

Internal Medicine Transition to Residency Individualized Learner Plan (ILP)

Instructions: Please complete this ILP and review it with a medical school mentor or advisor who knows you well. The goal is for you to submit this to your IM residency program by their deadline. This ILP will be utilized to get to know you and create personalized goals for you at the beginning of residency. By completing this form, you agree to share this information with your residency program.

Name: _____ Faculty mentor: _____

I. Goals for Internship

Describe your top 3 clinical and/or academic goals for the first 6 months of residency.

1.

2.

3.

II. Preparedness for Internship

How prepared do you feel for your internship in the following areas? (Select one)

	Not at all prepared 1	Slightly Prepared 2	Moderately prepared 3	Very prepared 4	Extremely prepared 5
Performing a relevant and appropriate physical exam					
Formulating and justifying a prioritized differential diagnosis					
Interpreting and communicating results of basic radiology tests (CXR) and ECG					
Obtaining consent for procedures					
Performing day-to-day tasks and responsibilities in an organized and timely manner (personal organization)					
Writing orders and prescriptions					
Looking up evidence-based recommendations for patient care					
Presenting a patient in a clear, organized, hypothesis driven manner					

Documenting pertinent encounters efficiently in the patient record					
Providing and receiving handoffs in transitions of care					
Recognizing a patient requiring urgent or emergent care and being able to provide initial management					
Delivering bad news to patients or communication in challenging situations					
Recognizing when to ask for help					
Managing patients in ICU settings (i.e. ventilators and pressors)					
Managing patients in inpatient settings					
Managing patients in a primary care clinic					

III. Areas for Improvement

After reflecting on your preparedness for internship, describe your top 3 areas for improvement for the first 6 months of residency.

- 1.
- 2.
- 3.

IV. Core IM Topic Preparedness

Which 3 core IM topics do you feel least prepared for during internship? (Select three)

- Abdominal pain
- Acid base disorders
- Acute coronary syndrome
- Acute kidney injury
- Altered mental status
- Anticoagulation management
- Cirrhosis
- Congestive heart failure
- Diabetes
- Dyspnea
- Electrolyte repletion
- Gastrointestinal bleed
- Hypo/hyponatremia
- Musculoskeletal complaints
- Oncologic emergencies (tumor lysis syndrome, neutropenic fever, etc.)
- Pancreatitis
- Pneumonia
- Shock
- Skin and soft tissue infection
- Substance use disorders
- Syncope
- Transfusion management
- Other: _____

V. Desired Learning Experiences

Based on these reflections, what learning experiences would be of most value to you in the first 3 months of residency? (Although not all experiences may be available at your program, possible examples include: case discussion session, small group session, direct observation, simulation, standardized patient encounter, lecture, mentoring, enhanced supervision, EHR training, online learning module, elective rotation)

Student e-Signature: _____ Date: _____

Student time required for this ILP: _____(minutes)

Medical School faculty mentor e-Signature: _____

Faculty time required for this ILP: _____(minutes)