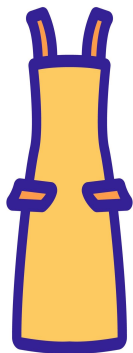


APRONS ON, COMMUNITY STRONG!



LUNCH HEROES TAKE ACTION

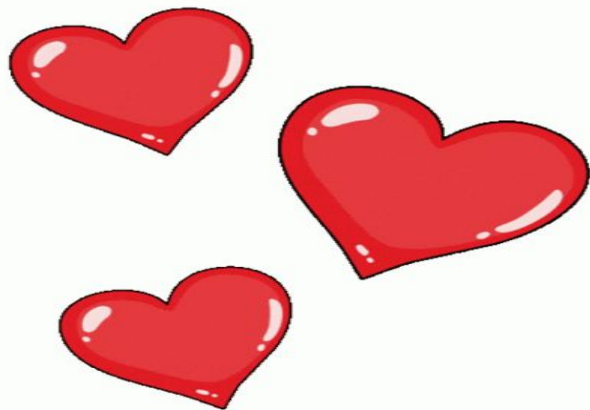
Rachelle (Shelly) Wuellner

Food, Nutrition and Wellness Director
Bunker Hill CUSD #8



Building our community and strengthening our future one tray at a time

Why it matters





BHCUSD #8 First Community Event Fourth of July Parade



But how do we get involved?



Opportunities include:

- Community Food Drive
- School Sponsored Events
- Other Community Events



Our Stories:

- Holiday Parade
- 5K Walk/Run Fundraiser
- Christmas Walk
- Celebrity Servers
- Parent Teacher Conferences





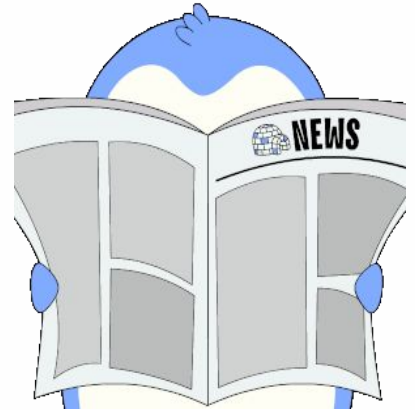
START small:

1. Pick an event-could be a class lesson, such as Chinese New Year
2. Special event such as the Kentucky Derby
3. National Food Day - like National Banana Day
4. Community event such as Christmas Walk, food drive, trash pick up





<https://www.facebook.com/bh8mealsrock?mibextid=ZbWKwL>



CHOOSE A PLATFORM!

Resources and Links

Leverage your local resources as well as state and national

<https://www.ilsna.net/home> - Illinois School Nutrition Association

<https://theicn.org/> - Institute of Child Nutrition

<https://www.usda.gov/> - US Department of Agriculture

<https://nationaltoday.com/food-beverage-holidays/> - National Food Days

And local resources such as: <https://riverbender.com/> - Metro St. Louis News



Let's keep stirring the pot-not just with spoodles-but with heart. Because when Lunch Heroes lead with love, our whole community gets fed.



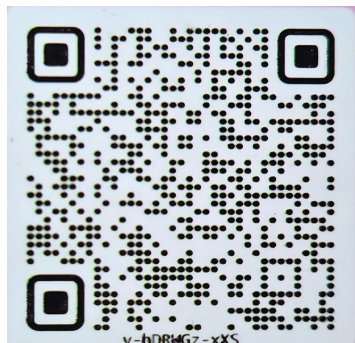
Discussion



Questions?

Keep in touch!

Rachelle (Shelly) Wuellner
Vice President, Illinois School Nutrition Association
Food, Nutrition and Wellness Director
Bunker Hill CUSD #8



Thank You!!

Enjoy the Conference!