FREE WEBINARS EACH DAY FROM THE SECURITY AWARENESS SPECIAL INTEREST GROUP

**SASIG** is a networking forum for CISOs, CIOs, CTOs and their teams. It focuses on the softer cybersecurity issues and looks to improve trust in the online environment, together with their 4,000+ membership that represents all sectors, public and private. SASIG provides a daily showcase of presentations, panel sessions and discussions with leaders from the cybersecurity industry, discussing all manner of subjects relevant to these times. There's plenty of advice on good security awareness and the need for a strong security culture. More details of their events can be found [HERE](#), their programme for next week:

**Tuesday 1 – Friday 4 September**

**Mental Health and resilience week**
We come back from the summer holidays with a week that focuses on this subject that is of paramount importance to ourselves, those we are responsible for, and others we work with. We are most grateful to Liz Murray of HSBC in putting this vital programme together. A mental health advocate, and diversity and inclusivity champion, she is passionate about improving the understanding of mental health in ourselves and in others. There is something each day for everybody, we do urge you to join us.

**Practical resilience** Tuesday 1 September 10:30am Living and working in the challenging times we are facing right now, which can easily lead to fatigue, frustration, irritability and declining performance, it is essential that we remain resilient. However, what does being resilient really mean? How would you recognise if a colleague or family member’s resilience was compromised? are there learnable resilient competencies? what do we need to do/stop doing? [REGISTER HERE](#)

**Who’s that following in your footsteps? Closing the next-gen cyber skills gap** Wednesday 2 September 11am We are joined by four CyberFirst students who have spent their summer working with the Global Cyber Alliance. We find out how the NCSC and industry are developing the next generation of UK cyber defenders by exploring what the students and CyberFirst partners get out of the programme, what’s in it for the NCSC, the future of UK plc and why you should care. Meeting open to SASIG members only. Registration closes 10am, 2 September. SASIG members only. [REGISTER HERE](#)

**How to look after our personal mental health and that of those around us** Wednesday 2 September 2pm Self-awareness, resilience and understanding are all so helpful in maintaining good mental health... so how do we build those? Join this in this workshop to gain insight and skills to help you to help yourself and those around you. [REGISTER HERE](#)

**Thriving in a digital economy** Thursday 3 September 10:30am Tuesday’s session focussed on learnable resilience competencies which every individual should have to survive and thrive. Resilience is one of the Future Skills identified as required for a business to thrive in the 21st Century's digital economy. Taking a wide view of workplace culture through the lens of Future Skills, this session will focus on how to have the difficult conversations that help businesses build resilience, and improve culture overall for its newly resilient workforce. [REGISTER HERE](#)

**Harassing minds – Benefits of the Neurodivergent brain** Friday 4 September 11am Neurodiversity is the acceptance that everybody’s brain works differently. There are millions of reasons for this and it’s what makes our biodiversity so rich and beautiful. However it can also restrict our potential and our ability to thrive. This webinar explores this topic hoping to provide some answers which enable us to all explore our own diversity of thought. [REGISTER HERE](#)