

Benedictine University Dietetic Internship Program Competencies

Foodservice Operations	Procurement Financial Management	Marketing & Nutrition Education	Nutrition & Special Diet	Leadership Administration
Filling out Production Records CRDN 3.13	Researching & understanding Procurement process & regulations CRDN 3.13 (Purchasing Cooperative + Bid)	Social Media: creating content for social media company to post	Standardized Recipe development CRDN 3.14	Site visits/reviews CRDN 4.1, 4.2, 4.3
Cook/prep in central kitchen CRDN 3.13		Creating Signage in Canva (both federally required vs additional) CRDN 2.2		Staff Evaluations
Serve at middle & satellite schools CRDN 3.13	Profit & Loss, department budget	Creating educational materials for students/staff/parents CRDN 3.9	Nutrition Analysis software (TITAN): Entering in recipes, nutritionals, & CN label & Product Formulation statements CRDN 4.4	Conflict management (webinars) CRDN 4.1
Educating on Monthly Inventory	Understanding USDA Commodities & allocation: Stefanie goes through process, shows current allocations	Classroom opportunities for nutrition education: CRDN 3.8, 3.11	Cycle Menu development: create 2-week cycle menu following NSLP guidelines CRDN 3.14	Effective communication to stakeholders (Stefanie's thought process + samples) CRDN 2.2, 3.7
Forecasting & ordering with central kitchen manager CRDN 4.5	Invoicing	Taste Testing & surveying with students	Federal Programming Project: researching and creating a resource guide explaining differences between each program: NSLP/SBP/CACFP/SSO/SFSP CRDN 4.7	Different roles within school nutrition: watch videos created by different people within the field explaining roles
Understanding & enforcing HACCP rules CRDN 4.2	Meal pers labor hour + meal costs Pricing of meals		Understanding the process for Modified Diets & creating a menu for "fake" student CRDN 3.14	Professional development requirements/resources in school nutrition
Blessings in a Backpack program			Adapting consumer friendly recipe to school foodservice/regulations CRDN 4.5	Creating training resources for staff CRDN 4.1