

Great Sources of Information

The following are resources where we have gleaned helpful information for our It Starts In Parks initiative. We hope you will visit these and read more about the great things parks and recreation bring to a community. Add this information to your library of Fast Facts.

Active Living by Design – www.activelivingbydesign.org

Active Living Leadership – www.activelivingleadership.org

Active Living Network – www.activeliving.org

Active Living Research – www.activelivingresearch.org

Active Living Resource Center – www.activelivingresources.org

Centers for Disease Control and Prevention Healthy Places Site –
www.cdc.gov/healthyplaces

Centers for Disease Control and Prevention, www.cdc.gov; Preventing Chronic Diseases: Investing Wisely in Health, Preventing Obesity and Chronic Diseases Through Good Nutrition and Physical Activity,
http://www.cdc.gov/nccdphp/pe_factsheets/pe_pa.htm

Centers for Disease Control and Prevention, www.cdc.gov; U.S. Physical Activity Statistics 1986-2002 No Leisure-Time Physical Activity Trend Chart,
http://www.cdc.gov/nccdphp/dnpa/physical/stats/us_physical_activity/leisure_time.htm.

The Children and Nature Network, <http://www.cnaturenet.org>, an on-line network of individuals, professionals and organizations interested in promoting the value of the outdoors and nature to healthy lifestyles.

International City/County Management Association –
www1.icma.org/man/topic.asp?tpid=31&hsid=1

Local Government Commission – www.lgc.org

National Association of County and City Health Officials –
www.naccho.org/project84.cfm

National Coalition for Promoting Physical Activity – www.ncppa.org

National Conference of State Legislatures – www.ncsl.org/programs/health/rwj.htm

National Governors Association Center for Best Practices –
www.nga.org/center/topics/1,1188,D_6893,00.html

Pedestrian / Bicycle Photographs – www.pedbikeimages.com

www.pps.org

www.obesity.org/treatment/cost.shtml - great information on the costs of obesity

www.eatright.org – American Dietetic Association's National Nutrition Month

Trail Sources:

<http://www.trailsandgreenways.org/resources/benefits/types/factsheets.asp>

<http://www.trailsandgreenways.org/resources/benefits/types/othgendoc.asp>

<http://www.trailsandgreenways.org/resources/highlights/resourcedb/resourcemain.asp>

<http://www.trailsandgreenways.org/resources/development/casestud/casestudies.asp>