

Academic Internal Medicine Week 2026

GME Precourse: New GME Leaders 2.0: Taking your Program Leadership from Good to Great

April 19, 2026

Seattle, Washington

For many GME program leaders (residency or fellow PDs, APDs, or core faculty), the first year in the role largely centers on learning to do the tasks that must be completed to run your program. This precourse will cover content focused on strategies to grow your leadership and managerial skills, respond to challenges, structure and support your team, and proactively change and grow your training program. Specific content areas will include developing remediation pathways and teams within the training program, managing and leading a team, the change management cycle, and strategies to develop your faculty.

Frame for session overall is that Year 1 is about keeping the lights on (doing things you must do to run the program), and now is a great time to understand yourself, your team's capabilities, your programs needs, and think critically about how to optimize and change the program.

Target Audience

GME fellowship and residency program associate/directors, faculty and particularly leaders 2-5 years into their current role or wanting to revisit some core GME leadership principles.

Learning Objectives At the completion of the conference, participants should be able to:

- Develop new leadership and managerial skills
- Explain the key components of a successful residency program leadership team.
- Develop new remediation strategies for struggling learners

Program Schedule/Agenda

8:00 a.m. to 8:15 a.m.

Welcome and Introduction

Lindsay Sonstein, MD

University of Texas Medical Branch
John Sealy School of Medicine

8:15 a.m. to 9:15 a.m.

Managing Yourself

Lindsay Sonstein, MD

University of Texas Medical Branch
John Sealy School of Medicine

Tony Dao, MD

Washington University in St. Louis School of Medicine

9:30 a.m. to 10:30 a.m.

Managing Others

Andy Coyle, MD

University of Wisconsin School of Medicine and Public Health

Dan Dometita, DO

Lauren DiMarino, DO, FACOI, FACP

Geisinger Health System

10:30 a.m. to 10:45 a.m.

Break

10:45 a.m. to 12:00 p.m.

Managing Change

Lia Logio, MD, MACP, FRCP

Case Western Reserve University School of Medicine

12:00 p.m. to 1:00 p.m.

Lunch

1:00 p.m. to 2:00 p.m.

Reinvigorating Your CCC

Danielle Baek, MD

Dara Farber, MD

University of Maryland School of Medicine

2:00 p.m. to 3:00 p.m.

Remediation and Coaching

Erin Hommel, MD

University of Texas Medical Branch

John Sealy School of Medicine

Jessica Tischendorf, MD, MS

University of Wisconsin School of Medicine and Public Health

3:00 p.m. to 3:15 p.m.

Break

3:15 p.m. to 4:15 p.m.

Optimizing Recruitment for Your Program

Hilary Ryder, MD, MS, FACP, FHM

Texas Health Resources/Harris Methodist Hospital

Jennifer Swails, MD, FACP

Emory University School of Medicine

4:15 p.m. to 4:30

Wrap up and Closing

The full program schedule/agenda with speakers for the Academic Internal Medicine Week can be found [here](#).

Planning Committee

The planning committee list for the Academic Internal Medicine Week can be found [here](#).

Faculty/Presenter List

The faculty/presenter list for the Academic Internal Medicine Week can be found [here](#).

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Exhibitor Acknowledgement

We would like to acknowledge the following companies for partnering at this conference.

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- AMN Healthcare
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- Sound Physicians
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