

Benedictine University Dietetic Internship
School Nutrition Rotation Schedule
 April 10 – April 13, 2023

Build your rotation schedule with your preceptor

Date	Activities to Be Completed
Monday, April 10	<ul style="list-style-type: none"> • Welcome: getting to know the interns; level of knowledge vs interest vs questions • Review Employee handbook & intern folder • Overview of School Nutrition Programs • NSBW https://www.isbe.net/Documents/School-Breakfast-Program-Overview.pdf • NSLP Links https://www.isbe.net/Documents/National-School-Lunch-Program-Overview.pdf • Veg subgroup https://www.isbe.net/Documents/vegetable-subgroups.pdf • Tour central kitchen
Tuesday, April 11	<ul style="list-style-type: none"> • Tour D15 satellite schools • Civil Rights Training https://site.gcctraining.com/ • Food Handler training (CRDN 4.2) https://site.gcctraining.com/ • Canva Training https://www.youtube.com/watch?v=iCcl3LiBiUQ
Wednesday, April 12	<ul style="list-style-type: none"> • Tour D15 satellite schools • Adapting consumer recipe to school CRDN 4.5 • Standardized Recipe Training + Development (CRDN 3.14) • Link to USDA Recipe Standardization Guide https://theicn.org/cicn/usda-recipe-standardization-guide-for-school-nutrition-programs/ • Link to Developing Standardized Recipes Video https://theicn.org/cicn/menu-plannig-tools/ • Nutrition Analysis Software (TITAN) CRDN 4.4 taught throughout week https://portal.titank12.com/
Thursday, April 13	<ul style="list-style-type: none"> • Tour D16 satellite schools • Scale up recipes, create grocery list • Operations Training: Production Records, service etc. CRDN 3.13

Benedictine University Dietetic Internship
School Nutrition Rotation Schedule
 April 17 – April 20, 2023

Date	Activities to Be Completed
Monday, April 17	<ul style="list-style-type: none"> • Create a visual guide resource for staff on School Breakfast (SBP) & National School Lunch program (NSLP) CRDN 4.7
Tuesday, April 18	<ul style="list-style-type: none"> • Costing recipes • Nutrition Analysis Software (TITAN) CRDN 4.4 taught throughout week https://portal.titank12.com/ • Enter recipe in Titan
Wednesday, April 19	<ul style="list-style-type: none"> • Create Cycle Menu 3.14 • Watch Conflict Management webinar CRDN4.1 https://schoolnutrition.org/course/best-of-nlc19-tough-talking-initiating-and-managing-difficult-discussions/
Thursday, April 20	<ul style="list-style-type: none"> • Create educational material, presentation, recipes to sample to go w/ lesson for spinach tasting CRDN 3.9 • Ordering and forecasting CRDN 4.5 (based on spinach recipes) • Create 10 ways to use spinach handout for parents

*Focus on getting experience in central kitchen CRDN 3.13

Benedictine University Dietetic Internship
School Nutrition Rotation Schedule
 April 24 – April 27, 2023

Date	Activities to Be Completed
Monday, April 24	<ul style="list-style-type: none"> • Prep in central kitchen • Prep and serve at Blackhawk & Hall Elementary School
Tuesday, April 25	<ul style="list-style-type: none"> • Modified diet simulation CRDN 3.14 • Managing Common Allergens in school meals webinar https://schoolnutrition.org/course/bringing-nutritious-affordable-and-delicious-school-meals-to-life-while-managing-common-allergens/ • Create 1- week cycle allergen friendly school menu • Prep and serve at Blackhawk & Hall Elementary School
Wednesday, April 26	<ul style="list-style-type: none"> • Understanding USDA commodities • Complete Site Visit: CRDN 4.1,4.2,4.3 https://www.isbe.net/Documents/67-35_onsite_review.pdf
Thursday, April 27	<ul style="list-style-type: none"> • Create marketing for themed meal (CRDN 2.2)

*Focus on satellite schools + serving at middle school CRDN 3.13

Benedictine University Dietetic Internship
School Nutrition Rotation Schedule
 May 1 – May 4, 2023

Date	Activities to Be Completed
Monday, May 1	<ul style="list-style-type: none"> • Effective Communication with stakeholders CRDN 2.2, 3.7 • Researching & understanding procurement process & regulations CRDN 3.13 https://www.youtube.com/watch?v=znYSFo4AaIQ
Tuesday, May 2	<ul style="list-style-type: none"> • Make spinach recipes • Classroom opportunity for nutrition education 3.8, 3.11 10am: Spinach Nutrition Ed & tasting for 2nd grade class at Winnebago Elementary school
Wednesday, May 3	<ul style="list-style-type: none"> • Classroom opportunity for nutrition education 3.8, 3.11 • 10am: Spinach Nutrition Ed & tasting for 2nd grade class at Winnebago Elementary school • Budget + inventory
Thursday, May 4	<ul style="list-style-type: none"> • Discuss Career Opportunities in School Nutrition

Friday, May 5

10am: Spinach Nutrition Ed & tasting for 2nd grade class at Winnebago Elementary school (Maribel & Stefanie to teach)