



COVID-19 Symptoms, Treatment & Prevention

Compared To Other Common Conditions

SYMPTOM	COVID-19	COMMON COLD	FLU	ALLERGIES
Fever/Chills	Common	Rare	Common	Sometimes
Dry cough	Common	Mild	Common	Sometimes
Shortness of breath	Common	No	No	Common
Headaches	Sometimes	Rare	Common	Sometimes
Aches and pains	Sometimes	Common	Common	No
Sore throat	Sometimes	Common	Common	No
Fatigue	Sometimes	Sometimes	Common	Sometimes
Diarrhea	Rare	No	Sometimes*	No
Runny nose	Rare	Common	Sometimes	Common
Sneezing	No	Common	No	Common
Loss of Smell or Taste	Common	Extremely Rare	Extremely Rare	Extremely Rare

TREATMENT	COVID-19	COMMON COLD	FLU	ALLERGIES
	Guidance on treatment of COVID-19 available; remdesivir is being explored as an antiviral agent to treat COVID-19 under an Emergency Use Authorization	Rest, over-the-counter medications and/or consult your doctor	Prescription flu antiviral drugs available	Over-the-counter medications and/or consult your doctor

VACCINE	COVID-19	COMMON COLD	FLU	ALLERGIES
	None	None	Multiple vaccines available	None

PREVENTION IN THE COVID-19 ERA	COVID-19	COMMON COLD	FLU	ALLERGIES
Avoid sick contact	X	X	X	N/A
Keep social distancing	X	X	X	N/A
Masking	X	X	X	N/A
Wash hands often	X	X	X	N/A
Disinfect environment surface often	X	X	X	N/A

Due to similarities in symptoms between the flu and COVID-19, it is critical now more than ever to get the flu vaccine. If you're experiencing any of the symptoms listed, don't delay care. Visit your doctor right away to discuss diagnosis and treatment.

SOURCES: CDC, WHO, American College of Allergy, Asthma and Immunology

*Sometimes for children