

**APDIM Precourse**  
**Well-Being and Meaning in Your Program: Creating a Climate of Well-Being for PDs, Program Leadership, and Your Residency**  
**Sunday, April 2, 2023**  
**Austin Convention Center**  
**Austin, TX**

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***Agenda***

*Subject to change*

8:00 a.m. to 8:30 a.m.	<b>Welcome and Precourse Overview</b>
8:30 a.m. to 9:30 a.m.	<b><i>Well-Being and Meaning for <u>YOU</u></i></b> <b><i>How to identify sustained and draining roles in your professional life and find balance</i></b>
9:30 a.m. to 10:30 a.m.	<b><i>Well-Being and Meaning for <u>YOUR TEAM</u></i></b> <b><i>How to be a leader for well-being and connect with the program leadership team and faculty at your institution.</i></b>
10:30 a.m. to 10:45 a.m.	<b>Break</b>
10:45 a.m. to 12:00 p.m.	<b><i>Well-Being and Meaning for <u>YOUR RESIDENTS</u></i></b> <b><i>How to identify and connect elements of your well-being curriculum and a discussion of evidence driven GME well-being interventions</i></b>
12:00 p.m. to 1:00 p.m.	<b>Lunch and Networking</b>
1:00 p.m. to 1:45 p.m.	<b><i>Narrative Medicine (Exercise and Group Discussion)</i></b>
2:00 p.m. to 3:00 p.m.	<b>Concurrent Sessions</b> <b><i>Reflection, Experience, and Discussion of Curricular Implementation</i></b> <b><i>1) Advocacy and Community Engagement as Well-being</i></b> <b><i>2) Moral Injury and the 2nd Victim</i></b>
3:00 p.m. to 3:10 p.m.	<b>Break</b>
3:10 p.m. to 4:10 p.m.	<b>Concurrent Sessions</b> <b><i>Reflection, Experience, and Discussion of Curricular Implementation</i></b> <b><i>1) Improv for Medicine</i></b> <b><i>2) Art and Humanities in Medicine</i></b>
4:15 p.m. to 4:45 p.m.	<b><i>Reflections on Leading Change, Action Steps, and Conclusions</i></b>