

**Life Cycle of the Chief Medical Resident – Ethan D. Fried MD, MS, MACP**  
**APDIM SPRING 2018 CHIEF RESIDENTS MEETING**  
**San Antonio, TX**

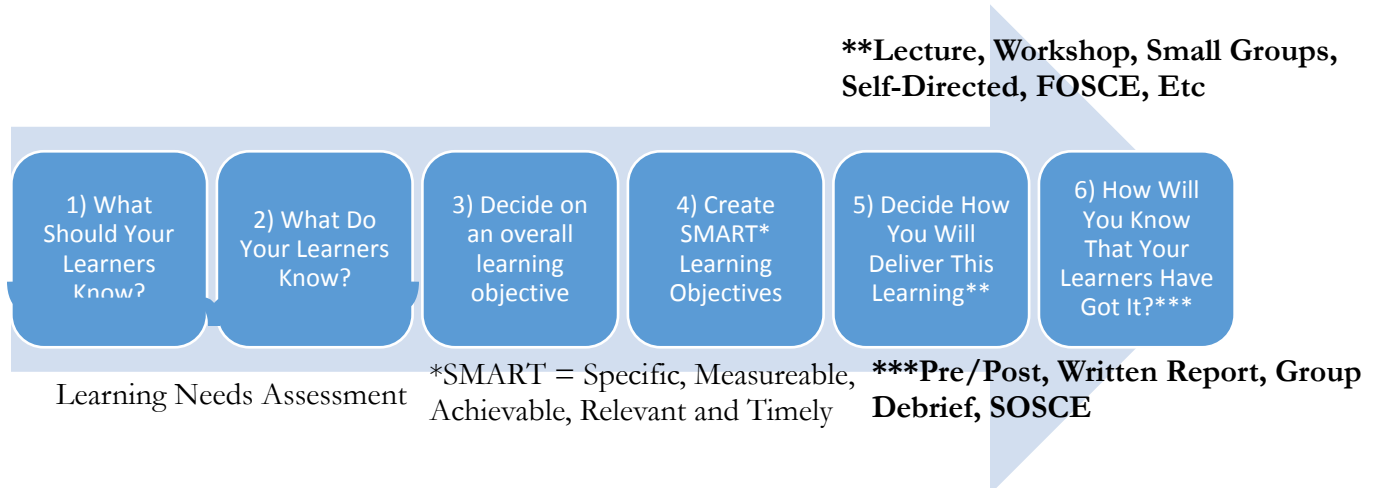
Last quarter of this year - Planning/Skill Acquisition

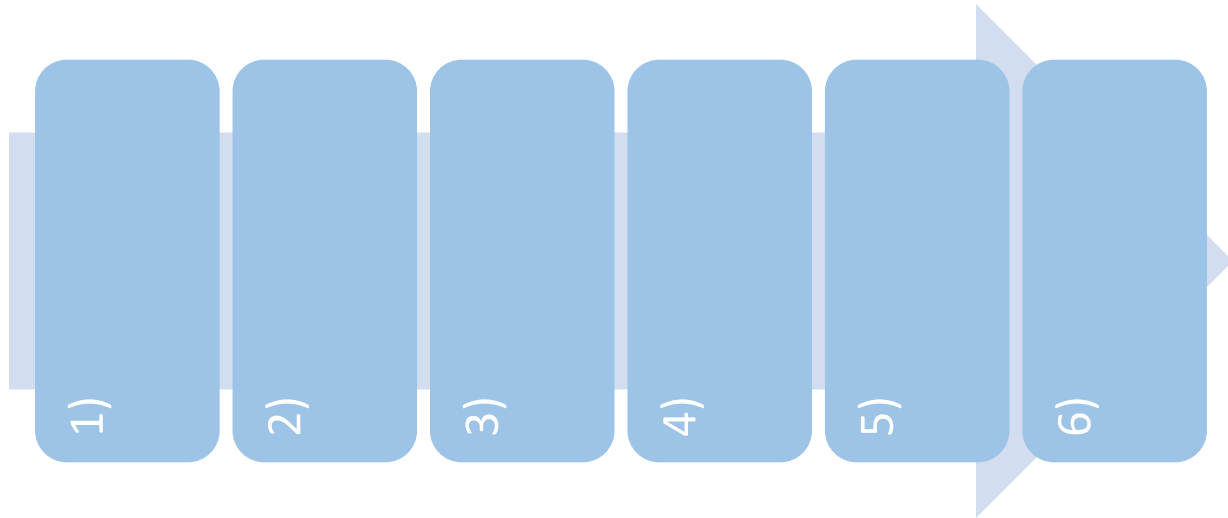
What I would like to accomplish in my chief year	What skills do I need to make that happen	To whom or what can I turn to acquire those skills
1)		

First Quarter Chief Year – Change Management

Change Management Plan	<b>Title:</b>
What needs changing?	
Who needs to be involved?	
Who needs to be convinced?	
What is their motivation?	
How will you sustain the effort?	

Second Quarter Chief Year – Teaching and Learning





### Third Quarter Chief Year – Wellness

A patient is transferred to the ICU with severe sepsis. On review it appears that the tachycardia, tachypnea and hypotension were all on display for 2 days prior to the transfer. The intern following the patient is considering leaving the program

Wellness Component	Mindfulness – noticing things	Mindset – Change in perspective	Resilience – Living with uncertainty
Describe a course of action you can suggest to this intern in each area of wellness			

### Fourth Quarter Chief Year – Evaluate and Revise

Problem Identified	Find the Root Cause	Small Test of Change	How to Scale It Up
Low or Dropping Board Pass Rate			
Resident Survey says high Service:Education Ratio			
Clinic Outcomes Review Indicates High Healthcare Inequity			
Residents Feel They are Not Getting Post-Rotation Oral Feedback			