

Directory of Lactation Management Courses


This directory is provided as a service to students seeking a lactation management course. The Lactation Education Accreditation and Approval Review Committee ([LEARC](http://LEARC.org)) recognizes courses with a minimum of 45 hours through a voluntary process to ensure students that a program covers essential topics and skills, has qualified faculty, and has sound business practices. The International Board of Lactation Consultant Examiners® ([IBLCE®](http://IBLCE.org)) requires that exam candidates complete 90 hours of didactic education in lactation management. Some of these courses enable students to obtain the required 90 hours in one comprehensive course. Some courses provide varying amounts of clinical experience and some are offered entirely or partially through distance learning. Students are encouraged to contact individual providers to learn more about their courses in order to select a course that best meets their learning needs. Contact education@ilca.org with any questions. Course directors may download an [application](#) for the directory.





The directory is divided into two sections, with some courses listed in both sections:




Section 1: Distance Learning Courses. This section contains one table listing courses that are provided partially or fully via distance learning by organizations in any country.

Section 2: Courses by Country. This section contains country tables listing courses provided in-person and/or via distance learning within each country represented in the directory: Australia, Canada, Croatia, Denmark, Romania, the United Kingdom, and the United States and its territories.

SECTION 1: DISTANCE LEARNING COURSES

Sponsor	Course	Language	Didactic Hours	Clinical Hours	Distance Learning	Scholarship Available	Contact	Email	Address	Phone	Website
 Academia Edupro	Certificado Profesional en Educador en Lactancia Materna	Spanish	167.5	0	all		Ana M. Parrilla-Rodríguez	ana.parrilla@edupro.net	PO Box 21179, San Juan, Puerto Rico 00928	787.758.7725	www.educadorenlactancia.com

Sponsor	Course	Language	Didactic Hours	Clinical Hours	Distance Learning	Scholarship Available	Contact	Email	Address	Phone	Website
 Arizona State University	Lactation Education Comprehensive	English	90	0	partial		Amy Fitzgerald	Amy.fitzgerald@asu.edu	500 N. 3rd Street, Phoenix, AZ 85004-0886, USA	602-496-2175	www.asu.edu
British Columbia Institute of Technology	The Breastfeeding Experience	English	20	25	all		Reina Van Lag	Reina_VanLagen@bcit.ca	3700 Willingdon Avenue Burnaby, British Columbia, V5G 3H2, Canada	604.451.7081	http://www.bcit.ca/study/courses/nspn7150
 Breastfeeding Outlook	Comprehensive Lactation Course: Cornerstones of Clinical Care and Exam Success	English	90	0	partial	yes	Marie Biancuzzo	info@breastfeedingoutlook.com	PO Box 387, Herndon VA 20172, USA	703.787.9894	www.breastfeedingoutlook.com
Childbirth Services	Curso de Capacitación en Lactancia Materna para Profesionales de la Salud	Spanish	45	0	all		Maria Elena Penades	childbirthserviceschool@gmail.com	11505 NW 41st Street, Coral Springs, FL 33065, USA	954.274.2634	www.childbirthschool.weebly.com
 Health e-Learning - IIHL	BreastEd Online Studies	English	120	0	all		Carole Dobrich	admin@health-e-learning.com	5890 Monkland Avenue, Suite 16, Montreal, Quebec, H4A 1G2, Canada	213.261.7605	www.health-e-learning.com
<i>Recognized by LEAARC as basic education</i>	Lactation Education Resources	Lactation Consultant Training Prog – Core Phase I	English	45	0	all	Vergie Hughes	officeadmin@lactationtraining.com	6329 Genoa Rd, Tracys Landing, MD 20779, USA	703-868-1849	www.LactationTraining.com
<i>Recognized by LEAARC as basic education</i>	Lactation Education Resources	Lactation Consultant Training Prog – Core Phase II	English	45	0	all	Vergie Hughes	officeadmin@lactationtraining.com	6329 Genoa Rd, Tracys Landing, MD 20779, USA	703-868-1849	www.LactationTraining.com
 Lactation Education Resources	Lactation Consultant Training Program - Enriched	English	90	0	all	yes	Vergie Hughes	officeadmin@lactationtraining.com	6329 Genoa Rd, Tracys Landing, MD 20779, USA	703-868-1849	www.LactationTraining.com

Sponsor	Course	Language	Didactic Hours	Clinical Hours	Distance Learning	Scholarship Available	Contact	Email	Address	Phone	Website
MacEwan University Center for Professional Nursing Education	Issues in Breastfeeding Practice, NURS 191 [95 hours when combined with course 157]	English	75/95	0	partial		Denise Griffin	NursingMoodles@MacEwan.ca	Rm 9-206, 10700 - 104 Ave, Edmonton, AB T5J 4S2, Canada	780.497.4511	www.MacEwan.ca/CPNE
MacEwan University Center for Professional Nursing Education	Supporting the Breastfeeding Dyad NURS 157 [95 hours when combined with course 191]	English	20/95	0	partial		Denise Griffin	NursingMoodles@MacEwan.ca	Rm 9-206, 10700 - 104 Ave, Edmonton, AB T5J 4S2, Canada	780.497.4511	www.MacEwan.ca/CPNE
 Mohawk College of Applied Arts & Technology	Breastfeeding Program	English	108	24	partial		Donna Dunlop	donna.dunlop@mohawkcollege.ca	Institute of Applied, Health Sciences, 1400 Main St, W, Hamilton, Ontario L8S 1C7, Canada	905.540.4247 ext 26709	www.mohawkcollege.ca
Mother and Baby International	Infant Feeding	English	45	0	all		Valerie Goedkoop	info@motherandbabyinternational.com	918 rue de la Pommeraiie Mont-St-Hilaire, Quebec J3H 5B7, Canada	450.813.4734	www.motherandbabyinternational.com
Oregon Health Sciences University/Portland State University School of Public Health	1) Certificate in Human Lactation 2) Lactation Education 418, 419, and 420	English	100	300 min	partial		Carrie Cohen	lactation@psu.edu	PO Box 751 Portland, OR 97207-0751, USA	(503) 725-4401	ohsu-psu-sph.org/undergraduate/lactation/
 ProMAMA Center	Education in Lactation	Romanian	90	0	partial and all		Marta Muresan	contact@promama.ro	Str. Elena Caragiani nr. 20 A, sector 1, Bucuresti 014214, Romania	040745329093	www.consultant-lactatie.ro
Union Institute & University	Maternal Child Health: Lactation Consulting	English	225	arranged by student	partial		Gregory Stewart	admissions@myunion.edu	440 E. McMillan Street, Cincinnati, OH 45206-1925, USA	800.486.3116 ext. 1219	www.myunion.edu
 University of California San Diego	Lactation Consultant Training Program	English	128	arranged with student	all		Nicole Mitchell	nmitchell@ucsd.edu	UCSD Extension Healthcare, 9500 Gilman Drive, 0170-E, La Jolla CA 92093, USA	858.534.9276	www.breastfeeding-education.com


Sponsor	Course	Language	Didactic Hours	Clinical Hours	Distance Learning	Scholarship Available	Contact	Email	Address	Phone	Website
 Wichita State University	Breastfeeding and Human Lactation	English	45	0	all		Jolynn Downing	jolynn.dowling@wichita.edu	Box 41, Wichita, KS 67260, USA	316.978.5737	http://webs.wichita.edu/?u=nursing&p=/humanlactation/





SECTION 2: COURSES BY COUNTRY

AUSTRALIA

Sponsor	Course	Language	Didactic Hours	Clinical Hours	Distance Learning	Scholarship Available	Contact	Email	Address	Phone	Website
Australasian Lactation Courses	Lactation Course for Health Professionals	English	120	0			Jen Byrne	jen_byrne2000@hotmail.com	PO Box 336, Unley, SA 5061, Australia	08.8271.8740	http://www.australasianlactationcourses.com/
Facts of Life Professional Lactation & Child Birth Education	Lactation Consultant Examination Preparation Course	English	90	0			Bridget Roache	Bridget@factsoflife.com.au	Queensland, Australia	61.419.955.664	http://www.factsoflife.com.au/ourcourses_1/ceprep.html

CANADA

Sponsor	Course	Language	Didactic Hours	Clinical Hours	Distance Learning	Scholarship Available	Contact	Email	Address	Phone	Website
British Columbia Institute of Technology	The Breastfeeding Experience	English	20	25	all		Reina Van Lag	Reina_Van_Lagen@bcit.ca	3700 Willingdon Avenue Burnaby, British Columbia, V5G 3H2, Canada	604.451.7081	http://www.bcit.ca/study/courses/nspn7150
 Centre for Breastfeeding Education	Lactation Medicine Programme	English	102	500-1000			Carolina Crewe	institute@nbc.ca	1255 Sheppard Ave E, Toronto, Ontario M2K 1E2, Canada	416.498.0002	www.nbc.ca
Diffusion Allaitement	Lactation humaine et allaitement maternel (Human lactation and breastfeeding)	French	90	0			Anne Charest	anne.charest@allaitemnt.net	3-671, avenue Joffre, Quebec, Quebec, G1S 3L4, Canada	418.681.6024	www.allaitemnt.net

Sponsor	Course	Language	Didactic Hours	Clinical Hours	Distance Learning	Scholarship Available	Contact	Email	Address	Phone	Website
 Douglas College	Breastfeeding Course for Health Care Providers	English	97	38			Kathie Lindstrom	mailto:lindtr_omk@doug.las.bc.ca	P.O. Box 2503, New Westminster, BC V3L 5B2, Canada	604.777.6529	www.douglas.bc.ca
 Health e-Learning - IIHL	BreastEd Online Studies	English	120	0	all		Carole Dobrich	admin@health-e-learning.com	5890 Monkland Avenue, Suite 16, Montreal, Quebec, H4A 1G2, CANADA	213.261.7605	www.health-e-learning.com
 The International Institute of Human Lactation	Lactation Education Program	English French	119	0			Carole Dobrich	aussiecan@videotron.ca	5890 Monkland Avenue, Suite 16, Montreal, Quebec, H4A 1G2, CANADA	514.894.7769	
MacEwan University Center for Professional Nursing Education	Issues in Breastfeeding Practice, NURS 191 [95 hours when combined with course 157]	English	75/95	0	partial		Denise Griffin	NursingMoodles@MacEwan.ca	Rm 9-206, 10700 - 104 Ave, Edmonton, AB T5J 4S2, Canada	780.497.4511	www.MacEwan.ca/CPNE
MacEwan University Center for Professional Nursing Education	Supporting the Breastfeeding Dyad NURS 157 [95 hours when combined with course 191]	English	20/95	0	partial		Denise Griffin	NursingMoodles@MacEwan.ca	Rm 9-206, 10700 - 104 Ave, Edmonton, AB T5J 4S2, Canada	780.497.4511	www.MacEwan.ca/CPNE
 Mohawk College of Applied Arts & Technology	Breastfeeding Program	English	108	24	partial		Donna Dunlop	donna.dunlop@mohawkcollege.ca	Institute of Applied, Health Sciences, 1400 Main St, W, Hamilton, Ontario L8S 1C7, Canada	905.540.4247 ext 26709	www.mohawkcollege.ca
Mother and Baby International	Infant Feeding	English	45	0	all		Valerie Goedkoop	info@motherandbabyinternational.com	918 rue de la Pommeraiie Mont-St-Hilaire, Quebec J3H 5B7, Canada	450.813.4734	www.motherandbabyinternational.com


CROATIA

Sponsor	Course	Language	Didactic Hours	Clinical Hours	Distance Learning	Scholarship Available	Contact	Email	Address	Phone	Website
University of Split School of Medicine	Modern Approach to Lactation and Breastfeeding	Croatian	90	2			Irena Zakarija-Grkovic	irena.zakarija-grkovic@mefst.hr	Soltanska 2, 21000, Split, Croatia	38521557823	www.mefst.hr


DENMARK

Sponsor	Course	Language	Didactic Hours	Clinical Hours	Distance Learning	Scholarship Available	Contact	Email	Address	Phone	Website
 Komiteen for Sundhedsoplysning	Education for Breastfeeding Consultants	English	90	0			Ingrid Nilsson	in@sundko.dk	Classensgade 71,5th floor, DK-2100 Copenhagen, Denmark	45.2267.2006	www.sundhedsoplysning.dk



ROMANIA






Sponsor	Course	Language	Didactic Hours	Clinical Hours	Distance Learning	Scholarship Available	Contact	Email	Address	Phone	Website
 ProMAMA Center	Education in Lactation	Romanian	90	0	partial and all		Marta Muresan	contact@promama.ro	Str. Elena Caragiani nr. 20 A, sector 1, Bucuresti 014214, Romania	040745329093	www.consultant-lactatie.ro



UNITED KINGDOM



Sponsor	Course	Language	Didactic Hours	Clinical Hours	Distance Learning	Scholarship Available	Contact	Email	Address	Phone	Website
Breastfeeding London	Breastfeeding London	English	90	0			Indira Lopez-Bassols	indira.lactationconsultant@gmail.com	94 Kenley Road, SW19 3DS London, UK	44 7414490090	www.breastfeedinglondon.co.uk
 Deborah Robertson	Breastfeeding Specialist Course	English	120	0			Deborah Robertson	deborahruk@yahoo.co.uk	34 Rochester Avenue, Rochester, Kent ME12DW, UK	1.63.48.14275	www.breastfeedingingspecialist.com

UNITED STATES AND ITS TERRITORIES

Sponsor	Course	Language	Didactic Hours	Clinical Hours	Distance Learning	Scholarship Available	Contact	Email	Address	Phone	Website
 Academia Edupró	Certificado Profesional en Educador en Lactancia Materna	Spanish	167.5	0	all		Ana M. Parrilla-Rodríguez	ana.parrilla@edupro.net	PO Box 21179, San Juan, Puerto Rico 00928	787.758.7725	www.educadorenlactancia.com
Associates for IBCLC Certification	Become an IBCLC	English	90	0			Regina Camillieri	assocforibclc@gmail.com	5 Renaissance Square, White Plains, NY 10606, USA	845.337.0141	http://www.associbclc.com/
 Arizona State University	Lactation Education Comprehensive	English	90	0	partial		Amy Fitzgerald	Amy.fitzgerald@asu.edu	500 N. 3rd Street, Phoenix, AZ 85004-0886, USA	602-496-2175	www.asu.edu
Bakersfield Breastfeeds	Lactation Education Specialist Training	English	45	0			Christine Staricka	info@bakersfieldbreastfeeds.com	7201 Noah Avenue, Bakersfield, CA 93308, USA	661.747.5195	www.bakersfieldbreastfeeds.com
Bastyr University Simkin Center for Allied Birth Vocations	Foundations for Best Practice in Lactation Care	English	45	0			Admissions	simkincenter@bastyr.edu	14500 Juanita Drive N.E., Kenmore, WA 98028-4966, USA	425.602.3361	http://www.simkincenter.bastyr.edu/

	Sponsor	Course	Language	Didactic Hours	Clinical Hours	Distance Learning	Scholarship Available	Contact	Email	Address	Phone	Website
	Birthingway College of Midwifery	Lactation Consultant Program	English	90	0			Amari Fauna	amari@birthingway.edu	12113 SE Foster Rd, Portland, OR 97266, USA	503.760.3131	www.birthingway.edu
	Breastfeeding Outlook	Comprehensive Lactation Course: Cornerstones of Clinical Care and Exam Success	English	90	0	partial	yes	Marie Biancuzzo	info@breastfeedingoutlook.com	PO Box 387, Herndon VA 20172, USA	703.787.9894	www.breastfeedingoutlook.com
	Bright Future Learning Resource Center, Ltd.	Comprehensive Lactation Consultant Exam Prep Course	English	90	0		yes	Linda Smith	lindaj@bflrc.com	6540 Cedarview Ct., Dayton, OH 45459-1214, USA	937.438.9458	www.bflrc.com
<i>Recognized by LEAARC as basic education</i>	California State University, Northridge	Lactation Education	English	45	0			Merav Efrat	lactation.education@csun.edu	18111 Nordhoff Street, Northridge CA 91330-8285, USA		http://www.csun.edu/health-human-development/lactation-education
	Childbirth Services	Curso de Capacitación en Lactancia Materna para Profesionales de la Salud	Spanish	45	0	all		Maria Elena Penades	childbirthserviceschool@gmail.com	11505 NW 41st Street, Coral Springs, FL 33065, USA	954.274.2634	www.childbirthschool.weebly.com
	Evergreen Perinatal Education, LLC	Foundations in Best Practice in Lactation Care	English	45	0			Molly Pessl	mpessl@nwink.com	402 Detwiller Lane, Bellevue, WA 98004, USA	425.455.3231	www.evergreenperinataleducation.com
	Healthy Children Project, Inc.	Lactation Counselor Certificate Training	English	45	0			Missy Clements	info@healthychildren.cc	327 Quaker Meeting House Road, East Sandwich, MA 02537, USA	508.888.8044	http://www.healthychildren.cc
	Lactation Education Consultants	Lactation Consultant Preparation Course	English	46	0			Jan Barger	LECoffice@aol.com	618 N. Wheaton Avenue, Wheaton, IL 60187, USA	630.260.4847	www.lactationeducationconsultants.com

	Sponsor	Course	Language	Didactic Hours	Clinical Hours	Distance Learning	Scholarship Available	Contact	Email	Address	Phone	Website
<i>Recognized by LEAARC as basic education</i>	Lactation Education Resources	Lactation Consultant Training Prog – Core Phase I	English	45	0	all		Vergie Hughes	officeadmin@lactationraining.com	6329 Genoa Rd, Tracys Landing, MD 20779, USA	703-868-1849	www.LactationTraining.com
<i>Recognized by LEAARC as basic education</i>	Lactation Education Resources	Lactation Consultant Training Prog – Core Phase II	English	45	0	all		Vergie Hughes	officeadmin@lactationraining.com	6329 Genoa Rd, Tracys Landing, MD 20779, USA	703-868-1849	www.LactationTraining.com
	Lactation Education Resources	Lactation Consultant Training Program - Enriched	English	90	0	all	yes	Vergie Hughes	officeadmin@lactationraining.com	6329 Genoa Rd, Tracys Landing, MD 20779, USA	703-868-1849	www.LactationTraining.com
	Lawrence Memorial Regis College Nursing Program	Human Lactation	English	48	0			Laurie Hillson	lhillson@lmh.edu	170 Governor's Avenue, Medford, MA 02155, USA	781.306.6684	www.lmregisnurse.org
<i>Recognized by LEAARC as basic education</i>	Northwest Area Health Education Center	North Carolina Lactation Educator Training Program	English	69	12			Mona Brown Ketner	mketner@wakehealth.edu	Medical Center Blvd., Winston-Salem, NC 27157-1060, USA	336.713.7730	www.nwahec.org
	Oregon Health Sciences University/Portland State University School of Public Health	1) Certificate in Human Lactation 2) Lactation Education 418, 419, and 420	English	100	300 min	partial		Carrie Cohen	lactation@pdx.edu	PO Box 751 Portland, OR 97207-0751, USA	(503) 725-4401	ohsu-psu-sph.org/undergraduate/lactation/
	Riverside University Health System- Public Health	Grow Our Own Lactation Consultant/IBCLC Prep Course	English	105	0			Kayellen Laschec	kayoing@rivcocha.org	4210 Riverwalk Parkway, 4th floor, Riverside, CA 92505, USA	760.778.2097	www.lovingupport.org/growourrown

Sponsor	Course	Language	Didactic Hours	Clinical Hours	Distance Learning	Scholarship Available	Contact	Email	Address	Phone	Website
The Breastfeeding Center of Ann Arbor	Expert Clinical and Communication Skills for Lactation Professionals	English	90	5			Barbara Robertson	Barbara@bfcaa.com	2595 Powell Ave, Ann Arbor, MI 48104, USA	734.975.6534	www.bfcaa.com
Union Institute & University	Maternal Child Health: Lactation Consulting	English	225	arranged by student	partial		Gregory Stewart	admissions@myunion.edu	440 E. McMillan Street, Cincinnati, OH 45206-1925, USA	800.486.3116 ext. 1219	www.myunion.edu
 University of California San Diego	Lactation Consultant Training Program	English	128	arranged with student	all		Nicole Mitchell	nmitchell@ucsd.edu	UCSD Extension Healthcare, 9500 Gilman Drive, 0170-E, La Jolla CA 92093, USA	858.534.9276	www.breastfeeding-education.com
University of North Carolina at Chapel Hill Gillings School of Global Public Health	Carolina Global Breastfeeding Institute, The Mary Rose Tully Training Initiative	English	90	300			Catherine Sullivan	Catherine.Sullivan@unc.edu	422 Rosenau Hall, CB #7445, Chapel Hill, NC 27599-7445, USA	919.843.9043	www.cgbi.sph.unc.edu
 Wichita State University	Breastfeeding and Human Lactation	English	45	0	all		Jolynn Downing	jolynn.dowling@wichita.edu	Box 41, Wichita, KS 67260, USA	316.978.5737	http://webs.wichita.edu/?u=nursing&p=/humanlactation/