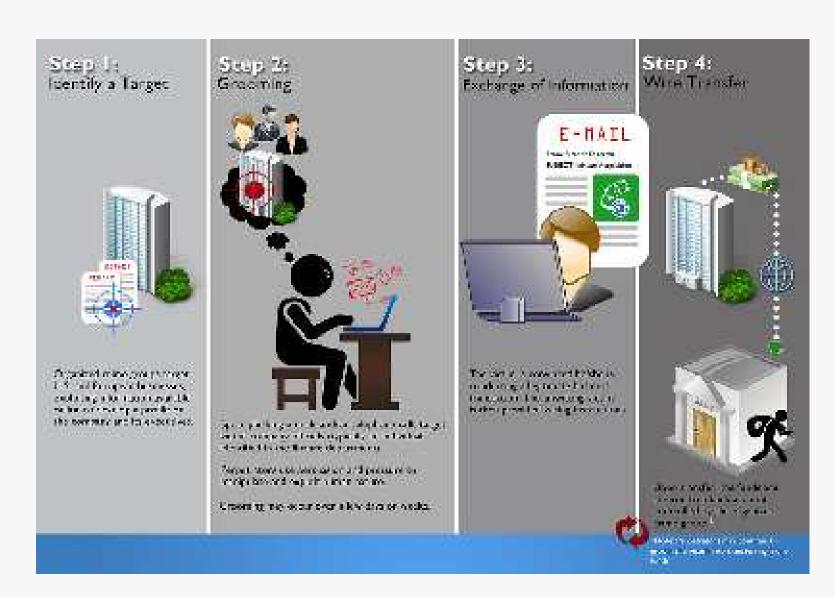








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### **BEC - Overview**

- Target employees with access to company finances and trick them into making wire transfers to bank accounts thought to belong to trusted partners—except the money ends up in accounts controlled by the criminals
- Techniques include:
  - Spear-phishing
  - Social engineering
  - Identity theft
  - E-mail spoofing
  - Malware
- According to the FBI's Internet Crime Complaint Center (IC3), "the BEC scam continues to grow, evolve, and target businesses of all sizes. Since January 2015, there has been a 1,300 percent increase in identified exposed losses, now totaling over \$3 billion"

## SKIMMING



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# ATM & Gas Pump Skimming

- Similar to identity theft for debit cards: Thieves use hidden electronics to steal the personal information stored on your card and record your PIN number to access all that hard-earned cash in your account
- Card reader placed over the ATM's or gas pump real card slot
- When you slide your card into the ATM, you're unwittingly sliding it through the counterfeit reader, which scans and stores all the information on the magnetic strip



# ATM & Gas Pump Skimming - Stats

- During the first six months of 2017, the number of compromised ATMs and point-of-sale devices jumped 21 percent, compared to the first six months of 2016, according to FICO
- 30% increase in compromised devices from 2015 to 2016 & 70% increase in compromised cards during that time, according to FICO
- Large increase in gas pump skimmers
  - Florida, for example, tracks the number of skimmers found at gas stations.
     Through July 18, 2017, authorities had found 315 skimmers, nearly triple the number found in the same period in 2016

How big is the risk of gas pump skimming? According to the National Association for Convenience Stores:

- 37 million Americans refuel every day
- Of them, 29 million pay for fuel with a credit or debit card
- When skimming occurs at a gas station, it usually takes place at only one pump
- Single compromised pump can capture data from 30 to 100 cards per day

# AUTHENTICATION & SYNTHETIC ID'S



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# Synthetic ID's

- Take personal information from various individuals and combining them into a new, hybrid identity that only exists in the virtual world
- Use this information to open new bank or credit card accounts
- Financial institutions usually are the victims of the fraud because there's no individual victim; losses generally get written off as bad debt

# MOBILE BANKING



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# **Mobile Banking Risks**

- Smart phone attacks will target the information on the device, as well as the information the device can access and the messages it receives
- New payments systems using smart phones will be hit with malware attacks on the devices and the apps they are running
- Paypal, Venmo, Velle



## **Zelle Scam**

- Defrauding consumers who believe the service includes the same protections they've come to expect from PayPal
- <u>Scam</u>:
- Seller will ask the buyer to pay them through Zelle instead of PayPal
- Seller will keep the money, then shut down their bank account, and disappear
- Tickets, or whatever else they were purportedly selling, never arrive
- In other cases, the scammer may not even need to go to that extreme because the victim's bank just tells their customer there's nothing they can do, since the customer had authorized the Zelle transaction



# REAL WORLD, RECENT EXAMPLES





## **Data Breaches**

- Reported 139,731,894 million records leaked
  - Confluence Health discloses patient data breach after employee email account hacked
  - 2. <u>LifeLock Bug Exposed Millions of Customer Email</u> Addresses
  - 3. Patient data found in Helsinki street
  - 4. Patients' health records stolen from gas station
  - Hackers Breach Russian Bank and Steal \$1 Million Due to Outdated Router
  - 6. <u>Casino Gets Hacked Through Its Internet-Connected Fish Tank Thermometer</u>



## **Confluence Health**

- Control Failure: Administrative (User), Technical (Access)
- Compromised credentials
- Unauthorized access
- Confidentiality breach

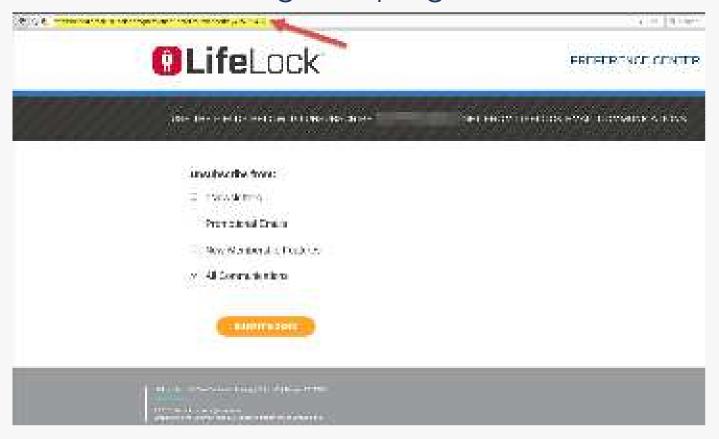




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## LifeLock

- Control Failure: Application (Secure SDLC, Fuzz testing)
- Simple script could have been used to exploit and harvest email addresses to use in a Phishing campaign





# Helsinki Contraception Clinic

- Control Failure: Physical (Proper Disposal or Destruction)
- Confidentiality breach





# **Roper Hospital**

- Control Failure: Physical (Controlled access)
- Confidentiality breach
- Prior physical security control failure in May 2015





## Russian PIR Bank

- Control Failure: Vulnerability Management (System Patching)
- Transferred approximately \$1 million to 17 accounts at multiple Russian banks





# Internet of Things (IoT) Attacks

- Casino high-roller data exfiltrated through IoT thermometer in a fish tank
- Baby monitors, automobiles, home security systems, etc.





# Cyber Attacks and Ransomware

- Mumbai: Ransomware hits Dadar CA's office, demands payment in bitcoins for decryption
- 2. <u>Samsam infected thousands of LabCorp</u> <u>systems via brute force RDP</u>
- 3. Long Beach Port terminal hit by ransomware attack
- 4. <u>Another Crypto Fail: Hackers Steal \$23.5</u> <u>Million from Token Service Bancor</u>

# CYBERSECURITY INSIGHTS

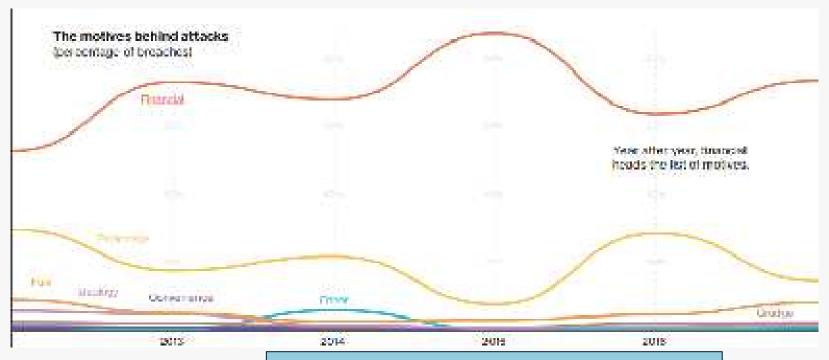




# Data Breach Investigations Report (DBIR)

- By the numbers
  - 53,308 security incidents
  - 2,216 data breaches

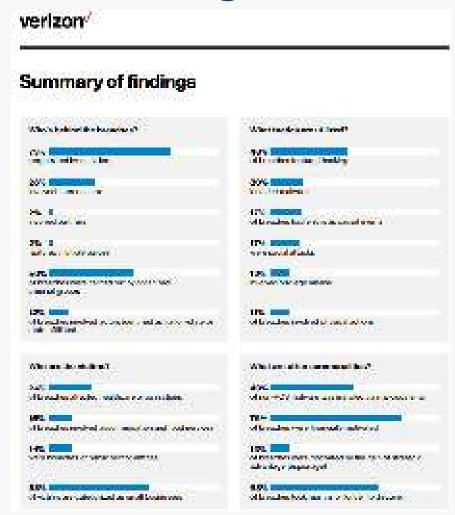
- By the numbers
  - 65 countries
  - 67 contributors
  - 75% Financially motivated





# **Summary of Findings**

- 73% Perpetrated by outsiders
- 48% Breaches featured hacking
- 49% Non-POS malware installed via malicious email
- 76% Breaches were financially motivated
- 68% Breaches took longer to discover
- 58% Victims categorized as small business





## **Social Attacks**

- Phishing and pretexting represent 98% of social incidents and 93% of breaches.
- Email continues to be the most common vector with 96%.

| Frequency           | 1,450 incidents, 381 with confirmed data<br>disclosure   |  |
|---------------------|--|--|
| Top 3 patterns      | Crimeware, Everything Else, and Cyber-<br>Esplonage represent 93% of all security<br>incidents |  |
| Threat actors       | 99% External, 6% Internal,<br><1% Partner (breaches)   |  |
| Actor motives       | 59% Financial, 38% Espionage (breaches)  |  |
| Data<br>compromised | 47% Personal, 26% Secrets, 22% Internal, 17% Credentials                                       |  |



# Top Targeted Industries & Data Types

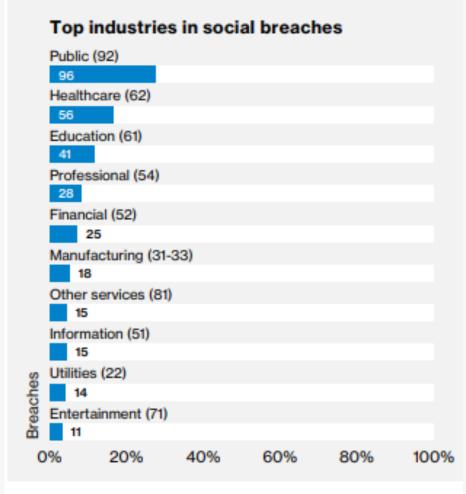


Figure 11. Top industries within Social breaches (n=351)

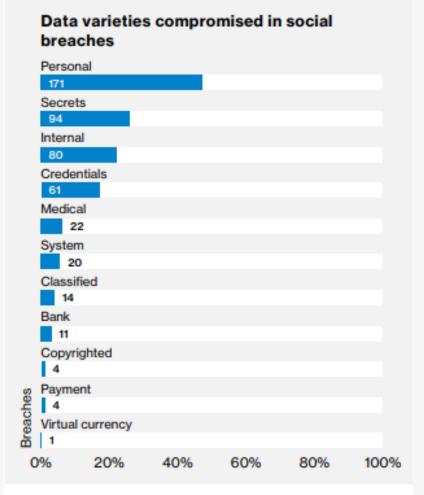


Figure 12. Data varieties compromised in Social breaches (n=362)



# Top Attack and Asset Target

 Ransomware became an effective tool of choice in 2013

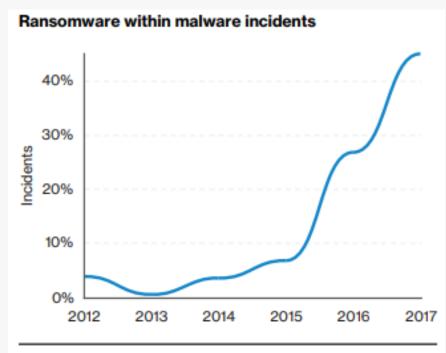


Figure 15. Ransomware within malware incidents over time

 User devices are the primary targets

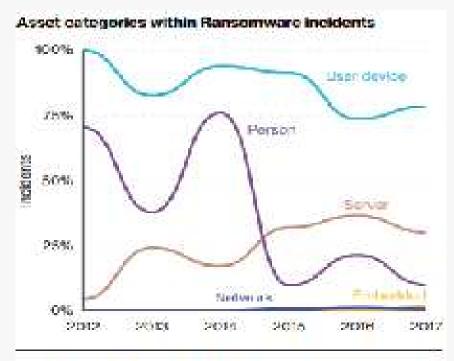
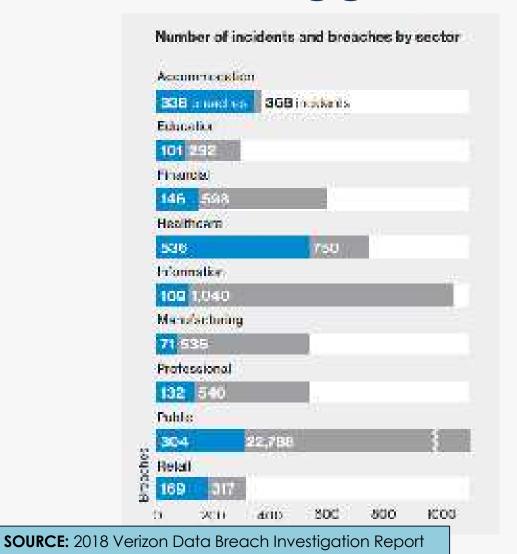


Figure 18. Assot categories within Hansenware inordents over time.



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# What's the Biggest Risk to Your Business?



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# GROUP EXERCISE: TARGETED ATTACK GAME



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# Targeted Attack Game

- With all bad things in life, we like to believe that "it will never happen to us". Unfortunately the reality of targeted attacks against commercial organizations is such that many in the security world are characterizing it as a "when" rather than an "if".
- You will be put you in the driving seat. You are the CIO of a global organization called The Fugle, who is on the verge of making the first release of a biometrically authenticated mobile payment app.
- You will steer the project through its final stages, dealing with your internal security team, your colleagues in Marketing and PR and of course your CEO.

**SOURCE:** www.trendmicro.com



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## Targeted Attack Game: Characters

### You



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### Melinda



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# Targeted Attack Game: Let's Play!





An educational game brought to you by Trend Micro

TIME ALLOTTED: 30 MINUTES

# CYBERSECURITY STRATEGY



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# **Cybersecurity Strategy Overview**

- Identify a Cybersecurity Framework that best fits your organization
- Map organization's existing controls to the selected Cybersecurity Framework
- Assess and Manage the Risk
- Measure Progress and Maturity
- Continuously Monitor and Measure Security



## GOLD NUGGET #1

- GTAG Global Technology Audit Guide
- Prepared by The IIA, GTAG is written in straightforward business language to address timely issues related to information technology (IT) management, risk, control, and security
- HERE'S THE KICKER IIA members access GTAG's FREE!

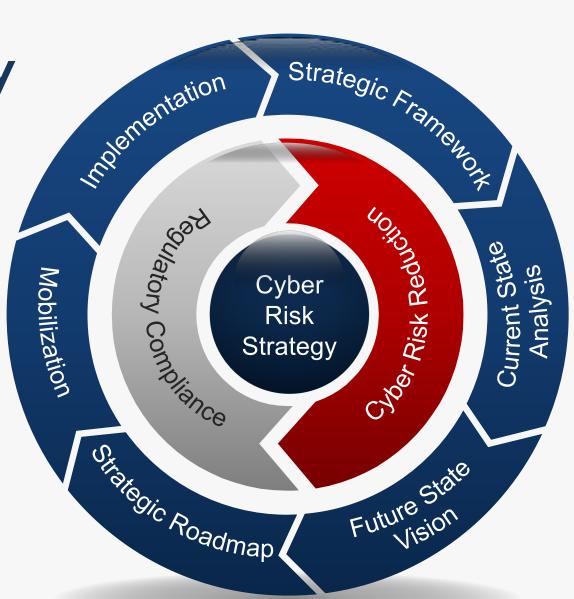




# **Cyber Strategy**

### Strategic Framework

- Select Baseline Framework
  - NIST Cybersecurity
     Framework
  - CIS Critical Security Controls
  - ISO 27001 Information Security Management System (ISMS)



# CYBERSECURITY CONTROL FRAMEWORKS



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# Why Use a Cybersecurity Framework?

 Using a known framework allows other stakeholders (your customers, commercial insurer, Board members, etc.) to have confidence that you are covering all areas and if you have a third-party attestation that you are meeting the requirements it is often accepted in lieu of having to complete lengthy questionnaires to confirm your controls and practices.



## **NIST CSF**

- National Institute of Standards and Technology Cybersecurity Framework
  - <a href="https://www.nist.gov/cyberframework">https://www.nist.gov/cyberframework</a>
  - This voluntary Framework consists of standards, guidelines, and best practices to manage cybersecurity-related risk. The Cybersecurity Framework's prioritized, flexible, and costeffective approach helps to promote the protection and resilience of critical infrastructure and other sectors important to the economy and national security.



# NIST CSF – Functions and Categories

| Function<br>Identifier | Function | Category<br>Identifies | Category  |
|------------------------|----------|------------------------|---|
| ID                     | Identify | ID.AM                  | Asset Management                                |
|                        |          | ID.BE                  | Dusiness Environment                            |
|                        |          | ID.GV                  | Governance                                      |
|                        |          | ID.RA                  | Rick Assessment                                 |
|                        |          | ID.RM                  | Rick Management Strategy                        |
|                        |          | 10.50                  | Supply Chain Bisk Manageron of                  |
| PR                     | Protect  | PRIAC                  | Identity Management and Access Control          |
|                        |          | PRIAT                  | Awarenessand Indianag                           |
|                        |          | PR.DA                  | Data Security                                   |
|                        |          | PR.IP                  | Information Protection Processes and Procedures |
|                        |          | TRIMA                  | Maintenance                                     |
|                        |          | PH.111                 | Protective Technology                           |
| DE                     | Detoct   | DE.AE                  | Anomalies and Events                            |
|                        |          | DELCIM                 | Security Continuous Monitoring                  |
|                        |          | DE.DP                  | Detection Processes                             |
| RS                     | Respond  | RS.RP                  | Response Planning                               |
|                        |          | RS.CO                  | Communications                                  |
|                        |          | RSJAN                  | Analysis  |
|                        |          | B5.MI                  | Math got con                                    |
|                        |          | R5.IM                  | Improvements                                    |
| RC                     | Kerover  | RC.P.P.                | Receivery Planning                              |
|                        |          | ROUM                   | Improvements                                    |
|                        |          | RC.CX)                 | Communications                                  |



# **CIS Critical Security Controls**

- Center for Internet Security
  - <a href="https://www.cisecurity.org/controls">https://www.cisecurity.org/controls</a>
  - Formerly SANS Top 20 Critical Security Controls
  - The CIS Controls<sup>™</sup> are a prioritized set of actions that collectively form a defense-in-depth set of best practices that mitigate the most common attacks against systems and networks. The CIS Controls are developed by a community of IT experts who apply their first-hand experience as cyber defenders to create these globally accepted security best practices. The experts who develop the CIS Controls come from a wide range of sectors including retail, manufacturing, healthcare, education, government, defense, and others.



# **CIS Critical Security Controls**



#### **Basic**

- 1 Inventory and Control of Hardware Assets
- 2 Inventory and Control of Software Assets
- 3 Continuous Vulnerability Management
- 4 Controlled Use of Administrative Privileges
- 5 Secure Configuration for Hardware and Software on Mobile Devices, Laptops, Workstations and Servers
- 6 Maintenance, Monitoring and Analysis of Audit Logs

#### **Foundational**

- 7 Email and Web Browser Protections
- 8 Malware Defenses
- 9 Limitation and Control of Network Ports, Protocols, and Services
- 10 Data Recovery Capabilities
- 11 Secure Configuration for Network Devices, such as Firewalls, Routers and Switches

- 12 Boundary Defense
- 13 Data Protection
- 14 Controlled Access
  Based on the Need
  to Know
- Wireless Access Control
- 16 Account Monitoring and Control

#### **Organizational**

- 17 Implement a Security Awareness and Training Program
- 18 Application Software Security
- 19 Incident Response and Management
- 20 Penetration Tests and Red Team Exercises



# ISO 27000 Series

- International Standards Organization
  - http://www.iso27001security.com/html/27001.html
  - ISO/IEC 27001 is an information security standard, part of the ISO/IEC 27000 family of standards, of which the last version was published in 2013, with a few minor updates since then.
  - ISO/IEC 27001 does not formally mandate specific information security controls since the controls that are required vary markedly across the wide range of organizations adopting the standard.



# GOLD NUGGET #2

- The use of a Cybersecurity
   Framework provides the foundation for a cybersecurity program
- The selection of a Cybersecurity
   Framework is a critical success
   factor and basis for a
   cybersecurity audit

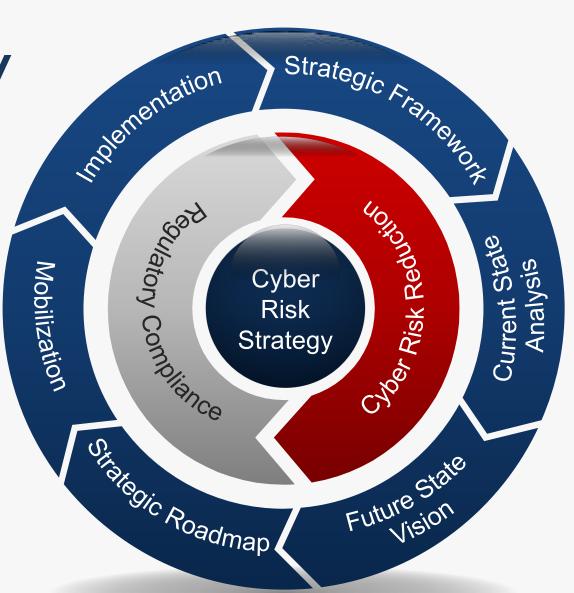




**Cyber Strategy** 

## Current State Analysis

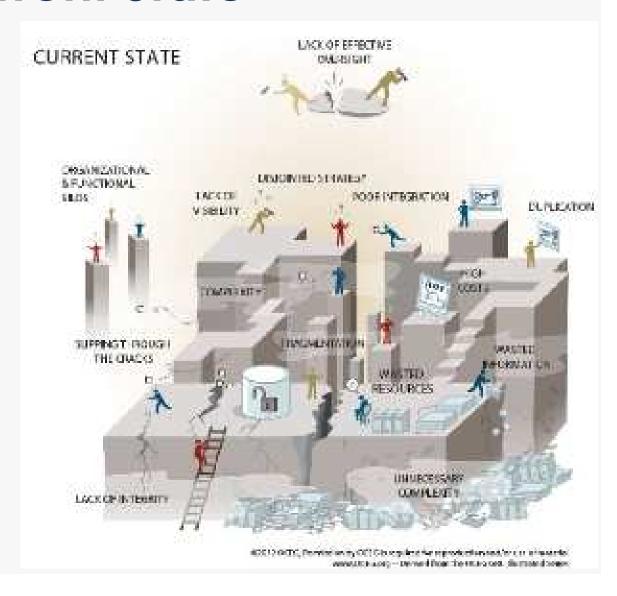
- Measure current maturity
- Assess impact of current initiatives
- Identify key risks and challenges





# **Current State**

- The Problem
  - Disjointed Strategy
  - Lack of Visibility
  - Fragmentation
  - Lack of EffectiveOversight





#### **Risk Assessment Results**

#### Technical Vulnerabilities

- System Configurations
  - Excessive Privileges to Network File Shares
  - Weak or Default Passwords for Applications, Service Accounts, Operating Systems, Devices, Databases and End User Accounts
- Endpoint Security
  - Administrative Privileges
  - Mobile Device Management
- Network Security
  - Intrusion Detection and Intrusion Prevention
  - Network Access Control

#### **Administrative Vulnerabilities**

- Patch Management Process
- IT Policies and Standards
- Third-party Services Agreements
- Cloud Application Authorization
- Cybersecurity Incident Response
- Risk Mitigation, Risk Acceptance Process

#### **Summary**

#### Risk vs Threat vs Vulnerability

Risk is identified and managed through comprehensive evaluation and assessment of threats and vulnerabilities.

$$A + T + V = R$$

Asset + Threat + Vulnerability = Risk

Threat – Anyone or anything that can exploit a vulnerability (weakness), intentionally or accidentally and obtain, damage or destroy an asset.

"What we are trying to protect against."

Vulnerability – Weakness or gaps in a security program than can be exploited by threats to gain unauthorized access to an asset.

"Weakness or gap in our protection efforts."

**Risk** – The potential for loss, damage or destruction of an asset as a result of a threat exploiting a vulnerability.

Risk is the intersection of assets, threats and vulnerabilities.

### **Top 5 Cybersecurity Threats**

- Cyber Extortion (Ransomware & Phishing)
- Internet of Things (IoT)
- Insiders (employees, vendors, partners)
- Distributed Denial of Service (DDoS)
- Mobile Devices

#### **Cybersecurity Vulnerability Remediation**

- Deployment of Next Generation Solutions
  - Advanced Secure Web Gateway
  - Advanced Endpoint Malware Protection
  - · Advanced Email Threat Protection
  - Endpoint Protection (Encryption & Data Loss Prevention (DLP)
- Security Awareness Education & Training
- Global Security Operations Center (24x7x365)

#### **Top 5 Cybersecurity Risks**

- Workforce and Third-party Service Providers
- Cloud Services and Cloud Applications (Shadow IT)
- Patch Management
- Incident Response Management
- Unsupported IT Systems and Applications

#### **Cybersecurity Risk Mitigation**

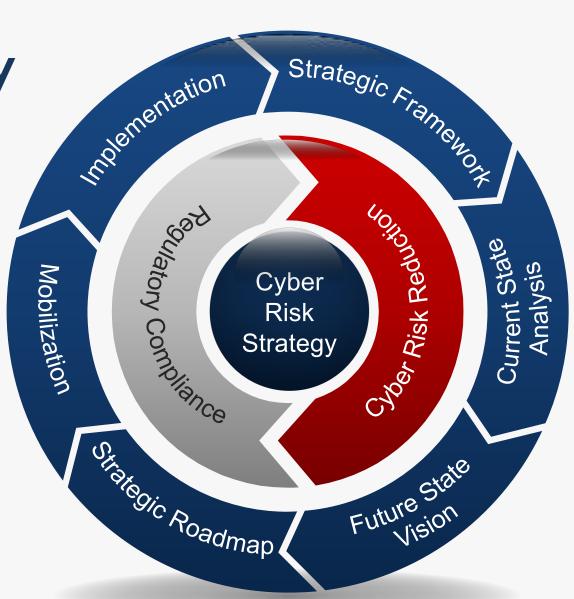
- Development of IT Risk Management Plan
- Cybersecurity Insurance
- Information Security Program Maturity
- IT Policies and Standards
- Endpoint Management
- Mobile Device Management
- Cloud Access Security Management



**Cyber Strategy** 

## **Future State Vision**

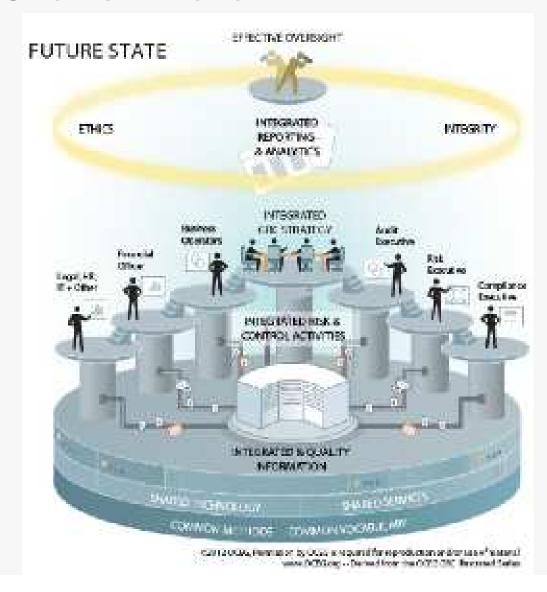
- Engage key stakeholders and define guiding principles
- Define desired future state
- Identify capability gaps





# **Future State Vision**

- The Solution
  - GovernanceStrategy
  - RiskManagement
  - Audit and Internal Audit
  - Compliance,Privacy andLegal





**Cyber Strategy** 

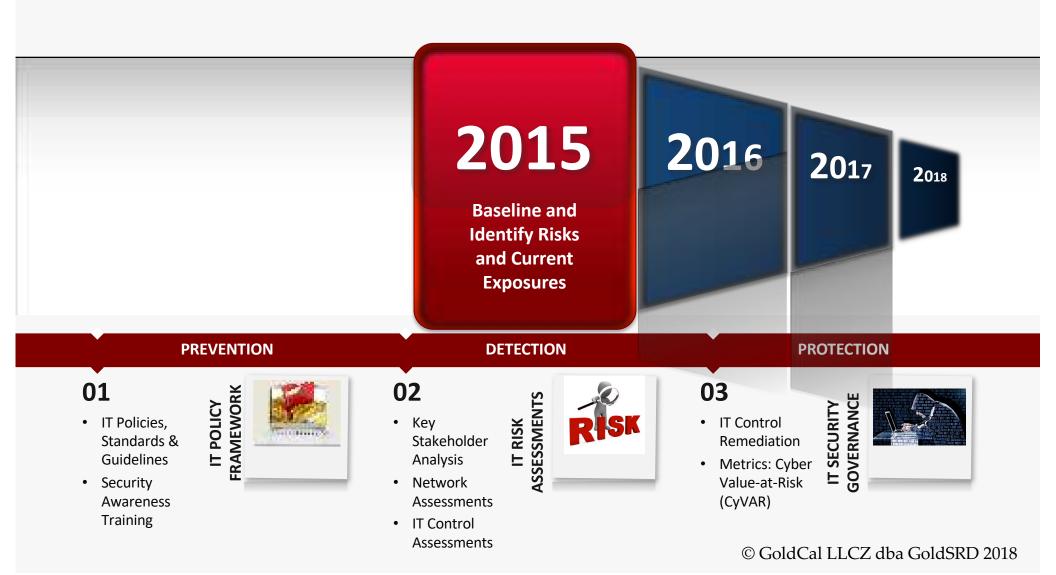
## Strategic Roadmap

- Propose new projects
- Identify inter-project dependencies
- Create program roadmap





## Phase I: Create Baseline and Risk Identification





Phase II: Convergence of IT Security and IT Operations

2015

2016

**Establish Fundamental** Security **Capabilities** 

2017

**PREVENTION** 

MONITORING **END USER** 

**DETECTION** 

#### **PROTECTION**

IN-USE

### 01

- **Content Sharing**
- Mobile Devices (MDM)
- **Endpoint DLP**
- **Network DLP**
- Network IPS

02

- **Network IDS**
- **Security Information** & Event Management (SIEM)
- IT Control Self **Assessment Process**

**NETWORK** 



- 03
- **Endpoint Encryption**
- Server DB **Encryption**
- **Oracle Security** Assessment

N-TRANSIT AT-REST





## Phase III: Sustain and Expand Resilient Security Capabilities



#### PREVENTION DETECTION PROTECTION

01

- Database Scanning
- Secure SDLC

BUILT-IN SECURITY



### 02

- Digital Forensics
- Cyber Threat Intelligence

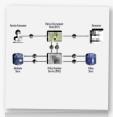
REAL-TIME ASSESSMENT



### 03

- Inline Patching
- Web
   Application
   Firewall (WAF)

TECHNICAL POLICY ENFORCEMENT





Phase IV: Optimize Security Maturity and Governance

2017 2016 2015

2018

Operationally **Optimized IT Security** 

**PREVENTION DETECTION PROTECTION** 

## 01

- Infrastructure Threat Modeling
- App Dev Threat Modeling

SECURITY BY DESIGN



02

- Network Surveillance
- Web / Mobile Surveillance
- Cloud Surveillance



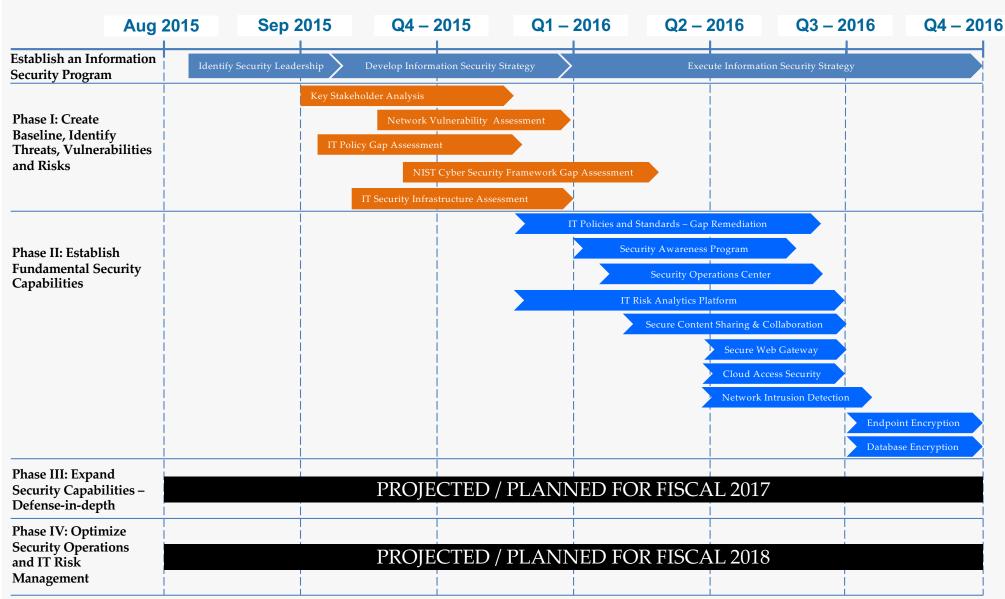
03

- Process Optimization
- Automation Optimization





## THE <u>STANDARD</u> IN <u>STAFFING</u>, <u>RECRUITING</u> AND <u>PROFESSIONAL</u> <u>DEVELOPMENT</u>





**Cyber Strategy** 

## Mobilization

- Plan and execute initiatives and projects
- Communicate progress to key stakeholders

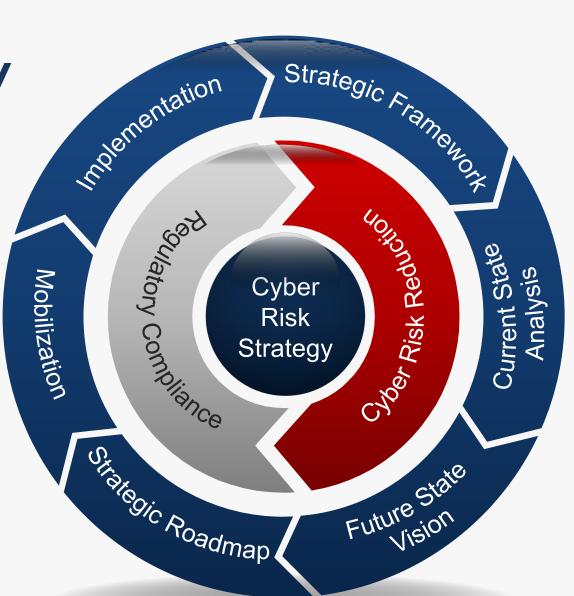




Cyber Strategy

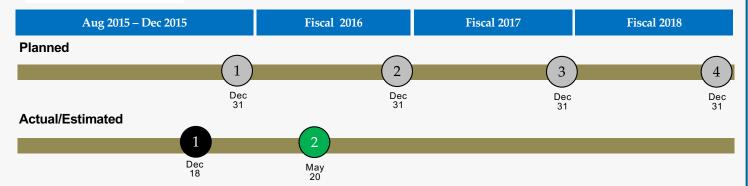
## Implementation

- Administrative delivery
- Technical delivery
- Education and training
- Review impact of capabilities





#### **Timeline**



- 1. Phase I: Create Baseline and Risk Identification
- Phase II: Establish Fundamental Security **Capabilities**
- **Phase III: Expand Security Capabilities**
- Phase IV: Operationally Optimized IT Security

#### Q4 – 2015: Accomplishments

- Network Vulnerability Assessment (Penetration Test)
- IT Policy and Standards Gap Assessment
- NIST Cybersecurity Framework Gap Assessment
- Key Stakeholder Analysis
- IT Security Infrastructure Assessment
- 3-Year Information Security Strategy Plan

#### Q1 – 2016: Accomplishments

- Draft of IT Policies and Standards
- Launch Phase I of Security Awareness Program
- Completed Secure Web Gateway RFP
- Security Operations Center proof of concept (Location X)
- Remediation of Critical Assessment Findings
- IT Risk Analytics Platform: Cyber Value-at-Risk (CyVaR)

#### Q2 – 2016: In Progress Activities

- Launch Phase II of Security Awareness (Training)
- Launch Pilot of Secure Content Sharing & Collaboration
- Phase I Deployment of Secure Web Gateway (US IT Operations)
- Planning Endpoint Security Deployment (Encryption and Host Intrusion Protection - US only)
- Phase I Deployment of Security Operations Center (US IT Operations)
- Approve and Publish Formal IT Policies and Standards

#### Q3 – 2016: Projected & Planned Activities

- Launch Phase III of Security Awareness (Phishing)
- Deployment of Endpoint Security (Encryption and Host Intrusion Protection (**US only**)
- Planning for Server Database Encryption
- Phase II Deployment of Secure Operations Center (International IT Operations)
- Expand Secure Content Sharing & Collaboration platform
- Phase II Deployment of Secure Web Gateway (International IT Operations)

Completed activity

#### **Summary**

Our Information Security strategy is designed to position the organization to mitigate, transfer, accept or avoid information security risk related to people, processes and technologies.

This strategy enables the organization to adequately protect the confidentiality, integrity and availability of its information assets.

The primary benefits of the strategy include:

- Compliance with Regulatory Requirements and Industry Standards
- Cost avoidance related to the impact and potential damage associated with the occurrence of security incidents.
- Sustaining the reputation of the business and supporting commitment to shareholders, customers, partners and suppliers.

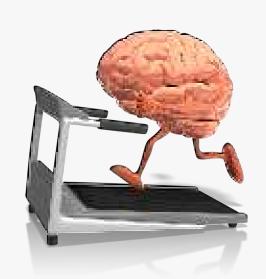


# GOLD NUGGET #3

- An overall Cybersecurity Strategy must be defined
- A good Cybersecurity Strategy should take a phased approach
- Cybersecurity Strategy is iterative and fluid to keep pace with emerging cybersecurity risks



# GROUP DISCUSSION: WHAT'S INVOLVED IN A CYBERSECURITY AUDIT?



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# Cybersecurity: What is the role of the Internal Auditor

- 1. What is the Internal Auditor's role in design or re-design of a Cybersecurity program?
- 2. How can the Internal Auditor help assess and reduce the risks of a cyber attack?
- 3. What are the greatest challenges or impediments to the Internal Auditor's role in this effort?



# GOLD NUGGET #4

- GTAG Supplemental Guidance: Assessing Cybersecurity Risk
- Prepared by The IIA, GTAG is written in straightforward business language to address timely issues related to cybersecurity risks
- HERE'S THE KICKER IIA members access GTAG's FREE!





# **Cybersecurity Audit**

## Audit

 The process of validating the existence of control mechanisms (administrative and technical), which enforce the established IT security policy.

## Assessment

- The process of validating the effectiveness of control mechanisms (administrative and technical).
- The simple fact that a control is in place does not mean that it is effective.



# Cybersecurity Audit Objectives

- Provide management with an assessment of an organization's cybersecurity controls (administrative, physical and technical) and their operating effectiveness.
- Identify internal control and regulatory deficiencies that could put the organization at risk.



# Cybersecurity: What is the role of the Internal Auditor?

What is the Internal Auditor's role in design or re-design of a Cybersecurity program?

- Evaluate and contribute to the improvement of governance, risk management, and control processes
- The internal audit activity plays a crucial role in assessing an organization's cybersecurity risks by considering:
  - Who has access to the organization's most valuable information?
  - Which assets are the likeliest targets for cyberattacks?
  - Which systems would cause the most significant disruption if compromised?
  - Which data, if obtained by unauthorized parties, would cause financial or competitive loss, legal ramifications, or reputational damage to the organization?
  - Is management prepared to react timely if a cybersecurity incident occurred?



## First Line of Defense

## Management (CISO)

- Common first line of defense activities:
  - Administer security procedures, training, and testing
  - Maintain secure device configurations, up-to-date software, and security patches
  - Deploy intrusion detection systems and conduct penetration testing
  - Securely configure the network to adequately manage and protect network traffic flow
  - Inventory information assets, technology devices, and related software
  - Deploy data protection and loss prevention programs with related monitoring
  - Restrict least-privilege access roles



# Second Line of Defense

- Risk Management Cybersecurity Committee
  - Common second line of defense activities:
    - Design cybersecurity policies, training, and testing
    - Conduct cyber risk assessments
    - Gather cyber threat intelligence
    - Classify data and design least-privilege access roles
    - Monitor incidents, key risk indicators, and remediation
    - Recruit and retain certified IT risk talent
    - Assess relationships with third parties, suppliers, and service providers
    - Plan/test business continuity, and participate in disaster recovery exercises and tests



# Third Line of Defense

## Internal Audit

- As the third line of defense, the internal audit activity plays an important role in coordinating with the second line of defense, particularly the cybersecurity function. The internal audit activity can be consulted regarding:
  - The relationship between cybersecurity and organizational risk.
  - Prioritizing responses and control activities.
  - Auditing for cybersecurity risk mitigation across all relevant facets of the organization; for example, privileged access, network design, vendor management, monitoring, and more



# Third Line of Defense

## Common third line of defense activities:

- Provide independent ongoing evaluations of preventive and detective measures related to cybersecurity
- Evaluate IT assets of users with privileged access for standard security configurations, problematic websites, malicious software, and data exfiltration
- Track diligence of remediation
- Conduct cyber risk assessments of service organizations, third parties, and suppliers
  - Note: First and second lines of defense share this ongoing responsibility

# ESTABLISHING SCOPE



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# Scope and Collaboration

- Scoping for cybersecurity risk is an interdependent exercise that requires internal audit to jointly plan with compliance functions in the second line of defense.
- Audit planning is most effective when integrated with compliance functions who have the insight to prioritize business impact and with whom they can collaborate during and after the internal audit.



# **Identifying Critical Information**

- What information is deemed critical and why?
- What is the value of the data (to fraudsters, competitors, etc.)?
- Where is the information accessed, processed, and stored?
- How is information transmitted?



# **Identifying Critical Information**

- What is the extent of rigor followed to grant and revoke access?
- Have access levels been determined by role and what roles have administrative access?
- How is access assigned, approved, monitored, and removed?
- How well protected is the information to unauthorized access?



# **Identifying Critical Information**

- What type of testing is performed (penetration, access, tracked changes, etc.)?
- How is cybersecurity risk monitored for those who have functional access to critical information?

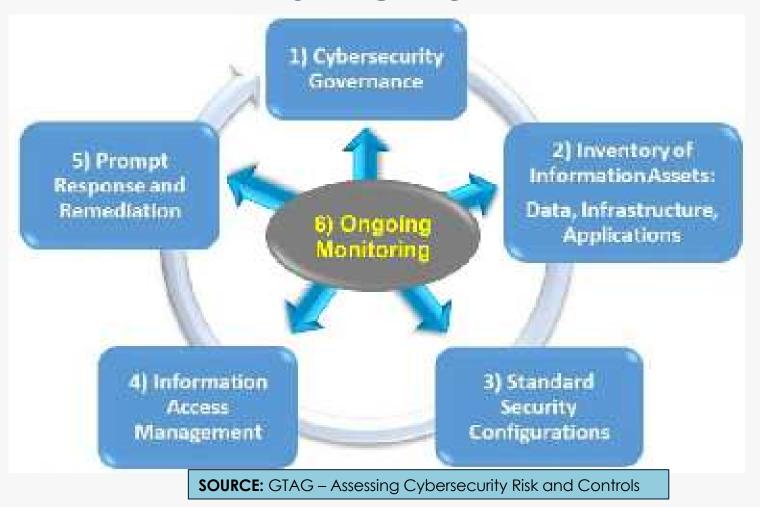
# APPROACH FOR ASSESSING CYBERSECURITY RISK AND CONTROLS



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# Cybersecurity Risk Assessment Framework





# 1. Cybersecurity Governance

 Effective governance is evidenced in clearly defined policies, relevant tools, sufficient staffing, and insightful training.

# 2. Inventory of Information Security Assets

 Preventive and detective controls designed to protect the most valuable assets need to be continuously monitored to ensure ongoing effectiveness.



#### 3. Standard Security Configuration

 Centralized, automated configuration management software can be used to establish and maintain baselines for devices, operating systems, and application software

#### 4. Information Access Management

 Management should consider implementing preventive controls such as having a process to approve and grant access to users based on job roles



#### 5. Prompt Response and Remediation

 The capability of the organization to promptly communicate and remediate risks indicates the program's effectiveness and level of maturity.

#### 6. Ongoing Monitoring

 As a final component of this assessment framework, continuous auditing of each of the five components described above when conducted will help to determine how risk is managed and how well corrective action is operating.

# GOVERNANCE



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- Strong cybersecurity governance depends on:
  - Collaborating and collecting cybersecurity risk intelligence and expertise based on threats that could affect the organization.
  - Setting risk appetite and tolerance.
  - Planning for business continuity and disaster recovery in the event of an interruption.
  - Responding promptly to security breaches.
  - Establishing a culture of awareness of cybersecurity risks and threats.



- Here are 10 questions Internal Audit should consider when evaluating the organization's governance related to cybersecurity:
  - 1. Are senior management and the governing body (audit committee, board of directors, etc.) aware of key risks related to cybersecurity. Do cybersecurity initiatives receive adequate support and priority?
  - 2. Has management performed a risk assessment to identify assets susceptible to cyber threats or security breaches, and has the potential impact (financial and nonfinancial) been assessed?
  - 3. Are first and second lines of defense collaborating with their peers in the industry (e.g., conferences, networking forums, and webcasts) to keep current with new/emerging risks, common weaknesses, and cybersecurity breaches associated with cybersecurity?



- 4. Are cybersecurity policies and procedures in place, and do employees and contractors receive cybersecurity awareness training on a periodic basis?
- 5. Are IT processes designed and operating to detect cyber threats? Does management have sufficient monitoring controls in place?
- 6. Are feedback mechanisms operating to give senior management and the board insight into the status of the organization's cybersecurity programs?



- 7. Does management have an effective hotline or emergency procedure in place in the event of a cyberattack or threat? Have these been communicated to employees, contractors, and service providers?
- 8. Is the internal audit activity capable of assessing processes and controls to mitigate cyber threats, or does the CAE need to consider additional resources with cybersecurity expertise?



- 9. Does the organization maintain a list of third-party service providers that have system access, including those that store data externally (e.g., IT providers, cloud storage providers, payment processors)? Has an independent cybersecurity examination engagement been conducted to assess the effectiveness of the service organization's controls as a part of their cybersecurity risk management program?
- 10. Has internal audit adequately identified common cyber threats facing the organization (e.g., nation-states, cybercriminals, hacktivists, networked systems, cloud providers, suppliers, social media systems, malware), and incorporated these into the internal audit risk assessment and planning processes?



## Red Flags, Potential Governance Gaps

- Disparate, fragmented governance structure
- Incomplete strategy
- Delays of cybersecurity effort
- Budget cuts and attrition
- Unclear resolve to enforce accountability

# GROUP EXERCISE: CYBERSECURITY BUZZWORD BINGO



TIME ALLOTTED: 20 MINUTES

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# **Buzzword Bingo Game**

| Risk       | Weaponize             | Next Gen /<br>NGFW                                      | DLP           | Phishing              |
|------------|-----------------------|---|---------------|-----------------------|
| Malware    | Recon                 | IoT   | Exploit       | Commund<br>and Contro |
| ciso       | Framework             | CYBER<br>SECURITY<br>BUZZWORD<br>BINGO<br>(free square) | Cybersecurity | Intrusion             |
| Blockehgin | Exfiltrate            | ACL   | Kill Chain    | NIST                  |
| Ransonware | Social<br>Engineering | Ha <b>c</b> ktiviet                                     | Crimewese     | Line of<br>Defense    |

# CYBERSECURITY CONTROLS





#### **Administrative Controls**

- IT security policies and standards relating to the network, database and applications
- User access reviews for general and privileged users
- Separation of duties (development, database administration, implementation, support)
- Security Awareness Training
- Business Continuity / Disaster Recovery Plan
- Hiring practices (qualifications, background checks, etc.)



# **Physical Security Controls**

- Facility Access Control List (ACL)
- Video Surveillance
- Security Guards



## **Network Security Controls**

- Firewall
- Intrusion Detection System (IDS)
- Intrusion Prevention System (IPS)
- Wireless Access Control
- Web and Email Gateways
- Penetration Testing
- Data Loss Prevention (DLP)



# **Endpoint Security Controls**

- Endpoint Detection and Response (EDR)
  - Anti-malware / Anti-virus
- Application Control
- Data Loss Prevention (DLP)
- File Encryption
- Multi-factor Authentication (MFA)
- SSL Certificate
- Vulnerability Assessment



# **Mobile Security Controls**

- Enterprise Mobility Management
  - Mobile Device Management (MDM)
  - Mobile Application Management (MAM)
- Anti-malware / Anti-virus



# **Cloud Security Controls**

- Cloud Access Security Broker
  - Sanctioned vs Unsanctioned cloud apps
- Identity and Access Management (IAM)
  - Single Signon (SSO)
- Configuration Management
- Encryption
  - Data in transit
  - Data at rest



# **Application Security Controls**

- Secure Software Development Lifecycle (SDLC)
  - Security by Design
  - Code Review
  - Static and Dynamic Analysis
- Code Signing

# MEASURING CYBERSECURITY MATURITY

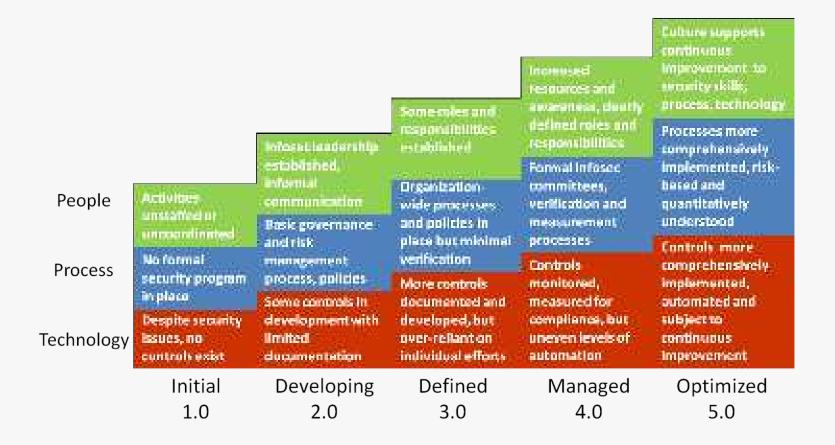


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#### THE STANDARD IN STAFFING, RECRUITING AND PROFESSIONAL DEVELOPMENT

## **Cybersecurity Maturity Model**

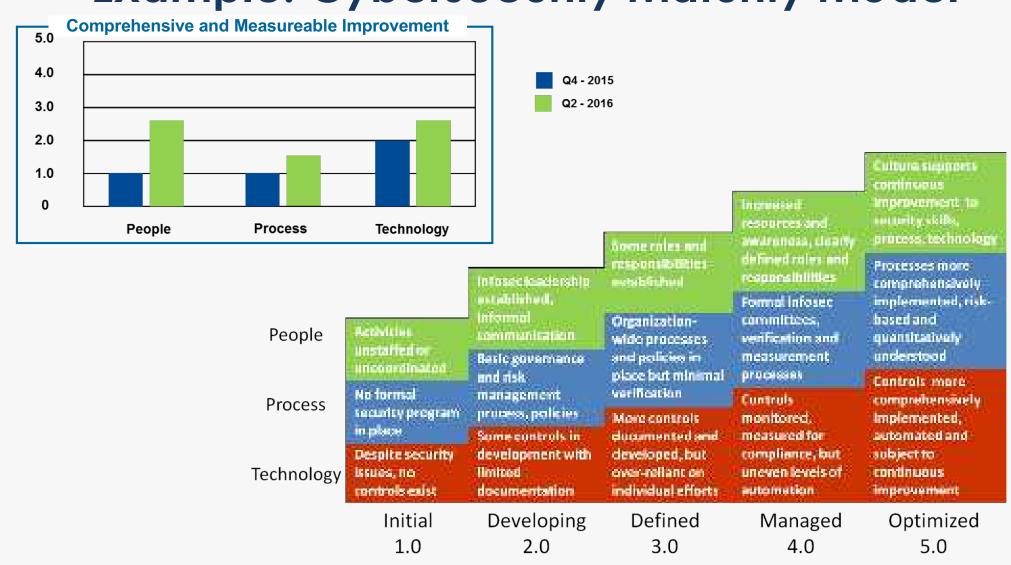


**SOURCE:** Security Architects, LLC: Information Security Maturity Model



#### THE STANDARD IN STAFFING, RECRUITING AND PROFESSIONAL DEVELOPMENT

#### **Example: Cybersecurity Maturity Model**





#### GOLD NUGGET #5

- Cybersecurity Maturity is a journey
- Cybersecurity Maturity must be periodically measured
- Cybersecurity Maturity is the goal



# SUMMARY



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### **Gold Nuggets**

- Use GTAG Assessing Cybersecurity Risk as a guide
- Cybersecurity Frameworks are Key
- Cybersecurity Strategy is Iterative
- Internal Audit plays a crucial role in assessing an organization's cybersecurity risk
- Cybersecurity Maturity is the Goal





# Gold Nuggets – Helpful Links

- NIST Cybersecurity Framework <u>https://www.nist.gov/cyberfram</u> ework
- CIS Critical Security Controls
   Framework https://www.cisecurity.org/controls/
- Targeted Attack Game -<u>http://targetedattacks.trendmicro.com/</u>
- Mapping the Future: Dealing with Pervasive and Persistent Threats -<a href="https://www.trendmicro.com/vinfo/us/security/research-and-analysis/predictions/2019">https://www.trendmicro.com/vinfo/us/security/research-and-analysis/predictions/2019</a>

